



KILKHAMPTON PARISH NEWS

www.kilkhampton.news

April 2026

HAPPY EASTER EVERYONE! PASK LOWEN!

Please note that our advertising manager has changed - our new Treasurer, Alan Dickerson, has taken on the role, and will be your first point of contact for both new and existing advertisers. His contact details are on page 3. Thank you Alan from all the team!



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In colour online at www.kilkhampton.news

Kilkhampton Churches and Services

St James The Great, Kilkhampton

Priest-in-Charge: Reverend Teresa Folland Teresa.folland@gmail.com 01288 352599
Churchwardens: Mr. Kevin McGrath 01288 321277
Mr. Luke Francis BEM 01288 321270

Friday 3rd April – GOOD FRIDAY (White)
11am Stations of the Cross with Hilbre and Ian

Sunday 4th April – EASTER DAY (Gold)
11am Holy Communion with Reverend Teresa
Welcomers: Jules and Rachel. Reading: Acts 10: 34-43. Hilbre

Sunday 12th April – Easter 2 (White)
11am Morning Worship with Hilbre
Welcomers: Jennie and Rita. Reading: Acts 2: 14a, 22-32. Gillian

Sunday 19th April – Easter 3 (White)
11am Holy Communion with Reverend Jane
Welcomers: Joyce and Margaret. Reading: Acts 2: 14a, 36-41. Ian

Sunday 26th April - Easter 4 (White)
9.30am ANNUAL PAROCHIAL COUNCIL MEETING
with Reverend Teresa and Val Hopper.
11am Morning Prayer with Ian
Welcomers: Lynn and Myra. Reading: Acts 2: 42 to end. Peter

If anyone is unable to make their appointed date please arrange a replacement

Daily Morning Prayer: 9am Everyone welcome to drop in on any day

ZOOM Meeting ID 818 0754 3068 Password 342 493 Telephone 02030512874 or 02030515237

Kilkhampton Methodist Chapel

MORNING SERVICE 11AM

Church Stewards: Mr. John Brooks Killarney Park, Youlstone EX23 9PX
Fiona Cleave Higher Pigsdon Farm, Launcells EX23 9LQ
Roland Nancekivell

Room Bookings Contact Fiona Cleave on 01288 321261

<u>Date</u>	<u>Preacher</u>	<u>Flowers</u>	<u>Coffee</u>
5th April	Mr. Barry Bryne	Sandra Jones	Vivienne Hunt
12th April	Mrs. Ruth Bealing	Debbie Dawber	Debbie Dawber
19th April	Rev. Joy Wilson	Judith Heard	Sandra Jones
26th April	Pastor Albert Sloman	Sandra Holmes	Pam Metherell

Grenville Rooms

Room bookings: contact Alan or Tracey Hockin

07399 996720 or 01288 321710

EDITORIAL



Dydh da, pubonan! (Hello everyone!)

It feels like spring is here! We have had some beautiful days, more dry weather, and it's getting warmer. Mike and I haven't had central heating since Christmas eve (although we do have a wood burner) – now we have finally got it sorted ready for the summer!! The freezing cold days are fast becoming a dim and distant memory...

I haven't been keeping up with learning Cornish for a while, but here are a few seasonal phrases for you to practice on friends and family:

Gwener an Grows - Good Friday

Pask lowen - Happy Easter

Torthell krows tomm - hot cross bun

Oy Pask - Easter Egg (plural: oyow Pask)

Apologies to Albert (see his message on page 5) - many of the words we associate with Easter are about consumerism!

Have a lovely Easter, enjoy the company of family and friends, and I'll be back in the May issue!

Jill

Coffee morning and jumble sale

Saturday 18th April

10am – 1pm

Grenville Rooms



To raise funds for
Kilkhampston Christmas Fayre

DONATIONS WELCOME!
clothes, children's books, toys,
household items, in good condition

Contact:

Susie Cox 07895056324

Sarah Bryant 07919 188859

Sarah Cottle 07449 459993



ST JAMES CHURCH FLOODLIGHTING SPONSORSHIP

Please clearly write or type your notices for the church floodlighting page, put them in an envelope with the £5 fee, and give them in at the Spar by the 11th of each month.

If you have any queries, please contact Tracey Smith at kilchurchlights@gmail.com

or phone her on 321432 or 07740 520459

Cheques should be made payable to 'KILKHAMPTON PCC'.

Kilkhampston Parish News Editorial team

Please use the contact details below to enquire about anything related to advertising (Alan), or send in submissions for the editorial page (Jill). We are happy to be contacted in the first instance and we're happy to accept notices of events and news items. Adverts need to be submitted by 1st of the month for the following month, and editorial submissions by 12th of the month.

Martin Cross (chair) martin@kilkhampston.news 01288 321806 or 07484 147056

Jill Rodgers (editor) jill@kilkhampston.news 01288 321144 or 07747 006601

Alan Dickerson (advertising sales manager) alan@kilkhampston.news or phone 01288 321801 or 07828 172356

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.

St James Church Floodlighting Sponsors April 2026

MICHAEL RICHARD MORRELL

1934-2018

Thinking of dear Mike who died on 18th April 2018.

Missed and treasured always.

With love, Sylvia.

PETER JOHN MITCHELL

Remembering a much-loved and missed husband who passed away on 20th April 2007.

Also his birthday 29th April which would have been his 80th.

Always in my thoughts, wonderful memories.

With love Ann.

GALLING BRIAN

Passed away on April 12th 2023.

Miss you so much, but know you're around.

With love, your Annie and the family xxx

JOANNE BABB

Remembering our dear sister on her 56th birthday, April 3rd.

Always in our hearts and missed so very much.

Love Ann & John xxx

BABB

Happy Birthday to great-granddaughter Harlow, 6 on April 21st.

Love Nanny Annie xxx

JOHN DICKINSON

2nd April 2015.

The years slip by, but always remembered with very much love.

Margaret, Isobel, Tim, Simon and Jeremy.

GEORGIE DEROSA

Passed away 22nd April 2016

Dear Georgie, it is 10 years since you left us, but we still feel you with us every day.

Love you.

Mum, Dad, Maddy, Lyds, Emma, Richard, Jordan, Meg,

Colby, Ivar, Dan & Ellen xxx

Church floodlighting sponsors: see information on page 3 of this newsletter

St James Church Flower Festival 2026

14th, 15th & 16th August

This year's theme is 'Cornwall My Home'

If you would like to provide or sponsor an arrangement, please contact

Jennie 01288321319, Heather 01288321336, or message on facebook

Please come along and support our Flower Festival – we look forward to seeing you

WORDS AND THOUGHTS FROM REV RICHARD

Recently I passed a milestone. I am not going to look at ageing, as a writer in the Bible saw it as a time when “those who look through the windows can see no longer – when the chirping of sparrows grows faint and the song birds grow silent. When people are afraid of a steep place and the streets are full of terrors.” No! I see life now as a challenge. Like an old Viking said “As the body gets weaker, so the spirit must get stronger.” And today we have lots to help us. For eyes, we have specs. For ears we have aids. For the physical, we have pills. For memory loss, we have our own ‘forgettery’ and it’s in there somewhere. For the slowing up, well that is something we should all have done years ago.

So now I am a part of the grandparent generation (and we have got quite a few grand and great-

grandchildren!) I like to think that this is a time to chat, listen and play together. As to regrets, I’ve had a few, which I’ve met, but moved on. Now I am a living ancestor, not much of a hero or a role model, but perhaps in my small way a transmitter of the values and beliefs that I hold dear. I am not thinking of my life as a life gone, lost. The view I hold uppermost is one of gratitude. For what has gone is not lost - it is a harvest. And memories are a rich part of this harvest. I read once that a wise man’s recipe for a good life was to sleep, eat and work. His definition of ‘sleep’ was stillness, meditation and prayer.

So for the next stage of my life I have a mark to aim for.

Rev Richard, 12 March 2026

ALBERT’S MONTHLY MESSAGE

By the time you read this, Easter will be upon us once again, but this year I want you to look past the consumerism of Easter. Don’t get me wrong, I like a bit of chocolate Easter egg as much as the next person. But Easter is not about eggs, bunnies or having extra days off. Easter celebrates God’s plan of redemption for mankind.

John 3;16 says “For God so loved the world” that means you and me “that He sent His one and only Son, that whoever believes in Him shall not perish but have eternal life.”

People often see Good Friday as a day of mourning and yes, Jesus died a very painful death, but what He gained should be celebrated because no longer does our forgiveness depend on an animal or a bird being sacrificed so that we could be forgiven. Ever since Good Friday we can go straight to God and ask for forgiveness and receive it. I am so grateful

for Good Friday and I thank God for everything that was gained that day.

I also thank God for Easter Sunday because it means I don’t worship a bit of wood or stone but that I can have a relationship with a risen Jesus, and I can’t imagine what life would be like without Him. Because for me there would be no hope and life without hope is very precarious.

So the cost of Easter was great, but what was gained for us was greater, so I encourage you to live in the greater because that’s what Jesus died for. So why not come to one of the services this Easter on Good Friday or Easter Sunday, or join ‘Christians in Bude’ for the Good Friday Walk of Witness, starting from Sainsbury’s at 12 noon and ending at the triangle for a short service.

Every Blessing to you all and have an amazing month.

Albert Sloman, Pastor

Easter Egg Hunt!
Easter Sunday
St James Church



10.30: Easter Egg Hunt

***Followed by a procession to the altar at 11am
And distribution of eggs for the children***

Children’s activities during the service:



Toy Corner

**Painting
Craft Making**

Sweet Making

Everyone welcome



The Grenville Rooms Annual General Meeting

Our Annual General Meeting took place on Monday 23 February 2026 and there were 15 committee members present. We are delighted that we have several new parishioners joining us, to bring some 'new blood' to our well-established committee. All our committee was re-elected en-bloc as below.

Chair	Reg Hambley	Vice Chair	Joyce Davis
Treasurer	Clive Vanstone	Secretary	Marlene Vanstone

Reg thanked all present for their continued work and support in looking after the hall. Special thanks to Alan and Tracey Hockin, our caretakers, and to our Vice Chair, Treasurer and Secretary. Also many thanks to Sarah Bryant, our Safeguarding Lead, for all she has done to complete requirements needed in this respect.

Various matters were discussed regarding small building works, hire charges, caretakers pay etc. It is the Grenville Rooms Centenary Year in 2027 and a celebration will be planned to mark this occasion next year. The hall is a very important building in our village and continued maintenance and care of the premises is essential.

For booking of the main hall, or the skittle alley for smaller events/meetings, and if you would like use of the kitchen facilities alongside, please contact Alan or Tracey on 01288 321 710. They will be able to help you and advise you of the very reasonable costs for hiring the hall.

Reg and the whole committee wish to thank everyone who supports the Grenville Rooms.

Marlene Vanstone - Secretary



Sound Waves South West

Sound Waves South West Music and Music Therapy Trust (SWSW) is an independent charity founded in 2000 by Judyth Gwynne. It became a Charitable Incorporated Organisation (CIO registered no: 1167138) in 2016. Its activities began in the Bude area and now extend throughout rural North Cornwall and into Devon.

The aims of SWSW are:

1. To provide funding for Music Therapy for children in conventional and Special Schools in North Cornwall. We currently support over 20 children in four local schools, working closely with the Cornwall Music Service Trust, who employ the therapists. We are currently working towards increasing the number of children we support.
2. To provide free loans of orchestral instruments to children receiving tuition in the SWSW catchment area which covers North Cornwall and stretches into parts of Devon. We have over 200 instruments in our inventory including violins, cellos, violas, flutes clarinets to classical guitars.
3. To run professional music workshops in local schools, giving children the opportunity to experience culturally diverse music. This year we brought in a group call Toscana Strings who, together with a classically trained ballet dancer, performed to over 1500 infant and primary school students in twelve local schools.
4. To encourage young musicians by offering an Annual Award for Musical Achievement, which was won this year by a multi-talented student who sings, plays trumpet, piano and percussion.

SWSW relies totally on charitable support and we are very grateful to the national funding bodies who support us and all the local organisations and individuals that arrange fund-raising events on our behalf. **But we need some help!**

We are seeking someone passionate about social media to join us—either as a trustee or just as a volunteer—to help optimize our social media presence. We would also welcome someone would provide some external eyes on our Compliance. Neither of roles will be arduous as the Trustees carry out the core of the Charity's tasks but your expertise will help us reach more families, more supporters, and more donors in order to help us continue and grow our vital work.

If you are interested in making a difference through music, visit www.soundwaves-sw.co.uk for further details and how to contact us to learn more.

Alan Whittle, Chair, Sound Waves South West



Springtime Lemon Tiramisu

Inspired by spring's daffodils and the hope of warmer sunshine ahead, this lemon tiramisu was a Mother's Day dessert in our house this year - and would be just as lovely for Easter too!

Serves 6-8

Ingredients

Lemon syrup:

200ml (7 fl oz) water
100g (3½ oz) caster sugar
Zest of 1 lemon
3 tbsp fresh lemon juice

Cream layer:

250g (9oz) mascarpone
200ml (7 fl oz) double cream
75g (2½ oz) icing sugar
Zest of 1 lemon
1 tsp vanilla extract

For assembling:

200g (7oz) sponge fingers (or trifle sponges)
6 tbsp lemon curd
Extra lemon zest and white chocolate shavings for garnish

Method

1. Make the lemon syrup: In a small saucepan, combine the water, caster sugar, and lemon zest. Heat gently until the sugar dissolves. Remove from the heat and stir in the lemon juice. Allow to cool.
2. Prepare the cream filling: In a bowl, whisk the mascarpone, double cream, icing sugar, lemon zest, and vanilla until smooth and thickened. The mixture should be creamy and hold soft peaks.
3. Soak the sponge fingers: Quickly dip each sponge finger into the cooled lemon syrup - just enough to moisten them without letting them become soggy.
4. Assemble the first layer: Arrange a layer of soaked sponge fingers in the base of a serving dish.
5. Add the cream layer: Spread half of the mascarpone mixture over the sponge fingers. Spoon the lemon curd over the cream and spread evenly.
6. Repeat the layers: Add another layer of soaked sponge fingers, followed by the remaining mascarpone cream.
7. Chill: Cover and refrigerate for at least 4 hours, or overnight if possible. The longer you leave it the more the flavours develop!
8. Finish and serve: Just before serving, garnish with extra lemon zest and/or white chocolate shavings.

Lucy Stevens

KILKHAMPTON FETE WEEKEND 2026

24th & 25th July

Friday 24th July, 6.30pm until midnight

An evening of live music, with bar and food vendors
Acts appearing will be announced at a later date

Saturday 25th July, 2pm until late

Attractions: Fete Royalty, Live Music, Bar and Food all day and evening. FREE Bouncy Castle and Face painting.

We need volunteers to run the bar over both Friday evening and Saturday afternoon/evening. Details nearer the time.

If anyone would like to donate a prize for the raffle, it would be much appreciated.

Please contact Jennie on 01288 321319 or 07421 454839
if you can help. Thank You

TREE BOOK GROUP: Turning for Home by Barney Norris

This is a book about the peace process in Ireland, memory, guilt and confession. It moves, gradually, towards a terrifying account of anorexia. By the end one feels that perhaps it has been most of all a study of the relationship between a grandfather (Robert) and granddaughter (Kate).

It's set, for the most part, on a single day in the Hampshire countryside, at the home of the ageing Robert. The family is gathering for his birthday, as it has gathered each May for the last 40 years. But at 80, recently widowed, Robert hasn't much heart for celebration. He is wondering how he can get through the day without Hattie, the love of his life. And he finds himself willingly recalled to his former role as an intermediary in the negotiations that followed the Enniskillen bombing and led towards the Forum for Peace and Reconciliation. It's a hard day, too, for his granddaughter Kate, who must speak to her mother for the first time in years. At 25, vulnerable but surviving, she is continually conscious of how close she came to starving herself to death.

Robert is thinking about war as well as love. News has broken that transcripts are going to be released from the Boston tapes – the interviews with loyalist and IRA fighters recorded by researchers at Boston College in the early 2000s on the understanding that they would not be made public until after the death of the interviewees. Those who spoke knew it was dangerous to put their stories on record, whatever guarantees were given. So why did they do it? Robert thinks of those “old battered murderers speaking into their microphones” and asks why so many of us feel compelled to speak out the truth of our lives. Answers come from different strands of the novel: we are driven by shame and guilt, by loneliness and the urge to share what we know. Robert suggests that it's a matter of “wanting the days of your life, and the acts of your life, to be known to have happened”.

Emotional and moving, the story shows us how we have a life of our own and maybe a different one we show to the rest of the world.

Dorothy Flaxman (derekflaxman@btinternet.com)

KILK KRAFTS REPORT

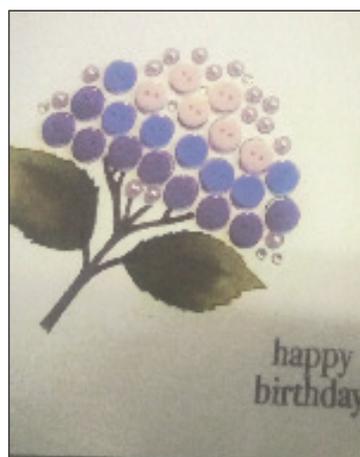
Jan Dickerson introduced the group to crafting with buttons at the meeting on 11th February. She provided a large number of various types of buttons of different colours and patterns together with pictures of cards already made to give some inspiration. Each member was given a paper plate on which to place the buttons required to make up their selected design, together with pearls, glue, cotton buds/spatulas to apply the glue, a blank card and envelope, rub-on sentiments, and felt tip pens to draw stems and leaves. As you can see everyone enjoyed making their cards, showing how different and creative they could be. Have a look at the photos below to see what Susanne achieved! Also see more cards on the next page.



A selection of buttons and other materials



Susanne's starter kit...



her picture to work from...



and Susanne's finished card!

(Kilk Krafts, continued from page 8)



The group's finished cards

The second meeting in February was a talk by Jo Hutt on foot health. Jo was a nurse for 40 years, 20 of those were as a nurse at Stratton Medical Centre where she specialised in Diabetes and Tissue Viability (wound healing). Eight years ago, she decided to change career, and retrained as a Foot Health Practitioner dealing with all forms of nail and foot skin care. This is different to Podiatry (requiring a 3 year degree course) which looks at bones, joints, muscles and how a person walks.

Jo stated that buying shoes because they look good and stylish rather than whether they are comfortable can aggravate existing conditions such as bunions and corns or calluses. A lot of issues with our feet are either from what we did in the past or genetics.

Jo showed examples of bad footwear – flat mules, sling backs, ballet pumps, high heels – not giving support in the right places or putting pressure on the toes. She gave the group some interesting facts about ageing affecting our foot health:

BIGGER FEET – tendons and ligaments loosen with age and the arch of our feet flattens which can increase the size of our feet by half a size or more. Also weight gain/loss and fluid retention can have an impact on this and should be taken into account when buying new shoes.

ARTHRITIS AND JOINT PROBLEMS – ankle and toe joints are commonly affected by arthritis causing discomfort and difficulty walking. This in turn can lead to more strain being put on hips and knees which can then cause impact points on different areas of the foot. Ageing also causes the fat pad on the forefoot to be less thick so areas that were cushioned before may not be as protected as before. **BUNIONS** – lumps of bone that form on the side of the foot causing the big toe to turn inwards,



which then impacts the alignment of the other toes. Bunions which are often genetic, but wearing shoes that prevent pressure on

KILK KRAFTS APRIL MEETINGS
Wednesday 8th April
Crochet workshop
Wednesday 22nd April
Card-making with Susanne
Methodist Chapel,
Kilkhampton
Time: 2pm to 4.30pm
Cost: £2 per session plus small material costs
Any questions, contact:
Joyce (01288 321292)
Or Lorna (01288 321706)

the area and toe supports may ease pain and discomfort.

CORNS AND CALLUSES – areas of thickened skin which can be caused by friction and/or pressure over bony areas of the foot. Use of foot files or pumice stone (always on dry skin) can help together with foot creams best applied at bedtime to be absorbed overnight to soften and moisturise the skin.

TOENAILS – can become brittle, thickened, distorted and crumbling. Nails that thicken and discolour may be caused by damage to the nail bed by trauma and cannot be cured. Nails grow at about 1 mm per month so any treatment can take a long time to see any progress.

Following her talk, as a thank you from the club, Jo was presented with a bouquet of flowers. My thanks to Jo for allowing me to quote from her notes. As someone who has had problems with my feet since contracting Polio at 3 years of age, I would advise anyone who suffers anything mentioned above to seek help and relief from someone like Jo or any foot health practitioner. *Susanne*

A date for your diary
we have booked our Afternoon Tea for
Wednesday 5th August
Look forward to seeing you then, . Trish Brennan



Kilkhampston Parish Council

Report of the regular meeting held on
2 March 2026 www.kilkhampston-pc.gov.uk

Attendance: Kingsley Bryant (KB), Reg Hambley (RH), Ian Heard (IH), Joanne Timmins (JT), Keith Ovenden (KO), Lee Bond (LB), Cornwall Cllr Faye Emery (FE).

Apologies: Tim Cottle (TC), Phil Sluggett (PS), Vinnie James (VJ).

Chairman: Councillor Clive Vanstone

Clerk: Hannah Collett

Good evening to all by the Chairman.

Minutes Approved by all and to be signed by the Chairman at the end of the meeting.

Adopt Code of Conduct

Declaration of Interest None to declare

Public Speaking Session No one attended.

Planning Applications

1. PA26/00674 Proposed extension and internal alterations
Location Applicant Grid Ref Halls Bungalow Stibb Road Bude
Cornwall Mr & Mrs P Wilson 222553 / 109515. Read through.
RH mentioned he had been to the site. Talked through their
ideas and where situated etc. Details of proposed extension
given. No issues. KB proposed approval and IH seconded. All
in favour.

Matters

Car park and Toilets: £72.60 taken. Card machine information
still being looked into.

Other matters arising from the minutes: None

Reports

Footpaths: FE said that Countryside Service know about the
bridge issue and have already put in budget for this coming
financial year. FE believes they will be funding and sorting
themselves so is now out of our hands. FE will confirm this with
them again. IH mentioned on the same footpath, there is a stile
that is really unsafe and needs sorting asap. FE to mention this
also.

Playing fields and Lamb Park: Weather has been too bad to sort
trees, in hand for as soon as possible.

School: LB gave a detailed discussion. FE asked if the changes
in numbers were in Reception – Yes by LB.

Grenville Rooms: RH stated work in progress with AP Cottle.
Invoice received for works as quoted.

Month's work All Ok.

Members

RH – The Church and Chapel fees were omitted last year and
are due for payment again. To be sorted by Clerk.

KB – Manhole previously mentioned still not sorted. FE thought
Mr Oliver Jones of Highways has brought this up with South
West Water 3 times already. The Chairman suggested the
school also contact to complain. LB to sort.

Road surface by the refuse centre – is that completed or are
they due to come back, as it is not good. Same by Penstowe
Road. Both terrible. FE to raise with Mr Oliver Jones and ask if
returning.

Brentspool – hoping they will be sorting the well issue too. On
there till 13th March – works to capital drainage per FE.

Printer – The pictures are not coming out great. The Chairman
felt they are possibly looking into this already.

New email addresses – Has everyone now been able to get on
- no, not all have this completed yet. Struggling to get them to
work. These do need to be used as the only email address.

KB also discussed the work they have been doing in the village
and all the faults and lack of work.

KO wanted to note the drop curb they have installed by the Spar
could be extremely dangerous and feels anyone with a mobility
scooter etc could fall into the road. KB also felt dangerous and
is too close to the junction. The Chairman felt the chicane will
be a help as it shows you are entering a village area and will
encourage people to slow down.

JT, IH, LB – Nothing

KO – mentioned he had changed the flush in the disabled toilet
– had issues with getting blocked and hopes this will help. The
light in the defibrillator has been changed also. Thanks to KO
by the Chairman.

FE – Had some people at Thurdon mention Tamar Lakes have
installed ANPR cameras in the car park. People worried that
when they are not working, they will still be charged. South West
Works Trust to be contacted by FE. Apparently they have done
this will all the car parks. FE to check with colleagues. JT
mentioned that the signal strength on phones is poor down
there too when trying to use the apps to pay.

FE also mentioned Blackberry Lane. They had put in one road
sign but you can't see it. Large sign taken down (Bramble). The
Chairman said there is still a bus stop to go in, and a crossing.
Footpath and pavement also per FE. The Chairman felt it is
taking an awfully long time. KB felt the quality of the homes was
good, but they need to finish the parts they said they were
doing. FE felt there should be a schedule of when they should
finish – not seen anything yet. MP Ben McGuire was in Morwen-
stow last week – a good few attended.

The Chairman said that Sign of the Times have donated a sign
to be put onto the printer mentioning the donation from Mrs
Alison Bartlett.

Sign shown for the bus shelter refurb. Really great quality.
Invoice received for all the panels.

Letter from the valuation office received to Lamb Park regarding
ownership and lease. Want details of who owns it and condi-
tions of lease etc. To be sorted.

Correspondence None

Finance Read through by Chairman. Invoices to be paid:
£118.00 Alan Somerfield; £54.00 Stephen Gifford; £68.00 K &
J Building Services; £10.49 Bridgmans; £750.00 Redsmart
(Signs); £7,228.80 A P Cottle (Grenville Works); £2,200.00
Kilkhampston P.C.C.; £1,000.00 Kilkhampston Methodist Church.
All in favour to be paid. Total balance before aforementioned
payments £11,748.18.

Date of next general meeting: 13th April 2026, 7.30pm, Gren-
ville Rooms.

Thanks to all by the Chairman. Declared the meeting closed.

SUMMARY OF KILKHAMPTON PARISH NEWS ANNUAL GENERAL MEETING,
11th MARCH 2026

Re-election of committee: Chair: Martin Cross; Secretary and editor: Jill Rodgers; Treasurer: Alan Dickerson (appointed November 2025), Collating and distribution: Marie Trowbridge and Gill Gilbert; Website content management: Martiin Brennan. Alan Dickerson also agreed to take over as Advertising Manager – see page 3 for the new contact details if you wish to place an advert for your business.

There have been quite a few changes to the collating and

delivery team. The committee wanted to say a BIG thank you to those who have now 'retired' after giving their time voluntarily for many years, and a warm welcome to our new team members.

The new printer is working well. Dark photographs, some page numbering issues and transfer of documents from computer to printer are all still ongoing challenges but will get sorted out.

Jill Rodgers, Secretary

KILK COMMUNITY LUNCH
Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £7
ON
Friday 24th April
At 12.30 pm
AT
THE GRENVILLE ROOMS

Limited numbers so please book
to ensure a place
contact 01288 321073



**KILKHAMPTON
COFFEE &
CAKES**



SATURDAY 4th April

10.30AM - 12.00 NOON at
METHODIST CHURCH HALL

A VERY WARM WELCOME TO ALL!

The Charity for April is Bude Cancer Cafe

**S
T
A
L
L
S**



*Passionate about our
faith and community*



If you are not currently part of a church family, new to the area, have questions about faith or are trying church for the first time, you are welcome

**Sundays 10.30am @ The Grenville Rooms,
Kilkhampton EX23 9QT**

Contact: freedomchurchbude@outlook.com

www.freedomchurchbude.co.uk
Registered charity number 1213610

Freedom Church presents
SUPER JACKETS
Thursday 16th April
11am to 2pm
Grenville Rooms

*An opportunity for all the family
to come along to this fun event.*

*Games and crafts,
free food and drinks:*

*Jacket potatoes with fillings, cakes,
biscuits and tea and coffee*

NO NEED TO BOOK - JUST COME ALONG!

KILKHAMPTON JUNIOR AND INFANTS SCHOOL

As I write this article in mid-March, the weather has just started to show a more spring-like face. We have even had a few days of warm sunshine, and I hope that as you read this, spring has well and truly sprung!

Since I last wrote to you, it has been very busy in school. Interim reports were sent to parents at the beginning of March, giving parents an update on their child's progress at the midpoint in the academic year. These reports were followed by the second set of parents' evenings of the year.

We are saying a temporary goodbye to Miss Stevens at the end of this term as she is going on maternity leave. I am pleased to announce that Miss Smale will be joining the team and teaching Year One and Two during the summer and autumn terms whilst Miss Stevens is away. Miss Smale has already been in to the school to get to know the children in her class before she starts. We all wish Miss Stevens all the best and look forward to seeing her and her new baby soon.



Our Year 4 dodgeball team, who came 2nd at a recent tournament at Budehaven



Children dressed up for World Book Day

In school we all learnt Trelawney, which we sang to mark Saint Piran's Day. We also held our annual World Book Day celebrations on the same day when children and staff came in to school dressed as book characters! We held quizzes and other fun activities before holding a book fair after school.

Year Six finished making bags in their design and technology lessons and treated us to a fashion show in assembly! Children in Key Stage Two also had a chance to work with the great Michael Rosen via a live weblink as part of our marking of the National Year of Reading.

We also had a visit from the RNLI lifeguards who gave children instructions on how to stay safe on beaches and the sea ahead of this year's summer season. Some children were able to dress up as lifeguards as part of the assembly.

We have also had science week, where the school marks this national event by doing extra scientific activities and then gathers as a whole to share their learning. The investigations were extremely diverse, and included making their own nests for birds, melting crayons, investigating paper aeroplanes and the buoyancy of boats. We then

had a special assembly to share what had been learnt.

The term continues apace toward the Easter holidays and we still have much to do including Red Nose Day and our annual talent show, Kilk's Got Talent. I look forward to updating you about this in the May edition of the parish news.

Until then, may I wish you all a very Happy Easter!

Michael Watson, Head Teacher



The Year Six fashion show

GOODBYE FROM GILBERT & VANSTONE

Dear All,

As most of you will know, we are winding up the business and the shop will be closing shortly/or by the time you read this, we will have closed. You should have received a letter from us, alongside one from HBH Woolacotts. They have taken on many parts of the business and I'm sure this family-run business will take care of all your requirements as we have done in the past.

We would like to thank you for your custom during the last 41 years, which has helped the business to be the success it has. In turn, we are proud to have offered our customers good service and value for money.

Mark, Gill, Marlene and I decided to 'take the plunge' and start our own business in 1985. Mark and I both worked for Granada TV, and Gill and Marlene had their own jobs. We rented Trewin's shop, and opened on 16 February (my 30th birthday) and I remember it being the most bitterly cold day. As the business expanded we moved to the old North Cornwall Tractors premises, which we opened in November 1989. This gave us more scope and meant we could grow and widen our customer base.

In July 2016 came a crossroads with the sad passing of my partner, Mark. Much soul-searching took place at that time whether to continue or to stop. With Andrew on board and with the support of

our loyal staff it was decided to carry on. Andrew is now having a career change and will not be taking over the business.

I would like to say a big 'Thank you' to all past and present staff who have been with us over the years, including Liam Bunning – our shop manager over the last 17 years. Also Stuart Neal, Ben Roberts, Chris Miles, James Gliddon, Ben Hill, Aron Braund and Paul Beavan. Past staff – Mike Westlake, Ian Hiatt, Damian Inch, John Alison, Dave Gregory, Tom Wickett, Danny Huddleston, Reg Hambley, Steve Heard, Bob McKelliget, Tony Matthews, Jake Crocker and Richard Wallander.

Also a mention to all the work experience students we have had with us over many years, who I hope have all gone on to have good careers and jobs in whatever path they chose. I apologise if I have missed anyone in the thank yous.

I can honestly say it has been a good 40-odd years – some curve balls along the way and many headaches/problems to solve, but overall a pleasure – especially interaction with all of you people. Now is the time for us to be able to see the family and grandchildren more often, do a bit of travelling and generally take it a bit easier!

All the best to everyone.

Clive, Marlene and Andrew



Kilkhampton Stay and Play
Kilkhampton Methodist Church
Thursday 23rd April
9.30 am – 12 noon

For children under 5 and their parents,
grandparents or carers
Please join us for tea/coffee and chat
while the children play.

ALL WELCOME

For further information please call or message
Fiona on 01288 321261 or 07854 141474



Felix Mendelssohn's
ELIJAH

Saturday 11th April, 7pm

St Michael's Church

Bude EX23 8SD

Tickets:

£20 in advance, £22 on door

Paper tickets available from

Ark Angel bookshop and

Bude Tourist Information Centre

Online tickets from www.visitbude.info

Bude Choral Society Charity No: 1101144

BUDE LOOK GROUP



This month we discussed Gwen John, as the exhibition 'Gwen John: Strange Beauties' is currently on at the National Museum in Cardiff. Gwen John was largely unknown until recent times. Her brother, the famous artist Augustus John, once said '*in fifty years' time, I will be known as the brother of Gwen John*' and his prediction seems to have become true.

It is 1900 and Gwen has recently left the Slade School of Art. She is small and very shy but has unflinching confidence and determination in her art, and this internal strength is clear in this early self-portrait (*left*).

She is extraordinary, and in 1904 decides to walk to Rome with her friend, sleeping in fields and painting along the way. At Toulouse however she decides to visit Paris where she lived for the remainder of her life.

Gwen achieves such a feeling of peace and contentment when painting her home (*right*). Sun streams through the windows – the artist has just risen leaving her book open on the table. Her aim is to paint the air: we can almost see the dust motes. When she is not painting, she is modelling for other artists so she can buy her paints.



A Corner of the Artist's Room in Paris 1905-7



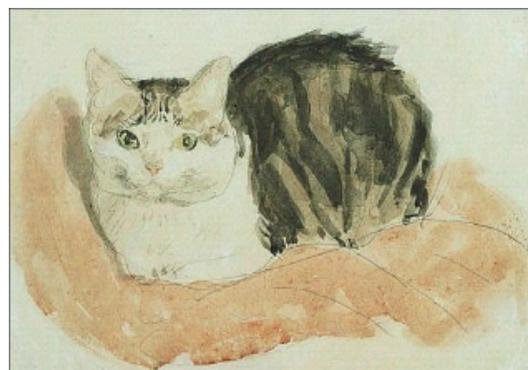
The Precious Book 1920 26 x 20cm

Gwen John's portraits focus on the emotions and inner lives of women. She is a perfectionist, thinking carefully of the harmony of colours across the canvas and how to draw the eye around the composition. She is very innovative, creating a chalk and animal glue base layer that has an interesting texture, then paint is applied dryly and thinly, showing the brushstrokes and revealing specks of the base layer, giving it life. The painting draws viewers into its world.

Gwen John constantly draws – even in church. The studies of her beloved cats are always a favourite.

Despite her talent, she struggles to make a living. For a time, an American art collector buys all her work, but in 1924 he dies and she lives in poverty. In 1939, at the age of 63, Gwen dies due to malnutrition and the stress of her circumstances.

Now we remember her as one of the most talented and influential artists of the 20th century.



Wide-Awake Tortoiseshell Cat



Mother Marie Poussepin 1915-1920

Bude Look Group meets once a month at the Parkhouse Centre, Bude.

Contact chris.edwards39@btinternet.com