



KILKHAMPTON PARISH NEWS

www.kilkhampston.news

March 2022

LATE NOTICE

QUEEN'S PLATINUM JUBILEE CELEBRATIONS

Friday 3rd June

Activities at Lamb Park

More information will be provided in April's edition

Inside this issue...

In addition to the regular features, we have:

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Page 10: A report from Bude Stratton and District Old Cornwall Society

*Page 11: A report from Bude & District Probus Club, plus an invitation to pancakes on **1st March** - don't miss out! - Plus our usual village events*

Page 12: This month's recipe - Compound Butter and how to use it - plus table tennis

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Page 15: Kilk Crafts news and March meetings, plus a fundraising event for the Cats Protection charity

Page 16: Can you guess? Yes, it's Uncle Eric's page!

St James the Great, Kilkhampton

| | | |
|--------------------------------|---|--------------------------|
| Priest-in-Charge: | Reverend Teresa Folland Teresa.folland@gmail.com | 01288 352599 |
| Retired priest | Reverend Richard Ward-Smith Barn Farm, Kilkhampton EX23 9RH R.wardsmith@btinternet.com | 01288 321991 |
| Safeguarding Officer: | Mr. Kevin G. McGrath Frank's Folly, The Square, Kilkhampton EX23 9QQ | 01288 321277 |
| Churchwardens: | Mr. Kevin McGrath Mr. Luke Francis | As above 01288 321270 |
| Lay-Chair of the PCC: | Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE | 01288 321292 |
| Treasurer to the PCC: | Mr. Peter Hobbs Wrasford, Kilkhampton EX23 9RL | 01288 321551 |
| Secretary to the PCC: | Reverend Richard Ward-Smith | 01288 321991 |
| Organist | Mr. Luke Francis | As above |
| Bell Tower Captain: | Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE | 01288 321292 |
| Flower Coordinator: | Mrs. Jeanette Norman Meadowside, Penstowe Road, Kilkhampton, EX23 9QT | 01288 321404 |
| Electoral Roll Officer: | Reverend Richard Ward-Smith | As above |

Kilkhampton Methodist Chapel

| | | |
|-------------------------|--|--------------|
| Church Stewards: | Mr. Reg Hambley The Hill Park Centre, Kilkhampton EX23 9QQ Mr. John Brooks Killarney Park, Youlstone EX23 9PX Fiona Cleave Higher Pigsdon Farm, Launcells EX23 9LQ | 01288 321340 |
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EDITORIAL



Hello everyone,

I hope you are all well and enjoying the early spring flowers - and the gale force winds of course!

I thought you might be interested in the photo (below) I took on a recent visit to Exeter Cathedral - a model of the moon inside the cathedral itself! It was an exhibition entitled 'Museum of the Moon', on from 3rd to 27th February so only a couple of days left when this newsletter comes out. I'm not quite sure what the moon was made of, possibly paper or some other light material as it was suspended from the ceiling and swaying gently in the breeze!



Model of the moon in Exeter cathedral



Organ pipes in Exeter cathedral

We had my sister-in-law Anne staying with us, and my husband Mike was reminiscing with her about a holiday down here when he was 6 (and living in Essex at the time). He said he remembered being overawed by the size of the organ pipes - Anne and I both assumed he was exaggerating and it was only because he was small, but then we found them - see the photo above. The door in the picture is full size, showing the scale of them. Anne didn't remember them at all, but as she commented herself, she was probably busy being a bored and stropky teenager!

Fingers crossed for some better weather in the weeks to come, as we approach Easter and start to look forward to summer. In the meantime, as always, keep safe.

Jill

ST JAMES CHURCH FLOODLIGHTING SPONSORSHIP

PLEASE NOTE NEW ARRANGEMENTS:

Please clearly write or type your notices for the church floodlighting page, put them in an envelope with the £5 fee, and give them in at the Spar by the 11th of each month.

If you have any queries, please contact Tracey Smith at kilkchurchlights@gmail.com
or phone her on 321432 or 07740 520459

Cheques should be made payable to 'KILKHAMPTON PCC'.

Please use the contact details on the opposite page to enquire about advertising (Martin), submit or amend your advert (Adam), or send in submissions for the editorial page (Jill). We are happy to be contacted in the first instance and we're happy to accept notices of events and news items. Adverts need to be submitted by 1st of the month for the following month, and editorial submissions by 12th of the month.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.

Kilkhampton Church Services

St James Church

Sunday 6th March 11am Holy Communion with Reverend Teresa. This service will celebrate the Festival of St Piran. Pasties, saffron buns and tea/coffee will be served after the service.

The relationship of the Trinity

Welcomers: Jennie and Joyce. Reading: Luke 4: 1-13. Reader: Tony.

Sunday 13th March 11am Morning Worship with Reverend Douglas

Our relationship with our neighbour

Welcomers: Rachel and Lynne. Reading: Luke 10: 25-37. Reader: Kevin

Sunday 20th March 11am Holy Communion with Reverend Douglas

Our relationship with our friends & brothers and sisters in Christ

Welcomers: Tracey and Myra. Reading: 1 John 4: 7-21. Reader: Ian

Sunday 27th March 11am Morning Worship - Mothering Sunday. With Richard Painter

Our relationship with our families

Welcomers: Rita and Margaret. Reading: Luke 15: 11-32. Reader: Peter

Sunday 3rd April 11am Holy Communion. With Reverend Teresa

Reading 1 Corinthians 13.1-13. Our intimate relationships

If anyone is unable to make their appointed date please arrange a replacement

Daily Morning Prayer: 9am Everyone welcome to drop in on any day

ZOOM Meeting ID 818 0754 3068 Password 342 493 Telephone 02030512874 or 02030515237

LENT COURSE

To be held across the North Kernow Benefice: Kilkhampton, Launcells, Morwenstow, Poughill and Stratton)

Thursday evenings from 10th March to 7th April inclusive. Venues to be confirmed. We will be discussing the issues raised by the previous Sunday's sermons.

For more information contact Reverend Teresa (details on page 2).

Methodist Chapel

| <u>Date</u> | <u>Preacher</u> | <u>Flowers</u> | <u>Coffee</u> |
|------------------------|------------------------|-----------------------|------------------------|
| 6 th March | Mr. Barry Bryne | Fiona Cleave | Debbie Dawber |
| 13 th March | Local Arrangement | Brigitte Salt | Sue Joyner |
| 20 th March | Mr. Paul Wreyford | Sue Joyner | Roger & Brenda Dunstan |
| 27 th March | Rev. Joy Wilson | Marion Metherell | Joy Moore |

FROM ST JAMES CHURCH

Dear friends,

The image on the right is called The Dance of the Trinity and it is not a mistake that the shape looks like a heart. The Trinity is made up of God the Father, God the Son & God the Holy Spirit; and it is the perfect relationship formed and governed by perfect love.

During 2021 we had 23 weddings across the churches in this benefice and we have 20 that will be happening during 2022; and so relationships, especially the relationship between husband and wife, is in the forefront of my mind.

The relationship between the Trinity has been described as a dance where one defers to the other; it is giving and generous, kind and loving, sacrificial, affirming, reciprocal, harmonious, safe, welcoming and dynamic. And this is a model or template for our relationships; especially our intimate relationships. We never hear one *ever* criticise or bad mouth the other, we don't hear impatience, or anger, or jealousy, idolatry, dishonesty or accusation from the other.

Sadly, in our modern world, we have lost God's sort of love for our fellow human beings and the opposite of love, selfishness has raised its ugly head. Selfishness excludes, but love makes room and includes, selfishness puts down, but love lifts up. Where selfishness hurts and harms, love helps and heals and where selfishness enslaves, love sets free and liberates.

And so, during the season of Lent, which begins on the 2nd March, we will be embarking on a series of sermons each



Sunday, looking at relationships and would invite you to join us as we study together what it means to *give up* some of the negative ways we relate to one another and *learn to love* the ways we should love God, the stranger, the friend, our family and our spouse or partner.

God's richest blessing this Lent,

Yours in Christ,

Rev Teresa

FROM KILKHAMPTON CHRISTIAN FELLOWSHIP

Hi everyone, I love this time of year. We have snowdrops, daffodils, primroses and a rose with a bud on it. How cool is that? And at the time of writing this we are only half way through February. The down side is that the lawn is starting to grow!

One of the things I have done during lockdown is to read through Psalms and Proverbs, and as I did so, I realised that King David suffered from depression quite badly at times but at the end of those Psalms he would write "but my trust is in the Lord who made heaven and earth". Despite everything, even in his darkest hour, he would trust God. Something there to learn, perhaps?

In Psalm 139 v 14 it says we are "fearfully and wonderfully made". Have you ever thought what brilliant stuff your skin is?

1. It regenerates itself.
2. It will repair itself if you cut it.
3. It will stretch (ask any eight and a half month

pregnant mum!)

4. It can detect quite accurately different temperatures.
5. It can tell the difference between a flat surface and a pin head.
6. It can tell you if your knife is sharp or blunt.

It is an absolutely amazing material and God has covered you in it. How wonderful is that? And man has not made a material that is anywhere near it. We take so much for granted. So stop and thank God that the Bible is true. **YOU ARE FEARFULLY AND WONDERFULLY MADE.**

Every blessing to you all and catch you next month.

Albert Sloman, Pastor

Tel 01288 321073

7 Rosecott Park, EX23 9QG

albertsloman@outlook.com

St James Church Floodlighting Sponsors XXX 2021

RUTH BABB

Always near Mum, never far away from our thoughts,
speak of you often.

With love always,
Ann, Brian and family and John and Beryl xxx

BABB

Happy Birthday to you all.

John – March 12th

Robyn – March 7th

Annamarie – March 23rd

also

Congratulations to Grandson **Carl** and **Amy** on the birth of their second daughter

Dolcie on 2nd Feb

Love to you all from Nanny Annie and Grandad Brian.

GORDON FANSON

Thoughts of Uncle Gordy on his birthday 29th March. xx

Remembering **SYLVIA CORNISH**, our dear Mum and Nan
on Mothering Sunday and Mum's birthday 25th March,
she is always in our thoughts and hearts - Sadly missed.
Stewart, Jean, Sheila, Paul, Annette and all the family. xxxxx
also

Our dear Aunt Edie whom we lost 5th March 2007
Fondest memories. Xxx

ARTHUR HARRIGAN

In memory of my husband Arthur

On his birthday 29th March

Love you always, Edith, Marie, David, Andrew and Mark

CHARLES COLWILL CLEAVE

PEACE to the memory of my Dad, CHARLES COLWILL CLEAVE, who passed away
19th March 1999

'Until we meet on the golden shore'
John Cleave

TIM COTTLE

Congratulations to hubby/dad Tim Cottle who has won a place in the Cornwall County
Seniors Pool Squad.

We are very proud of you.
Sarah, Jack & Alfie xxx



Church floodlighting sponsors: see information on page 3 of this newsletter

ST. JAMES CHURCH

CANDLEMAS LUNCH

SUNDAY 30th JANUARY

After a break of two years due to covid it was decided that our formerly annual Candlemas lunch should take place albeit with numbers restricted and spacing of tables observed. It was seen as a welcome return to normality with restrictions!

Places were quickly booked taking up the restricted availability and our patrons sat down to a well-received roast beef lunch with home-made desserts and cheese and biscuits. The meal was prepared and served by the usual team of enthusiastic volunteers.

A vote of thanks was proposed by Mr. Kingsley Bryant who thanked the ladies for providing an excellent lunch. They were afforded a generous round of applause.

The event provided a profit of £570 for Church funds. Our grateful thanks to all who supported us in any way.



**ST. JAMES THE GREAT
KILKHAMPTON**

**EASTER LILIES
SPONSOR A LILY
IN MEMORY OF
LOVED ONES**

£3.50 EACH

CONTACT

JEANNETTE 01288321404

OR JENNIE 01288321319

BEFORE 6TH APRIL 2022



Enjoying lunch



Roast beef platter



Delicious desserts



*Cheese and biscuits to finish
with a cup of tea or coffee*

NATURE TABLE

MARCH 2022



The Mere



Canal Bridge Ellesmere

Ellesmere....Shropshire's Lake District! Pushing the boat out a bit that one but certainly a place of canals and lakes. Hopefully, by the time this hijacks the March issue of the Kilk News, we may have moved into our new home in Ellesmere, truly a place of gentle hills, tranquil lakes and busy canals. Edmund Vale wrote of Ellesmere in 1949 in a County Books edition "On the bare bosoms of these reflecting and reflective waters are many varied and visiting waterfowl and its inevitable, nobility of swans." Today the meres teem with water birds and the mosses still beautiful and dotted with dwarf birches, in Autumn their leaves are of spangled gold. This unusual landscape, also found in Cheshire, was formed by the melting of the ice sheet 10,000 to 12,000 years ago, the deeper 'kettle' basins becoming meres and the shallower depressions filling with plant matter to form the mosses which were essentially peat bogs, exploited in the centuries following. These features are not fed by fast flowing mountain streams as in the Cumbrian lakes but maintain an equilibrium from rainwater, groundwater and evaporation, the mosses and meres in perfect balance.

In the heart of this small, medieval market town and a legacy of the Industrial Revolution, lies a dead end spur of a canal and half a mile along the towpath, a bridge and then a Y junction. This is the work of Thomas Telford, the greatest and most skilled of all canal builders. The left arm weaves its way from Ellesmere, through tunnels, around several meres, between hills and on raised banks, past the mosses at Whixall and the old and discontinued Prees branch. The canal continues by Whitchurch, the Willey Moor locks, the lift bridges at Wrenbury and finally to Hurlston Junction on the mighty Shropshire Union Canal. This canal travels north to its end at Ellesmere Port on the Wirral and south to Autherley Junction near Wolverhampton to join the Staffordshire and Worcestershire Canal. The right arm from Ellesmere turns west and north to Llangollen, eventually crossing Thomas Telford's famous and breathtaking Pontcysyllte Aqueduct near Trevor and beyond into the Vale of Llangollen.



The Red Lion Inn Ellesmere



Pontcysyllte Aqueduct

Once central to the Industrial Revolution and a period of the greatest environmental damage done by mankind, the majority of these marvels of 19th century engineering have become a network of links for us to play on and enjoy and more than that, a resource to sustain many aspects of Britain's declining natural world. The Canal and River Trust says "Though built for industrial and agricultural freight, our waterway channels are now our most obvious wildlife habitat. Other water features such as rivers, side arms, winding holes and backwaters add to the diversity of aquatic habitats available. Canals and navigable rivers were colonised by plants and animals soon after construction. Now 200 years later, many are designated as important nature sites at local, national and international level....."

So, as you can see, we are strangers in a strange land and preoccupied by the complexities of being homeless and in-between but next time I hope to be able to tell you about this new (to us) diverse and wildlife rich area as it wakes up in early Spring and reveals its true nature. Ian Maddock. ismaddock@btinternet.com



Junction at Ellesmere to Crewe and to Llangollen



Old Boathouse at Colemere

KILKHAMPTON FETE 2022

Saturday 2nd July

The fete is back! Time once again for the village to come together and enjoy life, hopefully without restrictions!

At the bottom of the page is an entry form for the draw to become a member of royalty for this year (forms are also available at the school). Make sure you get your entries in in plenty of time before the closing date!

Anyone wanting stalls, or craft stalls, please let us know

Also, as always, we will be looking for volunteers to help with setting up in the run-up to the fete, staffing the bar and catering, car parking etc.

If you feel you can help out in any way (not restricted to the list above!), please contact Jennie Siddalls on 01288 321319 or facebook message

Also if you are willing to help with Fete teas, by donating light refreshments, or helping out on the day, please ring Sylvia Hambley on 01288 321340

The committee work hard to provide a fun day for everyone and we really need as much help as possible, so please support your fete by giving a little of your time

| ENTRY FORM - KILKHAMPTON VILLAGE FETE ROYALTY SATURDAY 2 nd July 2022 | |
|---|----------------|
| Please use the form below to apply if you would like to be part of the royalty for this year's village fete. All children (11 years and under) within Kilkhampston parish are able to apply for the positions relevant to their own school year. Post boxes for entries will be in the school foyer and at Gilbert and Vanstone from 7 th March 2022. <u>Closing date for entries: 1st April 2022</u> | |
| NAME | Date of birth |
| SCHOOL YEAR | CONTACT NUMBER |
| POSITION YOU WOULD LIKE TO APPLY FOR: | TICK HERE: |
| 1. THE QUEEN (years 5 and 6) | |
| 2. ATTENDANT x 2 (years 2, 3 and 4) | |
| 3. COACHMAN (years 5 and 6) | |
| 4. FOOTMAN x 2 (years 2, 3 and 4) | |
| 5. FLOWER PRESENTER (reception and year 1) | |
| 6. CUSHION BEARER (pre-school) | |

BUDE, STRATTON & DISTRICT OLD CORNWALL SOCIETY

Most of Bude, Stratton & District Old Cornwall Society were at The Falcon for the annual lunch on Monday 31st January, but a few, as Acting-Chairperson Alan McIntosh later said, had sandwiches on the beach before convening in The Parkhouse Centre for the afternoon talk. This Hon. Sec., being in dreckly mode as ever, enjoyed a pasty sitting in her car just opposite Lowen Cottage, thinking how good it was to see even a fragment of Cornish language in Bude town. Following on from many activities supported in the autumn (including Gorsedh and two 'Films from the Archives', made possible with help from recently retired electrician R.Bartrop), the members were very keen to listen to their first speaker of 2022, Mr. Luke Francis, who did not disappoint.

Being the true Cornish gentleman, that he is, the address contained a fair balance of jest, amid a wealth of hard working expertise. Grandson to Mr. and Mrs. Tape of 'Moostow', Luke is not only a first class church organist and Churchwarden of Kilk, he is also Head Post Master of Bude's General Post Office and, in the apex of lockdown, all round local super-hero. Little wonder then that Her Majesty the Queen honoured him with a British Empire Medal last Summer. In a fast-paced, natural dialect delivery, whereby house numbers turned into names and vice versa in lightning quick time, he told of how he came to join the postal service at the age of 15 and a half and stayed, under the continuing tutelage of past masters such as Ray Jennings, Sid Box and Jimmy White, to eventually hold office himself.

Almost three decades have gone by since Luke first answered that work-experience vacancy, and his discipline, respect for the job, and dedication to those he serves and his community as a whole has not waned. One thing that has changed in that time however, is the post office itself, no longer the same entity as Royal Mail, held now not by the mark of the Crown, but instead, the herald of big business and the great computing age of modernity. Still, the day's work begins at 5 a.m., with the sorting of mail done in much the same hands-on way as it's always been. Centuries ago it used to be delivered on horseback, something Luke himself once did for his Grandmother on reaching her 100th Birthday!

Like Father Christmas, the post boxes started out green in colour. At the height of its commerce there were 21,000 main post offices in Great Britain., Today, that figure has dropped to less than 12,000, much to the bewilderment of many a village, although some have been re-introduced, particularly where communities have fought back to make it happen. Marhamchurch, for instance, now serves about 50 people on a Monday afternoon.

As well as post office operations in Bude both past and present, and the wider landscapes of North Cornwall, Luke's knowledge of the London to Penzance travelling post office is also extensive. He confidently took questions from the floor on details of all this, alongside many queries about the actual building as it proudly stands now, atop the town. Remembering what local resident Sam Fry had told him years ago, that as a builder's apprentice he had helped build the main post office, and that the sand needed to do the build was taken from Summerleaze Beach. In more recent years he recounted that John Bolitho, of Bramble Hill, once led a notion to give Bude a Truro rather than Exeter postcode, but it had been deduced this would add an hour to delivery times, and consequently the idea was dropped.

These days, there are three collections and only one delivery per day not two, and that arrives later than it did previously. Yet the job is still done well and adheres to the highest standards, although getting rid of the bicycle as a sound method of delivery would prove to be the worst of many a bad idea from the powers that be; such as naming new builds upon daffodil fields, Belle Vue. Before its current location, Bude post office was housed at Garden Terrace, near to where the post box still stands at the end of Kings Street, in Lansdown Road. Later, it went to Shalder Terrace, The Crescent, (M. Smith post office and general stores), then on to what became NatWest bank building, before taking up residence in 1928, March 22nd, at a spot well known and loved by everyone. It made news of its own when, having been left defunct since 1965, the top floor of this beautiful Bude building with six chimneys was again revealed and restored to a former glory.

'Use it or lose it' was Luke's message, in reminding his audience just how vital the post office service turned out to still be during lockdown. As the internal post of Bude areas doubled because people who were not allowed from their homes to visit each other turned to the post instead, often as a matter of urgency. Online prices easily undermine the charges a post office has to make to literally make ends meet, but the human touch is priceless. Luke ended this first OCS Lecture of the year, to a well-deserved and hearty applause from one and all.

The next Guest Speaker is 'Gorsedh Kernow' Award Winner; Mr. David Thorn. This will be on Monday 28th March, 7.30pm, at the Parkhouse Centre, Bude. Everyone is welcome.

helenbartrophocking@gmail.com

Bude & District Probus Club

On Thursday 3rd February, the Probus Club had their meeting at 12 noon at the New Inn, Kilkhampton with a very good attendance. Keith Taylor, Chairman, opened the meeting with apologies and news of members, including sickness and then introduced Rosemary Lee who was our speaker for the day. She was reminded by the Chairman that her father had been a member of this club and some members present remembered his last meeting with us at Brooks Garden Centre, some years ago.

Rosemary took us on a journey around islands of the Atlantic which she had visited. We started with the Faroe Islands in the north and these had a distinct Viking heritage and are an autonomous region of Denmark, but not in the EU. We then went to the Azores, discovered during the Reign of Henry the Navigator of Portugal and they had a turbulent past including the plague of Pirates which explained some castles built there as protection for residents.

We then went down to Madeira, a Portuguese volcanic island of warmth, flowers and wine, well known to British holiday makers. Then we were

transported further south to the Cape Verde Islands which are an Independent but poor country off the coast of Africa. At present mass tourism has not yet cast its eye, but who knows what plans are being made.

The last visit was to the Isle du Salut off the coast of South America. This is a French Protectorate, infamous as a Penal Colony and well known for the book and later the film "Papillon". This group of islands have been discovered now by tourism and most of the memories and the horrors of the Penal Colony have been erased or modified so as not to upset these new visitors.

At the conclusion the members loudly applauded Rosemary who was thanked by the Chairman, who hoped that she would be back with stories of her latest adventures.

The Probus Club meets on the first and third Thursday of each month at the New Inn, Kilkhampton and enquiries are welcomed by email on budeprobus.keithtaylor@btinternet.com, OR just come along and introduce yourself.

[Keith Taylor, Chairman](#)

PANCAKES PANCAKES PANCAKES

Shrove Tuesday, March 1st, 12 noon to 2pm, Chapel Room

Savoury or Sweet Pancakes £3.50

Tea or coffee included

Proceeds for Church Flower Fund

KILKHAMPTON COFFEE AND CAKES

SATURDAY 5TH MARCH

10.30am – 12 noon

Christian Fellowship Hall

A very warm welcome to all!

The charity this month is

Sound Waves South West

**Providing music therapy in the local
area**

**For children with a wide variety of
special needs**

KILK COMMUNITY LUNCH

Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £6

ON

Friday 25th March

At 12.30pm

AT

KILKHAMPTON CHRISTIAN FELLOWSHIP

**Limited numbers so please book
to ensure a place
contact 01288 321073**

transport could be arranged



Recipe Corner

with Jay Wong

Compound Butter

Here's a recipe for a great butter that works well on fish, chicken and beef. Cooking or finishing in butter is one of the best ways to impact last-minute moisture and flavour to your dish.

As the name suggest, butter compounds like Café du Paris and Nut butter sauce have been a staple traditional way to finish a rib eye steak or a Dover sole. But this butter recipe can be made into anything within reason. Here's how to make and use it.

Ingredients

250g salted butter
1 clove garlic
30g shallots
10g Cornish sea salt
1 sprig (about 10g) fresh rosemary
10g fresh ground pepper
12g paprika (I prefer smoked)
1 tsp English mustard
15g umami (seaweed)

Method

Put your butter in a bowl and let it reach a soft consistency at room temperature, as when making a cake.

Chop the garlic and shallot, then add the salt and use the knife blade to mince this all together until you have a rough mushy paste.

Pick the rosemary leaves, these can then be chopped or left whole.

Add the paste and the remaining ingredients to your butter, mix it well together then roll into a log shape. Cover with cling film or equivalent and chill or freeze until it is set. You can use it from frozen as long as you cut it into small pieces, around the volume of half a finger.

How to use compound butter

Whether you are cooking meat or seafood, it's always important to start with two key steps, a hot pan and the right oil. Most oils will work, but avoid extra virgin olive oil if possible as that is best used for finishing a dish.

Always use the butter cold or from frozen in small pieces. Pan-fry your meat or fish, then turn off the heat just as the dish is ready, throw the butter in, let the butter cool the pan down and then spoon it over the meat or fish. The butter will turn a nut brown and then have this amazing flavour. If you prefer to grill your food, then put the butter on top midway through cooking. This will naturally braise the protein as it cooks, and when you rest the protein, it will give it a lovely shine. If roasting, for example chicken, simply add it under the skin before cooking for best results.

Other things to try

Cashews (whole or chopped) in the butter mix – great for finishing butter chicken or indian fish dishes. Add chilli to stir-fry prawns or steak for an added kick.

KILKHAMPTON CHRISTIAN FELLOWSHIP

8th March

FROM 7-9pm

IT'S

TABLE TENNIS TUESDAY

A FUN WAY OF KEEPING FIT!



Kilkhampton Parish Council

Report of the regular meeting held on 7th February 2022 www.kilkhampton-pc.gov.uk

Attendance: Reg Hambley (RH), Keith Ovenden (KO), Tim Cottle (TC), Ian Heard (IH), Roland Nancekivell (RN), Phil Sluggett (PS), Lee Bond (LB), Vinnie James (VJ), Shorne Tilbey (ST).

Apologies: Kingsley Bryant (KB)

Chairman: Clive Vanstone (CV)

Clerk: Hannah Collett

Good evening and welcome to all by Chairman. The Chairman requested that everyone stand for a minute's silence, for all involved in the tragic accident last Thursday.

Minutes Approved by all and to be signed by the Chairman at the end of the meeting.

Adopt Code of Conduct

Declaration of Interest ST mentioned PA21/12090. Has no voting powers but happy to advise.

Public Speaking Session

Chairman stated that anyone can speak now and then can only speak if requested to do so at the planning stage of the meeting.

Mr Adam Sillifant was here to state he had done a pre-application and had been advised to consult the local Council. Plans to build a bungalow on his father's property, Redway Farm at Thurdon. Been advised it is unlikely due to Thurdon not classed as not having enough homes there, but may a possibility if the Parish Council are on board. The Chairman asked if there was a local need. Mr Sillifant felt yes due to prices of property etc. RH stated that as he had already had a consultation with the planning department, his next step was to get outline planning and then we can discuss this document. Unable to comment before this is in front of the Parish Council.

Mrs Alison Heywood here for her plan to change use of Scadgehill Farmhouse. Here to answer any questions.

Two parishioners here regarding traffic-calming at Stibb. They haven't had any more information. ST gave his contact details to them. They saw a near miss the other day with someone overtaking. The Chairman mentioned that the process for this has to be done in stages. We have been in contact with Highways and we have to follow what they are prepared to undertake. Apologies they haven't kept in contact with them.

A parishioner who lives at Stanbury wanted to talk about the Pentire development. He felt they were submitting too many applications and thus getting confusing. Felt they were applying for lots of small applications so that the bigger picture is lost. He also felt there were errors on the application, one being a statement about it being seen from the road. ST stated this sentence is for the highways and is how it is technically worded for them. Once again he felt the revised number of pods doesn't show the same on the drawings. The units are larger. Surface water drainage is stated as less – but feels the removal of grassed areas will mean more water. They intend to keep surface water in basins as buffers. Was unsure how they would perform and once they were full of water it would be a danger to children. Feels Pentire is being produced by a national company with no concern for the village. Feels the website is misleading and strongly wants to request what they finally want to actually

achieve as a whole. The Chairman asked if he had written to the planning department. Yes – nothing heard back from the planning department at all. Thanks from the Chairman.

Ms Sharon Taplin, a resident of Stibb, stated that the applications are changing continually. Need a clear idea of what is going on. Felt the community didn't know enough about everything that's happening. Ms Taplin stated that the application itself shows an area of "open recreation", but it already has 50 concrete bases for mobile units. Felt the visual impact will be an eyesore.

The Chairman informed that the official meeting was starting and everyone was welcome to stay.

Planning Applications.

1) PA21/12090 Proposal Part first floor and single storey side extension including front entrance porch and annexe. Erection of a detached garage and store without compliance with Condition 2 of decision notice PA20/11017 dated 10.02.2021. Location Woodlands Bush Bude EX23 9LE Applicant Mr Luke Villiers. Details read through by the Chairman. ST mentioned condition 2 relates to proposed plans – must be put in if anything is being altered. ST spoke about the alterations shown on screen for all the view. It regularises the planning consent. The annexe cannot be used for anything other than ancillary to the main house. No comments to be made. LB moved and RN seconded all in favour.

2) PA21/12539 Proposal Proposed new access to existing farm buildings Location Houndapitt Farm Stibb Kilkhampton Bude Applicant Mr A Heard. Drawings shown on screen and talked through by the Chairman. Widening the existing entrance. Possibly for visibility. RH moved and KO seconded. All in favour.

3) PA22/00319 Proposal Change of use of part of existing agricultural building to house a biomass boiler and storage of fuel to supply the boiler Location Scadghill Farm Kilkhampton Bude Cornwall Applicant Mr & Mrs R Priest. Documents available on screen for all the view. ST gave information on the drawing to explain. RN felt the track shown was for agricultural purposes. The plan is for a change of use of the building. TC felt good they were going green. PS moved and TC seconded. All in favour.

4) PA22/00184 Proposal Change of use of land to accommodate 36 holiday static caravans, 100 camping pods, central facilities building, sales ground, recreational space, maintenance facility, staff accommodation, LPG compound and ancillary landscaping, drainage and engineering works, with non-compliance of conditions 2 (approved plans) and 9 (planting) of decision notice PA18/06618 dated 06/12/2018. Location Pentire Coastal Holiday Park Stibb Level Bude EX23 9HP Applicant - Park Leisure 2000 Ltd. Plan drawings viewed and read through by the Chairman. Was approved in 2018 and requesting changes listed on the description. Technical changes on this application. Chairman felt we should say we are unhappy with the procedure. IH asked if someone from Pentire should come and talk as things are changing. Chairman mentioned that they have already been to talk to us. ST said it is non-compliant to condition 2 on the scheme. KO asked if we can say no more changes? Ms Sharon Taplin was invited back to

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speak again. Showed the area they are trying to alter and gave details on the photos and bases. Clerk to write to the planning officer and state that the Parish Council have grave concerns on the way this site is being developed and the lack of clarity. Need more reassurances to the original plan. Request that we are kept more informed. TC pointed out that we asked for screening, which hasn't developed. The Chairman was concerned that if we met with them, we don't have the knowledge or an individual to challenge them verbally. Parishioners would be unhappy as we can't do anything. RH reiterated we must reply to the planning department and state our concerns. Need clarification and not happy with how the site is being developed. PS seconded and all in favour.

5) PA22/00414 Proposal Construction of a new gateway Location Halls Farm Stibb Road Bude EX23 9HN Applicant Mr Drew. Drawings shown and discussed, being moved up to form a safer area. IH proposed and TC seconded. All in favour.

6) PA22/00622 Proposal Change of use of Scadghill Farmhouse and adjoining barn to use as a pre-school nursery Location Scadghill Farm Kilkhampton Bude EX23 9HN Applicant Mrs A Heywood. The Chairman stated that if anyone had any questions for Mrs Heywood she was happy to answer them. Details given on the building and area around. Changes are all inside of the building. VJ concerned how this would work with all the additional traffic. Chairman stated that highways would assess but doesn't feel the numbers would be large enough for them to disapprove. RN doesn't see what we can refuse on but concerned it's a working farm. RN moved and TC seconded. VJ and KO not in agreement.

7) PA22/00623 Proposal Listed Building Consent for Change of use of Scadghill Farmhouse and adjoining barn to use as a pre-school nursery Location Scadghill Farm Kilkhampton Bude EX23 9HN Applicant Mrs A Heywood. KO asked what listing was the building – Grade 2. IH moved and PS seconded.

Matters

1. Car park and Toilets: £104.80 taken. TC asked PS if the door issue had been sorted. Nothing heard so assuming so. No other issues.

2. Lamb Park development: The Chairman said that Mrs Helen Bond has been chasing the lease. LB said we need to chase now. ST said the Parish Council can sort a lease for the pre-school as they now have planning consent. RN felt we could source our own solicitor for this. Chairman asked in the meantime if we could give a letter of consent. Chairman to contact Solicitors if required.

3. Personal council email addresses: Chairman to speak to Mr Tom Westlake regarding advice on changing hosts and moving forward with this. All in favour.

4. Additional funding for Lamb Park Trust: Lamb Park Trust had a meeting. Discussed money to be spent and consultations will be had for deciding what's needed. All in hand.

5. Skatepark Maintenance: KO to have another look into the surface of the skatepark ramps.

6. Queen's Jubilee: Mr Luke Francis has stated he doesn't want to be the organiser. Just putting some ideas across. Chairman

had email from Ms Sarah Bryant and Ms Sue Cox with lots of good ideas. We need someone to take this on and run it. Got several people wanting to help but need someone to chair a sub-committee. This council will be funding. RN asked if all the helpers were enough, but the Chairman stated we need someone from the Parish Council to lead. Chairman read through the ideas emailed. Needs to be different from the fete. RH said the Grenville Rooms are willing to put on a big breakfast in the morning to start the day. IH to take on organising the sub-committee. VJ did like the ideas from the last meeting and will help also. RN to join too. TC said it would be nice to have an unveiling. Chairman had spoken to the company re: medals etc. Needs too much money putting to them for it to be worthwhile. Couldn't see anything else appropriate. Committee can look into if they so wish. TC felt it was a once in a lifetime event.

Reports

Footpaths: IH asked if path at Penstowe was open. The Chairman stated there is no public footpath through Penstowe, it is all private land. The Cornwall interactive site shows it all clearly. PS mentioned that the top of the Common is in hand.

Playing Fields and Lamb Park: Covered already.

School: LB said nothing much to report. Covid getting better.

Grenville Rooms: Nothing

Month's work Read through and approved by all.

Members

TC – Ms Katrina Heard had spoken to him and was very distressed with the speed of the traffic at her place. Sandymouth Corner to Sandymouth Holiday complex. Clerk to email Oliver Jones. Also we need to make a decision on the defibrillator. Spoke to SWEB and they are doing their part. Need to decide if we are buying the kiosk. They would suggest for longevity to put in the kiosk. Need to push this through. £746.29 for the work. PS moved and VJ seconded. All in favour. TC to speak to SWEB to say go ahead. Kiosk owner to be told we will purchase etc. KO moved and PS seconded. All in favour. Chairman to sort invoice for us. TC said we need someone to project manage it. KO to sort. RH felt the defibrillator at the MOT station needs to be sorted. Chairman read through the annual charge that we pay and when it was needed it didn't work and wasn't complete. RH to sort contact. Clerk to write to AED Locators.

IH – Had a parishioner mention a letter from Freedom Camping Club at Thurdon, wanting 20 tents and 5 caravans. Concerned what this could extend to. Chairman said anyone can operate for 56 days of the year and there is nothing we can do.

VJ – had a few people mention that maybe we could give Ms Helen Fisher some flowers for her help at the accident. This is the second time she has performed CPR on someone in the village. Chairman said to send letter directly to Ms Fisher.

RH – Stated that Thursday this week the Solar Grant Association are here at 2pm at The Grenville Rooms. Also the Church and Chapel contributions are due.

Chairman mentioned the Funeral discussion group. KB will be taking part online.

Chairman asked if everyone has now completed their code of conduct training? Yes.

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ST – gave information on areas. Will email all full details.

KO – asked regarding the dirt from Bunnyhomes. Told it has been reported and we can't do anymore.

RN, PS and LB – Nothing.

Correspondence Nothing extra.

Finance Read through by Chairman. Invoices to be paid: £108.00 Acuiti; £63.00 S Gifford; £48.00 Calc; £1,000.00 Church payment; £350.00 Chapel payment. All in favour to be paid.

Date of the next meeting: 7th March 2022, Grenville Rooms, 7.30pm start.

Thanks to all by Chairman and declared the meeting closed.

KILK KRAFTS

Second and fourth Wednesday of every month, 2 - 4.30pm

Methodist chapel rooms

£2 per session including refreshments

(Some sessions will have small additional costs for materials used)

March 2022 activities:

9th March: 'Trolleybus to school' – talk by Keith Taylor

23rd March: Easter flowers with Jan Dickerson. Please bring a teacup or other small container of a similar size. Flowers will be provided.

Young and old,

all are welcome,

dip in and out as you wish!

Any questions, please contact either Joyce on 01288 321292

or Lorna on 01288 321870



COFFEE, CAKES & CRAFTS

The Grenville Rooms

Penstowe Road, Kilkhampton

EX23 9QT

Saturday, 16th April

9.00am – 1.00pm

*We would like to invite you to join us
for morning refreshments
at our Easter eggstravaganza!*



*Enjoy some of our delicious homemade cakes,
browse through the various artisan craft stalls
then enter our prize raffle
and try your luck at our tombola.*

Exhibitor fee £10.00 per table

please call 01288 321461 to book a place

or for further information

Free Entry

*but donations gratefully accepted at the door
on behalf of Holsworthy, Bideford & District Branch*



Registered Charity 203644 (England and Wales SC037711 (Scotland))

KILK KRAFTS

Once again, Kilk Crafts is proving very popular in the village, with new people attending the meetings and having fun.

Since the last edition, a beetle drive was held in late January which was enjoyed by everyone – the teams changed as the afternoon progressed, depending on who were the higher or lower scorers for each round, which gave an opportunity for everyone to chat and get to know others.

The first meeting in March was card-making, with Suzanne doing a great job as always, providing all that was needed at a very modest cost, working really hard to make sure patterns were ready to use on the day, and helping everyone in the room with their designs. The photograph shows the finished work from the group – as you can see, even though some used the same template, their cards turned out very differently.

See the notice on this page for what's coming up in March...

UNCLE ERIC'S PAGE

Images of this country (continued from last month)

Scotland's many banks and braes where highland cattle roam
With shaggy coats and widespread horns they really seen at home
To jagged mountains climbed by few to others walked by most
Land lochs and sea lochs, castles too, clans living by the coast

Distilleries both small and large produce this world-famed brew
This magic potion much renowned has such a golden hue
And Highland Games where sturdy Scots toss cabers and lift stones
With kilts and sporrans, brawny arms and oat-fed strong-set bones

The Emerald Isle with grass so green bathed oft with lots of rain
Much noted for a rich dark brew produced from Irish grain
With rivers long and coastal views from cliffs to sandy bays
And castles, legends, myths and tales one talks about for days

Now to another ancient land where castles still exist
Some ruined, some still standing proud, so add them to your list!
For railway buffs it's paradise for many lines abound
From narrow gauge to standard gauge, steam locos can be found

Some mountains too obscure the view, some climbable, some not
If Snowdon's peak you vow to seek, by rail or walk a lot!
If seaside holidays you want, coasts north and west and south
Boast widespread sands and harbours too, close by some river's mouth

Let's not forget the southern shores where all of London went!
Dorset, Hampshire, Sussex too until you get to Kent
With sandy shores and pebbly beaches backed by countryside
Busy marinas, seaside towns, all sweat by coastal tied

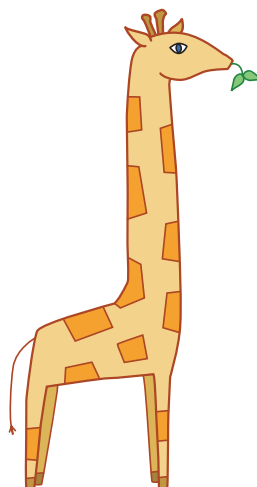
Why go abroad? This land of ours is filled with hidden treasure
To find it out, just roam about; it's bound to give you pleasure!

Eric Latter

What am I?

A space threat, in one word

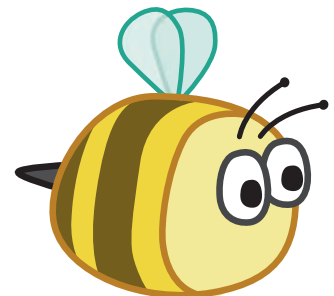
My first's in alarming, but not such a threat
The next is in heaven but no need to fret
The third is in target but no cause to fear
This one's in space and in time and in year
The next is in atmosphere, not found in clear
The sixth's in alarming, when it lands quite near
This one's in fascinating when you're about
The eighth's in terminal (it often burns out)
My last is in speedy and also in race
My whole is a missile which comes out of space



Can you solve these anagrams?

They are all breeds of dog.
When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 PINK GEESE
- 2 A DEAR LIE
- 3 PINK SCALE CORE (6,7)
- 4 RED TREE RING VOLE (6,9)
- 5 REX FIRE ROT (3,7)
- 6 LONG TOAD PIE (5,6)
- 7 I STEER KERRY (4,7)
- 8 PITH PEW
- 9 RICE DOOR BELL (6,6)
- 10 SOME DAY



| <u>What am I?</u> | | Meteorite |
|-------------------|------------------|-----------------|
| 10 | Samoyed | |
| 9 | Border Collie | |
| 8 | Whippet | |
| 7 | Skye Terrier | |
| 6 | Giant Poodle | |
| 5 | Fox Terrier | |
| 4 | Golden Retriever | |
| 3 | Cocker Spaniel | |
| 2 | Airedale | |
| 1 | Pekingese | |
| <u>ANSWERS</u> | | <u>Anagrams</u> |