

KILKHAMPTON PARISH NEWS

www.kilkhampton.news

December 2021/January 2022

Welcome...

There are lots of events and notices this month - especially good news for those who enjoy singing (or listening to) carols, there are lots of opportunities to join in with the different churches and organisations within the village. To make sure you don't miss out on something you might enjoy, for this issue only (and to avoid confusion about when and where each carol service is), there is a diary of events on page 8 which sets out all social opportunities, including the regular lunches and meetings in the village.

It's heartwarming to see that the new group in the village, Kilk Krafts, has already proved very popular. It's a very informal group, you can just go along and join in with whatever activity is planned for a session, and come away not only with a new skill, but also something decorative or useful for yourself.

And for our Christmas edition - there are lots of party poppers (large and small) dotted around the pages inside. Can you see how many you can find? The answer is on page 16, but no peeping until you've finished counting! Here are a few to start you off...



Inside this issue...

Page 7: An invitation to join in the fun making Christingles at St James Church

Page 8: A day-by-day guide to events in December and January

Page 9: Kilk Krafts launch report and programme of forthcoming events

Page 10: Grenville rooms AGM report, plus Preschool news and fundraising events

Page 11: News from Friends of Stratton Hospital, plus an invitation to experience short mat bowling in Poughill

Page 12: A recipe for a rich jus to accompany your celebratory Christmas meal

...plus the usual Kilk events and notices!

St James the Great, Kilkhampton

Priest-in-Charge:	Reverend Teresa Folland	01288 352599
Retired priest	Reverend Richard Ward-Smith Barn Farm, Kilkhampton EX23 9RH R.wardsmith@btinternet.com	01288 321991
Safeguarding Officer:	Mr. Kevin G. McGrath Frank's Folly, The Square, Kilkhampton EX23 9QQ	01288 321277
Churchwardens:	Mr. Kevin McGrath Mr. Luke Francis	As above 01288 321270
Lay-Chair of the PCC:	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE	01288 321292
Treasurer to the PCC:	Mr. Peter Hobbs Wrasford, Kilkhampton EX23 9RL	01288 321551
Secretary to the PCC:	Reverend Richard Ward-Smith	01288 321991
Organist	Mr. Luke Francis	As above
Bell Tower Captain:	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE	01288 321292
Flower Coordinator:	Mrs. Jeanette Norman Meadowside, Penstowe Road, Kilkhampton, EX23 9QT	01288 321404
Electoral Roll Officer:	Reverend Richard Ward-Smith	As above

Kilkhampton Methodist Chapel

Church Stewards:	Mr. Reg Hambley The Hill Park Centre, Kilkhampton EX23 9QQ Mr. John Brooks Killarney Park, Youlstone EX23 9PX Fiona Cleave Higher Pigsdon Farm, Launcells EX23 9LQ	01288 321340
Treasurer:	Mr. M. Metherell Stapleton, Whitecroft Way, Kilkhampton EX23 9RE	01288 321248
Room Bookings	Contact Reg Hambley on the above number	

Kilkhampton Parish News Editorial team

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EDITORIAL



Hello everyone,

Whilst we still have the dreaded virus around, it's lovely to see everyone getting out and about again, giving us a sense of normality once more. And with Christmas around the corner, I'm sure many of you are planning lots of lovely celebrations with friends and family. The world is opening up again for us - flights to most countries now, so families who live far apart can meet up once more. Fingers crossed that all our planned celebrations can go ahead with no last minute rules to change the situation.

And 2022 is rushing towards us - any predictions what it will bring us? I must admit, I'm still busy finishing off all the outside jobs I should have done already. Uncle Eric's poem last month focussed on the changing seasons and gardens being tidied, hedges trimmed, old bedding plants being thrown out, ground prepared for next year etc - my list of 'garden jobs' is still sitting on the kitchen table. Maybe by the time this newsletter arrives on people's doorsteps, I might have achieved what I need to so that I can stay toasty warm inside in December with a view of a tidy garden and a reduction in feelings of guilt!

So next year for me - a tidy garden (obviously from my comments above!), but I think that's the only thing I want that is in my control - all the others (nice weather, the virus receding into distant memory, keeping the freedom we have to see family and friends) are outside my personal influence. So there's no getting away from it - the garden jobs need to be my priority!

I wish you all a very happy Christmas and New Year, I hope you can enjoy time with others or simply time to relax and forget about your cares and worries for a few days. And going into next year for the Parish News, as you know this is a double issue and so submissions for the February issue need to be with me by the 12th January. I would love for any of you to submit short articles or reports on anything that has been going on in and around the village, as I know many of our readers love to hear what you've been up to.

Merry Christmas everyone!

Jill

ST JAMES CHURCH FLOODLIGHTING SPONSORSHIP

PLEASE NOTE NEW ARRANGEMENTS:

Please clearly write or type your notices for the church floodlighting page, put them in an envelope with the £5 fee, and give them in at the Spar by the 11th of each month.

If you have any queries, please contact Tracey Smith at kilkchurchlights@gmail.com

or phone her on 321432 or 07747 520459

Cheques should be made payable to 'KILKHAMPTON PCC'.

Please use the contact details on the opposite page to enquire about advertising (Martin), submit or amend your advert (Adam), or send in submissions for the editorial page (Jill). We are happy to be contacted in the first instance and we're happy to accept notices of events and news items. Adverts need to be submitted by 1st of the month for the following month, and editorial submissions by 12th of the month.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.

Kilkhampton Church Services

St James Church

Sunday 5th December 11am Holy Communion with Reverend Teresa
Welcomers: Rachel and Lynn. Reader: Kevin Malachi 3: 1-4.

Sunday 12th December 11am Morning Worship with Mark
Welcomers: Myra and Tracey. Reader: Ian: Zephania 3: 14-20

Sunday 19th December 4pm Christingle Service
Welcomers: Rita and Tracey. Reader: Peter: Micah 5: 2-5a (if required).

Thursday 24th December CHRISTMAS EVE 4pm 9 Lessons and Carols with Metric Band
With Reverend Richard. Welcomers: Rachel and Lynn. Readings to be allocated.

CHRISTMAS DAY 11am Holy Communion with Reverend Teresa
Welcomers: Volunteers please. Reader: Volunteer: Isaiah 62: 6-12.

NO SERVICE AT ST JAMES ON SUNDAY 26th DECEMBER
HC at St Swithin's 11.15am with Teresa. Morning Praise at St Olaf's 11am with Mark.

January services (welcomers and readers to be arranged):

Sunday 2nd January 11am Holy Communion

Sunday 9th January 11am Joint Covenant service with St John the Baptist at Shop Chapel
With Reverend Teresa

Sunday 16th January 11am Holy Communion

Sunday 23rd January 11am Morning Worship

Sunday 30th January 10am Benefice Holy Communion Service
at St James the Great, celebrating Candlemas

If anyone is unable to make their appointed date please arrange a replacement

Daily Morning Prayer: 9am Everyone welcome to drop in on any day
ZOOM: Meeting ID 818 0754 3068 Password 342 493 Telephone 02030512874 or 02030515237

Methodist Chapel

<u>Date</u>	<u>Preacher</u>	<u>Flowers</u>	<u>Coffee</u>
5 th December	Rev. Shirley Henderson	Brenda Dunstan	Debbie Dawber
12 th December	Mr. Barry Bryne	Joan Sillifant	Sue Joyner
19 th December	Carol Service Mr Andrew Pitt	Christmas	Roger & Brenda Dunstan
26 th December	NO SERVICE		
2 nd January	Covenant Service Rev. Neal Street	Debbie Dawber	Sandra Holmes
9 th January	Mrs. Ruth Bealing	Lorna Evans	Monica Heywood
16 th January	Mrs. Pat Knight	Sandra Jones	Ken & Lorna Evans
23 rd January	Mr. Barry Bryne	Joy Moore	Sue & John Brooks
30 th January	Mr. John Guy	Sylvia Hambley	Reg & Sylvia Hambley

FROM ST JAMES CHURCH

Dear friends,

Golly, it's the 'C' word!

Christmas is coming, very soon, to a place near you!



Christmas just has to be one of the very best times in the year. So much celebration; friends and family, food and festivities, and we want it to be so much better than the limited and muted merriments of 2020.

The excitement and anticipation, preparation and plans are all part of it, and at St James the Great we will be doing just that throughout December as we move through Advent.

We have already *planned* our services to celebrate the birth of Jesus. We have the four Sundays before Christmas when the Advent Wreath will be lit; there is the much-loved Christingle service on the 19th December at 4pm. The 9 Lessons and Carols with the Metric Band on Christmas Eve at 4pm, and of course Christmas Day Holy Communion at 11am.

Preparations will be made as the church is decorated, the Christmas tree arrives, the prayer tree is assembled and the Advent Wreath is prepared. The church remains open for you to come in and spend a while in God's presence as the busy

world continues around you. It's all part of the Light of the world dispelling the darkness all around us.

The Sunday services will help us *anticipate* as we consider the patriarchs of our faith (Abraham, Moses and the like), then the prophets (Isaiah et al who foresaw & proclaimed the coming of the Messiah), on the third week we are getting closer to the birth of Christ and think about John the Baptist who was born six months before Jesus and came with the specific message to get ready, because the coming King was very near, and finally we remember the angel Gabriel's visit to the Virgin Mary, telling her she was going to give birth to the Christ-child.

Finally we have the *excitement* of the birth of Jesus on Christmas day; God with us, Immanuel! And what an amazing thing to have happened. God, himself, in the form of his Son, dwelling amongst us, totally accessible, totally with us, totally understanding what it is to be human, totally loving us, totally meeting us where we are, totally meeting all our needs, totally answering all our prayers; God *with* us. I don't know about you, but I can't wait!

Wishing you the blessing of peace, joy, hope & love this Advent and Christmas season.

Reverend Teresa



FROM KILKHAMPTON CHRISTIAN FELLOWSHIP

Hi Folks, well this is a double whammy for December and January. I will start with December. A TV advert made reference to Christmas replacing it with "Giving Season". I'm sorry, but as a Christian, that got my back up. How dare anyone take the Christ out of Christmas! This season reminds us of the most monumental event in history, along with Christ's death; an event foretold and written down four hundred years before, and it has been calculated that it was a trillion to one of that event ever coming to pass. But it did! And we have the privilege and freedom to celebrate it. So don't let anyone take the Christ out of Christmas. Whatever the Christmas season will be for us this year, as with last year, plans may have to be set in jelly, but, as I always say to you "if you want to have the best Christmas ever, make Christmas the best ever for someone else!"

New Year! You get a varied response when you say New Year to people. Some are looking forward to a new start, leaving the old year behind. Others just want to get there, having survived Christmas. Others, desperate for things to be different, make resolutions that they will never keep and which are totally unrealistic.

You will think me really boring but I will see the New Year in the same as I always do. I will go to bed at the usual time and wake up, God willing, in 2022 as

it does not need any help from me to arrive!

So here are some of my resolutions for this coming year:

1. To be more compassionate
2. To be more empathetic
3. To be more generous in all ways
4. To think kindly, not judgementally
5. To love more
6. To value time, especially with others
7. To think less of me and more of others

So, come on, start making your list!

In these uncertain times, when planning anything seems so difficult, there is one thing that you can be certain of and that is that God is still on the throne and Jesus is still on his right hand interceding on our behalf. Covid 19 did not catch God off guard, nothing surprises him, never has and never will. God is the one constant that we have in this turmoil of a world that we all live in. So, whatever 2022 may bring "My hope is in the Lord who made heaven and earth". Where is your hope?

I wish you all a very Happy Christmas and a really blessed New Year.

Albert Sloman, Pastor albertsloman@outlook.com

Tel 01288 321073 7 Rosecott Park, EX23 9QG

St James Church Floodlighting Sponsors December 2021 and January 2022

BABB

Happy memories of you both, a dear Mum & Dad, Nan & Grandad.
We miss you so very much. I do wish you could see how the family has grown. Miss you such a lot
Ann, Brian, John, Beryl and all your family xxx

BABB

Special thoughts of our dear Sister Jo and her dear friend Sharon.
You are missed more than ever.
God Bless,
Ann and John xx
Thoughts at Christmas time of all family and friends no longer with us but always close in our memories. Ann and Brian, John & Beryl xx

RUTH BABB

Loving thoughts of our mum who passed away on 10th January 2001 and
your birthday January 20th.
We talk of you often and you still make us smile
Love all the family xxx

FANSON Gordon and Winnie

Remembering Gordy on his passing January 4th 1997 and Win on her birthday January 27th.
Love Ann, Brian John and Beryl xxx

JOYCE PADDON

Not sending cards this year but wishing all my family, neighbours and good friends a Merry Christmas and a happy, healthy and prosperous New Year 2022.
GREAT to have the Parish News back!!

PETE & JENNIE SIDDALLS

In belated celebration of our Golden Wedding anniversary from May 2021

CANN

Remembering son Andrew and husband Terry
and mother and father **ROSE** and **LES PIPER**.
From Rita and families xxx

CORNISH

Remembering our dear parents Reg and Sylvia Cornish
especially at Christmas time.
You are still missed, loved and remembered every day.
Love Stewart, Jean, Sheila, Paul, Annette and all the families. xx
Also remembering our dear **AUNT EDIE** at Christmas time xx

GEORGIE DeROSA

We can't believe it is 5 years since you left us.
It only seems like yesterday.
We will always love you Georgie, things are not the same without you.
Love you Mum, Dad, Maddy, Lydia-May, Emma, Jordan, Rich, Meg & Colby xx

Remembering with love, my husband **ARTHUR HARRIGAN**

who passed away 8th December 1995.

Miss you every day, Edith xx

ARTHUR JORDAN

Our dear dad on his birthday 6th January.

Always in our thoughts and hearts, loved and missed so very much by

Keith, Daughters, Sons, and Grandchildren.

Remembering with love **MADGE SPRY**, a wonderful loving Mum and Gran who passed away
on 18th December 2000.

Often on our lips and always in our thoughts,

Lyn, Dave and family.

PAMELA LE BAILLY

Remembering with love our Mother Pamela Le Bailly who fell asleep on December 22nd 2019

Always in our hearts.

Belinda, Cai, Toby and families.

MERRETT

Wishing Ann & Brian a Very Merry Christmas.

Thank you for all that you do for us, and the constant love and support you give.

Sam, Katy & Jack xxx

LAWRENCE & EVELYN CLEAVE

Remembered with love this Christmas time and always.

From Ingrid, Trevor, Nigel, Fiona and families

Church floodlighting sponsors: see information on page 3 of this newsletter

CHRISTINGLE-MAKING

ST JAMES CHURCH

Saturday 18th December

A chance to get together to
prepare our Christingles for
the special service on

Sunday 19th at 4pm.

If you can join us from 2pm on
Saturday in the Church your
help will be much appreciated.

All materials will be supplied.

ST JAMES CHURCH **CANDLEMAS LUNCH**

SUNDAY 30th JANUARY 2022

12.30 for 1pm

Grenville Rooms

ROAST BEEF LUNCH

WITH HOMEMADE PUDDINGS

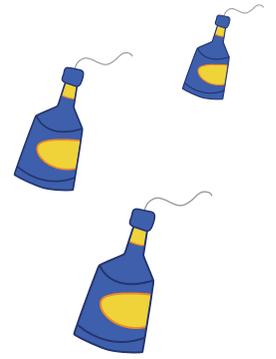
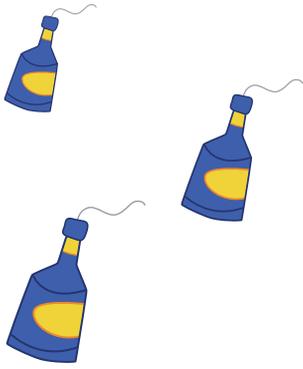
£12 per person

To book:

ring Joyce on 01288 321292

Please book early as numbers will
be limited





WHAT'S ON IN DECEMBER AND JANUARY

Below is a handy chart in date order of all events in Kilkhampton that are included in this newsletter, so you can make sure you don't miss out on anything that interests you! Regular meetings and events are included alongside Christmas-related activities.

Date	Time	Event	Venue	Find out more
Wednesday 1 December	2pm	Kilk Krafts - Christmas wreath-making	Methodise Chapel rooms	Page 9
Saturday 4 December	10.30am-12 noon	Coffee and cakes	Christian Fellowship	Page 11
Sunday 5 December	12 noon-3pm	Preschool Christmas Craft Fayre	Grenville Rooms	Page 10
Friday 10 December	7pm	Carols around the Christmas Tree, with Bude Metric Band and the Ukelele Band	Methodist Chapel	Page 9
Tuesday 14 December	7-9pm	Table tennis	Christian Fellowship	Page 10
Wednesday 15 December	2pm	Kilk Krafts - Christmas quiz	Methodist Chapel rooms	Page 9
Thursday 16 December	6.30pm	Preschool Carol Service	London Inn	Page 10
Friday 17 December	12.30pm	Community lunch	Christian Fellowship	Page 11
Saturday 18 December	2pm	Christingle-making	St James Church	Page 7
Sunday 19 December	11am	Carol service	Methodist Chapel	Page 10
Sunday 19 December	4pm	Christingle Service	St James Church	Page 4
Thursday 24 December	4pm	Lessons and Carols with Bude Metric Band	St James Church	Page 4
Tuesday 11 January	7-9pm	Table tennis	Christian Fellowship	Page 4
Wednesday 12 January	2pm	Kilk Krafts - Watercolours	Methodist Chapel rooms	Page 9
Wednesday 26 January	2pm	Kilk Krafts - Beetle drive	Methodist Chapel rooms	Page 9
Sunday 30 January	12.30 for 1pm	Candlemas Lunch	Grenville Rooms	Page 7

THE BIRTH OF KILK KRAFTS!

Joyce Davis and Lorna Gibbs invited people from Kilk and surrounding areas to a meeting in October to identify interest in setting up a new group based around crafts and friendships. The response was very positive – over 20 people attended the first meeting, many with bags bulging with craft ideas to discuss and share. Everyone shared information about their particular interests and skills, ideas were encouraged, and out of all the discussion, Kilk Krafts was born!

The group is planning fortnightly meetings on Wednesday afternoons in the Methodist chapel rooms. Joyce and Lorna facilitated the first meeting but we all agreed a formal committee wasn't needed, just volunteers to do the tea and biscuits each week, Lots of ideas were forthcoming, and from these a programme was decided for the next few months.

A second meeting was held early in November, where all who attended brought along examples of their work, from card-making and crochet to cross-stitch, quilting, painting and quilting – it was amazing to see some of the finished products, and lots of ideas and contacts were shared, including some 1:1 demonstrations and practices. Later in November, the group met to make Christmas cards and crackers, using the expertise within the group to help others.

The programme for future sessions will be in the Parish News each month - see the notice below for information about the December and January meetings. There is no official 'membership', anyone can attend a single session if they feel they are interested in the topic. The sessions are £2 per person to cover room costs and refreshments, plus for some sessions there may be a small additional charge for materials, depending on the topic.

Jill Rodgers

KILKHAMPTON PARISH
COUNCIL

CAROLS AROUND THE
CHRISTMAS TREE

KILKHAMPTON CHAPEL

10TH DECEMBER AT
7PM

MUSIC FROM
BUDE METRIC
BAND AND THE
UKELELE BAND

EVERYONE
WELCOME



KILK KRAFTS

Alternate Wednesdays 2 -
4.30pm

Methodist chapel rooms
£2 per session including
refreshments

(Some sessions will have small
additional costs for materials
used)

December 2021 and January
2022 activities:

1st December: Christmas
wreaths with Val Shadrick (£4)

15th December: Christmas
quiz and mince pies

12th January: Watercolours
with Lorna Gibbs and
Jan Dickerson

26th January: Beetle drive
Young and old,
all are welcome,
dip in and out as you wish!

Any questions, please contact
either Joyce on 01288 321292
or Lorna on 01288 321870

Answers to Uncle Eric's January anagrams

1	Mountain ash	5	Scots pine
2	English oak	4	Copper beech
3	Weeping willow	3	Weping willow
4		2	
5		1	
6	Laburnum	9	Eucalyptus
7	Indian bean	8	Giant redwood
8		7	
9		6	





CAROL SERVICE

Sunday 19th
December

11 am

at the Methodist
Church

Coffee / Tea and
Mince Pies

to follow

KILKHAMPTON CHRISTIAN FELLOWSHIP



14th December and

11th January

FROM 7-9pm

IT'S

TABLE TENNIS TUESDAY



A FUN WAY OF KEEPING FIT!

GRENVILLE ROOMS ANNUAL GENERAL MEETING

Our Annual General Meeting took place on Monday 18 October 2021 - no AGM being held last year.

All our Committee members were re-elected en-bloc – Chair: Reg Hambley, Vice Chair: Joyce Davis, Treasurer: Clive Vanstone, and Secretary: Marlene Vanstone.

C Vanstone gave a report in the absence of our Chairman.

Joan and Terry Sillifant have retired as our caretakers after 11 years and they were thanked for all their hard work looking after the Grenville Rooms for all that time. Welcome to our new caretakers, Alan and Tracey Hockin.

Due to the COVID situation, the Grenville Rooms have had very little use over the past 18 months or so. Things are getting a bit more back to normal and bookings are coming in again. Improvements to the rear entrance of the building have been made – the steps were unsafe and there is now better access in and out at the back of the hall. Various other matters were discussed re. maintenance and repairs. The rooms are in a good state of repair overall.

No increase has been made in our hire charges. Anyone wishing for information on bookings, cost etc should please contact our caretakers, Alan or Tracey on 01288 321710.

Thank you to everyone for your continued support of our very special village hall.

Marlene Vanstone, Secretary

PRESCHOOL NEWS AND FUNDRAISING

As part of our Big Build project for our new Preschool building, we are undertaking some fund raising events:

Preschool Christmas Craft Fayre

Sunday 5th December

Grenville Rooms

12pm to 3pm

A selection of stalls from local crafts people

Refreshments available

Free entry

We would appreciate donations of home baking for our Cake Stall

(Donations can be dropped off at the Grenville Rooms from 11am on the day)

Preschool Carol Service

Thursday 16th December

with Mr Luke Francis

From 6.30 pm at the London Inn

For more information, please contact

Helen Bond on 07836 229736

FRIENDS OF STRATTON HOSPITAL

(An extract from their August newsletter)

Hooray! There is to be a much-needed new X-ray machine at Stratton Hospital. The NHS is allowing the Friends of Stratton Hospital to donate £196,130.00 (the full price) to buy the essential and long awaited new equipment. All of which money comes from the many bequests and constant fund-raising efforts of our local inhabitants. The generosity and understanding of the local community has long kept Stratton Hospital open and functioning with contributions of equipment (even beds), refurbishments and added comforts for the staff/patients which the NHS has been unable to provide.

The League of Friends, supported entirely by you all, has a long list of help given by the Fund.

Thank you, everybody! And remember that Vigilance, like Charity, is always needed.



KILKHAMPTON
COFFEE &
CAKES

SATURDAY 4th December
10.30AM - 12.00 NOON at
CHRISTIAN FELLOWSHIP HALL

LOTS OF CHRISTMAS GOODIES
ON THE STALLS

A VERY WARM WELCOME TO ALL!

The charity this month is
Make a Wish

KILK COMMUNITY LUNCH

Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £6

ON

Friday 17th December and

Friday 28th January

At 12.30pm

AT

KILKHAMPTON CHRISTIAN FELLOWSHIP

Limited numbers so please book
to ensure a place
contact 01288 321073

transport could be arranged



POUGHILL BOWLING CLUB

At a bit of a loss?

Why not try short mat bowling?

Poughill Village Hall

Wednesday and Saturday evenings

6.45 meet, 7pm start,

break at 8 for a cuppa and chat,

finish at 9pm

Short mat bowling can be easy, challenging and good fun all at the same time. We're always looking for new players, but there's no obligation, just try it for fun, come along with a friend if you want. We'll provide the mats, lend you bowls and help you learn the ropes.

What have you got to lose??

For further details, phone Steve on
01288 354738



Recipe Corner

with Jay Wong



Gravy - Jus reduction

Christmas is all about good planning and preparation, as everyone knows. So this month I have given you a recipe for how to make the most amazing gravy!

Let's take it back to how sauces were made. I like to mix my bones for my stock, beef for a rich deep flavour and chicken to add body and glaze. Reductions are just that, taking the stock down by simmering till it naturally thickens.

Ingredients

7.5 kg of raw bones: 5 kg beef and 2.5 kg chicken carcass
 1 kg of peeled carrots
 1 medium leek
 3 large whole white onions
 1 small head of celery
 2 bay leaves
 5 black peppercorns
 1 litre of wine, a nice shiraz or full bodied red

Method

Preheat the oven to 180°C, GM4. Clean the bones in cold water, removing any bits of fat or skin. I like to wash the bones in salted water then throw the water away. Put your washed bones on a baking tray and roast them in the pre-heated oven until the bones colour. This may take 20 minutes or over an hour – check them every 15 minutes. Once browned, put the bones into a big stock pot and add water. The ratio should be roughly $\frac{2}{3}$ water and $\frac{1}{3}$ bones.

Next, prepare the vegetables. I like to keep these as whole as possible (including the head of celery). Add the vegetables, bay leaves and peppercorns to the stock pot and simmer. This is where a stock is made or ruined. It's important to never let it boil. You're looking for a dancing bubble on the surface, and as the fat and impurities rise, it's important to skim it off for the next hour. Your stock should start off milky in colour then gradually become clearer as it cooks and is skimmed.

Simmer your stock for 4 hours, then turn off and let the stock cool down naturally. Using a strainer with a fine mesh, strain the stock into a clean pan. A little sediment is fine. Add the wine and then heat this mixture up again. This time, it needs to boil to reduce. Try and achieve a slow boil, occasionally skimming the surface to remove any remaining fat and impurities.

As the stock reduces, it will become darker and the flavour will become richer. It is ready when it is thick enough to cling to the back of a spoon dipped into it, and it should taste really rich like Bovril.

Once you have your desired flavour and thickness, you need to decant it into your chosen storage containers. If you seal it inside a glass jar whilst it is still hot, it will keep for about two weeks. Alternatively you can chill it and store it in a bottle or jar for a few days, or pour the chilled liquid into ice cube trays to freeze. It can be used as it is for anything from roast dinners, steaks, stews etc, or you can add the frozen cubes of jus to your roast meat juices to make a rich gravy – perfect for your turkey!

Kilhampton Parish Council

Report of the regular meeting held on
1st November 2021

www.kilhampton-pc.gov.uk

Attendance Reg Hambley (RH), Keith Ovenden (KO), Tim Cottle (TC), Ian Heard (IH), Phil Sluggett (PS), Lee Bond (LB), Roland Nancekivell (RN), Shorne Tibley (ST), Vinnie James (VJ),.

Apologies: Clive Vanstone (CV).

Chairman: Vice Chairman Kingsley Bryant (KB).

Clerk: Hannah Collett

Good evening and welcome to all by Vice Chairman.

Welcome to Mr Simon Beesley from Bude Area Community Network Panel (CNP).

Minutes Approved by all and to be signed by the Vice Chairman at the end of the meeting.

Adopt Code of Conduct

Declaration of Interest ST for item 6 and KO for item 1 on the planning applications.

Public Speaking Session

The Vice Chairman handed over to Mr Beesley. Thanks from Mr Beesley who stated he is the Chairman of North Tamerton Council and volunteer Chairman of Bude Area CNP. Unfortunately Vice

(Continued on page 13)

Chairman, Mr Alan Whittle, was unable to attend this evening.

Mr Beesley mentioned they are trying to “re-invent” the Network Panel and how to work with Councils to have a better voice with Cornwall Council. Here to listen to any requests, concerns. Trying to encourage participation on the Network. Feels the more there are, the more we will be listened to. They want Cornwall NHS and Devon NHS to work together, get data together and referral numbers. Mr Beesley said he was unsure on what the future holds, due to delays because of overload. But totally understands where they are coming from when they say they are overloaded. At North Tamerton they sit on the border and can be sent to numerous different locations. PS mentioned it is also the case with Kilkhampton that you can be sent to numerous different locations.

Mr Beesley said they are also looking at the next meeting to how they can help fund or set up electric vehicle points in the Parishes. Not many electric vehicles in the areas, but do have visitors come with them.

Mr Beesley opened up to the Parish Council for questions. Stated our participation is vital and hold meetings quarterly. Need to have a representative from the Parish. ST mentioned that there are 3 elected Cornwall Council members that sit on the panel, but need at least one from the Parish Council. RN stated he is the representative for Kilkhampton. Has been difficult to communicate and needs to have the voice of the Council to put information over. RN prefers face to face meetings as cannot do virtual meetings. ST said Cornwall Council do hold face to face meetings. Virtual Teams meetings are not ideal.

Mr Beesley asked how we feel about Transport Vans, i.e. for trips to hospitals etc. He stated that they do have “pool” cars in some places. With Volunteers for people that need transport to Doctors or Hospitals etc.

RN referred back to the charging points for electric vehicles. Asked who would be financing them? Mr Beesley replied saying this is one area they need to look at and find out from Cornwall Council what funds are available and then split off to see who can help out and where.

Bude CNP have to meet and decide on priorities as to what is spent and where. RH said our issues here are Stratton Hospital and the Medical Centre – cannot get appointments. Mr Beesley said that at the moment the hospital is staying as daytime only at Stratton MIU. When you ring 111 you get transferred to Barnstaple etc. Stratton wasn’t appearing on their list of “closest” locations. LB said they are trying to close it. Haven’t got the bodies to staff them. Holsworthy closed last week.

Mr Beesley said that housing is an issue too. Even if people could work – where do they live? LB said we need to target tasks that we can win. Mr Beesley said they are looking at crematoriums and death in general – who is responsible for the cemeteries etc. Awareness is key at the moment.

There are 4-5 areas they have been dealing with lately, including Environment and Health. Feels people don’t come to meetings as they feel it’s not quite direct for areas outside of Bude for instance. LB said they need to be seen to be achieving and winning to get people interested.

Thanks to Mr Beesley for attending and welcome to stay for the remainder of the meeting. Thanks from Mr Beesley to the Council for allowing to attend and speak. Mr Stuart Neal here to listen to outcome of his planning application. Feels we are in need of more two bedroom properties in the village.

Planning Applications.

KO left the room.

1. PA21/08857 Proposal Extensions and alterations to dwelling together with conversion of garage to form annexe accommodation Location Pendeen Ivyleaf Hill Kilkhampton Bude Applicant Mr And Mrs Glenister. RH not seen this one. We know where the site is and is out of the way. Doesn’t see a problem. LB stated the footprint hasn’t changed. Vice Chairman had no issues. Just small annexe and visual change on the main dwelling. RH proposed and PS seconded. All in favour. KO back in the room.

2. PA21/09554 Proposal Proposed pair of semi detached dwellings Location Land North Of Beamish Penstowe Road Kilkhampton Bude Applicant Mr S Neal Grid Ref 225175 /11. Vice Chairman said this has come up before. Highways had no problems. Letter read out stating the village needs 2 bed dwellings. Parking has no issues with highways. All seen before, no bigger footprint. RH said in the first instance there was conflict with highways and an officer at the time felt not enough room to come out or parking – but now highways have no issues. RH proposed and RN seconded. All in favour.

3. PA21/09487 Proposal Reserved matters of appearance, landscaping, layout and scale following outline consent PA20/11378 dated 12.02.2021 for 5 dwellings Location Penstowe Manor Penstowe Park Kilkhampton Bude Applicant Mr W Stone Penstowe Manor Ltd. Had outline passed last year. This is the detailed plan. RH mentioned they now have extra spaces for parking area. Application already gone through for 5 dwellings. IH proposed and KO seconded. All in favour.

4. PA21/09920 Proposal Construction of five

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(Continued from page 13)

detached dwellings Location Ivyleaf Cottage, Camping Site Ivyleaf Hill Kilkhampton Bude Applicant Mr And Mrs Lockyer. Original application was for 3 nice-sized dwellings. Now cut the sizes and want 2 more dwellings. RH explained where the site was. Already got planning for new access to house that's lived in. They want to seal off the entrance on the corner and make the entrance a little further up. Reason is for ease of coming out when lorries are coming through etc. Pictures shown by RH. RH doesn't see any problem as it makes sense. RH proposed and PS seconded. All in favour.

5. PA21/10076 Proposal Listed Building Consent for Minor extension to The Tithe Barn (undesignated) to infill existing walled yard to create storage and shower room accommodation. Within the curtilage of the Grade II Listed Old Rectory. Location Tithe Barn The Old Rectory Kilkhampton Bude Applicant Mr P Constantine. Vice Chairman had looked at and the Courtyard is already there. Just making a wet room. Chairman has been and met Mr Constantine and has no issues, footprint already there. IH proposed and KO seconded. All in favour.

ST left the room.

6. PA21/10317 Proposal Single Storey Side Extension and First Floor Rear Extension Location The Old Mission Thurdon Bude Cornwall Applicant Mr & Mrs Robert Neden. RH has been to see the site. Knows the place very well. Is a big extension but with the area they have, doesn't feel any problems. Building and garden have been there for years. TC said this is an extension onto an extension that the previous owners had done. RH felt nothing there that we could disagree with. RH proposed to approve and VJ seconded. All in favour. ST back in the room.

Matters

1. Car park and Toilets: £149 taken. No other issues.

2. Lamb Park Development: RH said no meeting organised yet. LB had no further information either.

3. Meeting with Highways: RH and CV had met with Oliver Jones. Welcome to Kilkhampton sign to be moved to by the layby as long as it's one meter from the road. Chairman has spoken to Bunnyhomes and they are sorting (per RH). Manhole issue now has a date of 5th November for Contractors to sort. Oliver Jones had said the people they used originally, they had trouble with – he is chasing and checking. Bollards to be installed by Christian Fellowship and also another one further in. If these don't work, Oliver Jones is contemplating putting a rail, but wants to try these one more time. RH mentioned they also discussed the white lines from Stibb to A39.

Traffic coming from Sandymouth and going through Stibb to get to Bude discussed. A sign is to be done to direct traffic off accordingly. RH felt it was a

productive meeting and lots in the pipeline.

4. Carol Service: LB not had a chance to speak to the School regarding their plans. VJ doesn't feel they will be having anything as Covid cases are too high. RH said the trees are being delivered on 4th December. Do we hold on 17th? RN feels more support would be gained on a Friday. VJ said its workers day on that day and Pre-school have theirs on the Thursday 16th. Suggestion of the 10th made. To be held at the Chapel this year. RH asked if we speak to the London Inn regarding soup and rolls, as previous years. TC to sort. Clerk to ask Bude Town Band if available also.

5. Hilltop Animal Sanctuary: RH spoken to one of the planning officers and their reply was that we need to contact the same people we have done for the Forestry issues. Raise the issues with them.

IH said lady who lives there rang him. They bought the dwelling from the Charity and she is worried we are questioning the agricultural tie. She had said she was granted certificate of lawfulness. ST said the decision notice goes with the property. RH said there is a problem with the people living in the mobile home at the top. This has no permission on. The bungalow may have but this doesn't. IH said the two aren't linked. RH said you cannot put a mobile home in a field and live in it. We need to write to our contact as before. ST said they are short staffed on the enforcement officers. Clerk to forward details to ST to take on.

6. Other matters arising from the minutes: None.

Reports

Footpaths: PS mentioned Path 25 to Hudsland was a bronze footpath, so no priority. Doubts they will do anything. Application gone in on the path for extension WCA691 – definitive map modification order.

Path 27 at Aldercombe – no reply at all received.

RH said the Chairman has spoken to Bunnyhomes agent about the sign and went down there, talking that they may do something.

Junction 15 and 16 down to Cross Cottage. IH there today. Post there connecting to steps is the only thing holding, all the others are broken off. PS said had been told this would be dealt with by Cornwall Council. IH to try to make safe in meantime.

PS asked if he should email Cornwall Council to state Health and Safety issue and needs to be done. PS has also told them that the Parish Council cannot continue to repair all of their issues. Should be the Counties responsibility. ST asked outcome of meeting. Budes has put up a Private No Access sign.



(Continued on page 15)

The countryside in winter

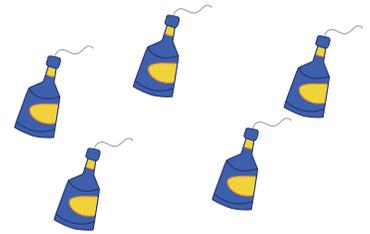
The wintry sun shines weak on land below, methinks it looks like snow
A cold wind whistles through the stark bare trees, it chills, this icy breeze
The land lies empty, whether flat or steep, no crops are yet to reap
In fields no sign of cattle nor of sheep, in barns they safely sleep
No birds are flying now, no creatures there, safe in their nest or lair

As daylight fades, dusk quickly turns to night, it is a sombre sight
The rising moon now sheds a welcome light, just like a lantern bright
It shines on villages, on streets below, it looms both large and low
Its rising casts long shadows, strong and stark, it brings both light and dark
Some black clouds gather, very large and low; just now it starts to snow.

It throws a silver blanket o'er the land, as by a magic hand
It covers roofs and trees and paths and walls, as silently it falls
A distant owl hoot echoes 'cross the grounds; a fox's cry now sounds
It sets some village dogs to bark and howl, it panics farmyard fowl
Then silence falls, all life has settled down, the lights go out in town

The moon sails silent through the wintry sky, another day is nigh
The sun is rising slowly in the East, the snow-filled night has ceased
The landscape sparkles in its golden glow, it glints upon the snow
For some it's fun, for most, work must be done, whether it's snow or sun
This weather cannot last, this icy dread; hurrah, Spring lies ahead!

Eric Latter



What am I? Chocolate log

- 12 Scented candles
- 11 Dried flowers
- 10 Winter garlands
- 9 Mock snow
- 8 Christmas tree
- 7 Angel chimes
- 6 Fairy lights
- 5 Poinsettia
- 4 Mistletoe
- 3 Paper chains
- 2 Tinsel strips
- 1 Holly wreath

Christmas anagrams

ANSWERS

(Continued from page 14)



Playing Fields and Lamb Park: No meeting yet.

School: LB mentioned that the school is continuing to suffer with Covid and are grateful for all the support they are receiving.

Grenville Rooms: RH mentioned that the boiler has got some issues. VJ said within an hour of resetting it had gone off again. RH said needs to be sorted and is in hand.

Months work: Read through and approved by all.

Members

TC, KO, PS, RN, LB, IH – Nothing

VJ – Had a Parishioner contact her regarding Aldercombe Lane and that it has lots of water running over the fields. Bunnyhomes did go down and dig some out. Have dug a well out. Concerns as it's so bad already. Vice Chairman said Bunnyhomes assured there wouldn't be any extra water flow. Whilst building there may be issues. RH said just explain we are in talks with Bunnyhomes. Vice Chairman did raise this possible issue with them when they came to the meeting. VJ also said Mr Watson said the money should be coming from these Bunnyhomes buildings. They need it now before the children arrive. RH said it is agreed on

the 106 – but we have no guarantee when the funds would come through. ST said he had tried to arrange meetings and they have been cancelled. Knows the situation with MIU – it's throughout the County. Do want to keep these. Did meet Oliver Jones and agreed there is a good relationship going on. If any issues please get in contact with ST.

RH – AS all know Mr Luke Francis has cleaned the monument. RH planted trough at Lower Square. Lots of weeds through the village that need tending to.

Vice Chairman said soldier needs moving outside Sunday/Monday. RH to sort with Chairman, IH and KO Monday 8th November.

Correspondence: Letter from Framework Protection for National Minorities available to view.

Finance: Read through by Chairman. Invoices to be paid: £63 Mr Gifford – Litterpick: £31.58 D & I Bridgmans - toilet supplies; £987.50 Archies Garden Services; £24 Acuiti Bullguard renewal; £29.97 R Hambley for Planting. Wreaths to be paid for. RH to speak to Godfrey at British Legion. All in favour to be paid.

Date of the next regular Parish Council meeting 6th December 2021, Grenville Rooms, 7.30pm start.

Thanks to all by Chairman and declared the meeting closed.



UNCLE ERIC'S PAGE



Poem for Christmas Day

The fairy lights are on the tree, the mistletoe hangs high
Decorations have been hung, Christmas Eve's gone by
The Christmas cards have all been sent, the presents neatly wrapped
The weather forecast has been good, barometer well tapped.

The Turkey has been roasted up, vegetables are ready
Mince pies are already sampled, (brandy makes them "heady"!)
Children unwrap many parcels, brought gifts by Santa Claus
The yule log crackles in the hearth, it's nice and warm indoors!

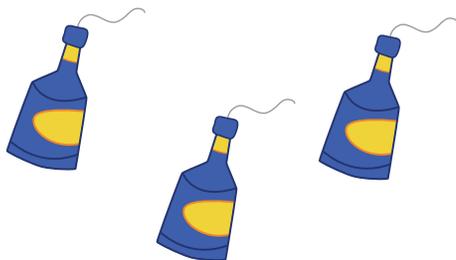
A festive time for all of us, a party time for some
A happy time for most of us, for years and years to come
But let us not forget the babe who in a manger lay
Jesus Christ, his birth on earth, we celebrate this day!

Eric Latter

What am I?

Something luxurious to eat, in two words

My first is in cooking and also in cream
The next is in nightmare but never in dream
The third is in gourmet and also gourmand
The fourth is in ocean but never in pond
The fifth is in opulent, never in rich
This is never in bacon, but is found in flich
The next is in sandwich and also in cake
The eighth is in tempting and also in take
The ninth is in eating and found too in fuel
The tenth, is in luxury, also in yule
The next is in orange and yellow, not fear
My last is in cogwheel and also in gear
My whole is enjoyed much at this time of year



See page 15 for answers to 'what am I' and the December anagrams, plus a bonus poem about winter from Eric!

The answers to the January anagrams can be found on page 9.

Can you solve these Christmas anagrams?

They are all Christmas decorations.

When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 HE THROW ALLY (5,6)
- 2 PRINTS STILES (6,6)
- 3 RANCH PIE SAP (5,6)
- 4 STOLE TIME
- 5 IAN TIES POT
- 6 LIT GRAY FISH (5,6)
- 7 CAMEL HINGES (5,6)
- 8 MET RACE SHIRTS (9,4)
- 9 MOWN SOCK (4,4)
- 10 NEAR WARD GLINTS (6,8)
- 11 WIRE FED LORDS (5,7)
- 12 DECENT CLASS DEN (7,7)

PARTY POPPERS:
The total number of party poppers in this edition is 94.
Did you find them all?

Anagrams for January (can you wait??)

They are all types of trees.
When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 A NATION HUMS (8-3)
- 2 LINK SEA HOG (7-3)
- 3 NOW WE WIPE GILL (7-6)
- 4 RECCE HOP BEP (6-5)
- 5 PEST COINS (5-4)
- 6 BUN MURAL
- 7 I BANNED IAN (6-4)
- 8 WIN GOOD TRADE (5-7)
- 9 LAY SUET CUP