



KILKHAMPTON PARISH NEWS

www.kilkhampton.news

October 2021

Welcome to our new look parish news!

It feels like we've been out of touch for far too long, but we're very pleased to be back! It was lovely to see how many people responded with a loud 'YES!' to bringing back the Parish News on our Facebook query, and thanks also to everyone who responded to our requests for help - it feels like a real village team effort to get this to your doors once again.

During lockdown, we took the opportunity to review everything, create a new look and a new website. We've also had a busy time with some of the team leaving the village and others roles changing a little. You can see full details of the changes inside. And I'd like to take this chance to say a big thank you to everyone who has helped us get back in print and all those previous team members who have decided for various reasons to step down from their roles, your help over the years has been much appreciated!

Don't worry though - despite the changes, you'll recognise many of the old favourites as usual! We welcome articles and posters relating to local news and events - if in doubt, just send it to me and I can let you know!

We hope you enjoy our 'refreshed' Parish News, and have a look at the list below to find out what's inside!

What to look out for in this issue:

Page 3 - new floodlighting submission arrangements

Page 7 - St James Church festival of remembrance notice

Page 7 - news and photographs of the landslide at Duckpool

Page 8 - Bude Aqueduct Trail article with photographs

Page 9 - a list of all the changes since our last issue in March 2020

Page 10 - notices plus an invitation to join Stratton Medical Centre's 'Patient Participation Group'

Page 12 - a recipe and introduction from our new resident chef

Page 15 - an opportunity to join a new group in the village

St James the Great, Kilkhampton

Priest-in-Charge:	Reverend Teresa Folland	01288 35259
Retired priest	Reverend Richard Ward-Smith Barn Farm, Kilkhampton EX23 9RH R.wardsmith@btinternet.com	01288 321991
Safeguarding Officer:	Mr. Kevin G. McGrath Frank's Folly, The Square, Kilkhampton EX23 9QQ	01288 321277
Churchwardens:	Mr. Kevin McGrath Mr. Luke Francis	As above 01288 321270
Lay-Chair of the PCC:	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE	01288 321292
Treasurer to the PCC:	Mr. Peter Hobbs Wrasford, Kilkhampton EX23 9RL	01288 321551
Secretary to the PCC:	Reverend Richard Ward-Smith	01288 321991
Organist	Mr. Luke Francis	As above
Bell Tower Captain:	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE	01288 321292
Flower Coordinator:	Mrs. Jeanette Norman Meadowside, Penstowe Road, Kilkhampton, EX23 9QT	01288 321404
Electoral Roll Officer:	Reverend Richard Ward-Smith	As above

Kilkhampton Methodist Chapel

Minister:	Reverend Neal Street	
Church Stewards:	Mr. Reg Hambley The Hill Park Centre, Kilkhampton EX23 9QQ Mr. John Brooks Killarney Park, Youlstone EX23 9PX Fiona Cleave Higher Pigsdon Farm, Launcells EX23 9LQ	01288 321340
Treasurer:	Mr. M. Metherell Stapleton, Whitecroft Way, Kilkhampton EX23 9RE	01288 321248
Room Bookings	Contact Reg Hambley on the above number	

Kilkhampton Parish News Editorial team

Chair: Barrie Rose barrierose22@btinternet.com 01288 321117

News editor: Jill Rodgers jill@kilkhampton.news

Parkers Court, Kilkhampton EX23 9QR 01288 321144 or 07747 006601

Advertising editor: Adam Lee adam@kilkhampton.news 07747 758704

Advertising manager: Martin Cross martin@kilkhampton.news 01288 321806 or
07484 147056

EDITORIAL



Hello everyone,

How lovely it is to be back! We've been living in such strange times, which are still continuing as we all know. For me, it's quite strange to think there has been a lot of normality for those who have worked throughout the pandemic, whereas for us retired old fogeys (speak for yourself I can hear already!), it has been much more isolating.

I can only speak personally, but I remember my naivety in thinking when the initial lockdown happened, we would be back to normal in a few months. That was despite watching all the coronavirus TV updates and the gloomy prophesies of the scientists. It was a time of fear for many and I remember a lot of people being angry about others who were perceived to be breaking the rules, so causing the virus to spread. That sense of accusation has sadly continued throughout, with everyone looking for someone to blame (again despite the scientists telling us the virus is here to stay and we need to learn to live with it).

My husband Mike and I went into virtual hibernation initially. Spring cleaning and vegetable growing abounded despite my non-green fingers. We had luckily bought a motorhome BEFORE the pandemic which meant we were able to go on holiday once we were 'allowed out', although nothing like the European trips we had been thinking about.

Camping seemed relatively normal as long as you were happy to cook for yourselves, which we were.

For me, the second lockdown was much worse, especially beginning so abruptly just before Christmas last year. Thank goodness for the vaccine which has at least allowed us to mix with others to a greater degree, but I for one still have lingering anxieties about voluntarily taking part in anything that involves large crowds.

So now we have the 'new normal' – whatever that means – self-isolating is a common phrase, countries are colour-coded to let us know what rules are attached to visiting them, face masks no longer seem a strange thing to wear (although still not nice), we've all increased our online skills in using zoom and other media to communicate, and numerous other changes fill our lives.

We're also still madly cleaning and using hand sanitisers despite the very strong evidence that the main virus spread is droplet infection (from breathing the same air). I was searching online the other day to see if I could find out whether catching the virus from surfaces is actually possible – all the studies suggest that although this was feared initially, it has been impossible to demonstrate outside a laboratory (whereas something like MRSA is very different and can spread this way) – but all the conclusions still ended with something like 'we consider it very unlikely, but we can't rule it out' – which to me seems a way of making sure they don't get taken to court years later!!

Enough! I hope all of you have found ways to keep your spirits up during this difficult time, and I sincerely hope that in the coming issues we can find more to talk about and we can move further towards the 'old normal'... which I quite liked...

Jill

ST JAMES CHURCH FLOODLIGHTING SPONSORSHIP

PLEASE NOTE NEW ARRANGEMENTS:

Please clearly write or type your notices for the church floodlighting page, put them in an envelope with the £5 fee, and give them in at the Spar by the 11th of each month.

If you have any queries, please contact Tracey Smith at kilkchurchlights@gmail.com
or phone her on 321432 or 07747 520459

Cheques should be made payable to 'KILKHAMPTON PCC'.

Please use the contact details on the opposite page to enquire about advertising (Martin), submit or amend your advert (Adam), or send in submissions for the editorial page (Jill). We are happy to be contacted in the first instance and we're happy to accept notices of events and news items. Adverts need to be submitted by 1st of the month for the following month, and editorial submissions by 12th of the month.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.

Kilkhampton Church Services

St James Church

Sunday 3rd October 11am Holy Communion followed by Harvest Lunch with Reverend Teresa

Welcomers: Rita and Maureen. Reader: Gillian: Genesis 2: 18-24.

Sunday 10th October 11am Morning Worship with Mark Sinden

Welcomers: Gillian and Margaret. Reader: Tony: Amos 5: 6,7 10-15.

Sunday 17^h October 11am Holy Communion with Reverend Teresa

Welcomers: Jennie and Joyce. Reader: Kevin: Isaiah 53: 4-end.

Sunday 24^h October 11am Morning Worship with Richard Painter

Welcomers: Rachel and Lynn. Reader: Maureen: Isaiah 55.

Sunday 31st October 10am Benefice Service at Launcells. No service at Kilkhampton

Sunday 7th November 11am Holy Communion with Reverend Teresa

Welcomers: Myra and Tracey. Reading: Rita: Jonah 3: 1-5 and 10.

If anyone is unable to make their appointed date please arrange a replacement

Daily Morning Prayer: 9am Everyone welcome to drop in on any day

ZOOM Meeting ID 818 0754 3068 Password 342 493 Telephone 02030512874 or 02030515237

Methodist Chapel

<u>Date</u>	<u>Preacher</u>	<u>Flowers</u>	<u>Coffee</u>
3 rd October	Mr. Barry Bryne	Brigitte Salt	Sandra Holmes
10 th October	Rev. Neal Street	Harvest Festival	Monica Heywood
17 th October	Mr. Paul Wreyford	Sue Joyner	Albert & Di Sloman
24 th October	Rev. Joy Wilson	Monica Heywood	Sue & John Brooks
31 st October	Mr. Clive Smale	Sue Brooks	Reg & Sylvia Hambley

Come ye thankful people come



Please join us at the Methodist church to celebrate Harvest Festival
Sunday 10th October at 11.00am with Rev. Neal Street
and Monday 11th October at 7.00pm
Followed by Harvest Supper and sale of produce

FROM ST JAMES CHURCH

Greetings!

It is so good to have Kilkhampton Parish News back in print; it is the most excellent source of information for all that is happening in our parish. This is also the first time that I have written for you as it has always been Rev Richard's role to share his considerable words of wisdom over the years. But now that he has retired for the second and final time, it seems entirely appropriate that I should take on his mantle as we all enter this new season of living with Covid-19. Of course, it has not gone. But we are emerging from lockdown and hoping not to return there again. And, as we move forward, we will live in such a way, where we care for one another in our community, re-establish our community links and keep one another safe.

That sounds like the second of the greatest commandments that Jesus taught us, to "love your neighbour". It has been heartening to see the way that everyone has looked out for one another, using social media as well as the good old-fashioned telephone, to keep in touch and to help with shopping, cooking, prescription collection etc for those who had to isolate at home. The good community spirit of Kilkhampton, has shown itself very clearly.

And St James has played its part too; sitting at the centre of the village, it stayed open as much as possible for private prayer, remained available for funerals (even when those were restricted to being outdoors), hosted the magnificent lighting of the

tower to honour the NHS, and as restrictions have eased, we have been delighted to re-open for public worship each Sunday. We have also had the privilege of officiating for a number of weddings – how delightful – and baptisms. And for the weekend of 25th July, we were able to bring the community together for the 'outdoor' flower festival on St James' day; thank you to all those involved. Perhaps one of the other most significant happenstance has been the forming of a choir, the story of which is a whole article in itself; but if you like singing then why not come along on a Friday evening at 6.30pm to join in with this bit of community?

Loving your neighbour, being good community, is at the heart of Jesus' teaching. To love one another, even as you are loved by God, is our purpose and calling. In the bible John 3.16 tells us "For this is how much God loved the world – he gave his one and only, unique Son as a *gift*. So now everyone who believes in him will never perish but experience everlasting life. That promise is ongoing for all of us today.

So, well done Kilkhampton for loving your neighbour, but this is just the beginning. Over the months ahead, let us examine ourselves, to see how much more we can express that great commandment.

Yours in Christ,

(Rev) Teresa

FROM KILKHAMPTON CHRISTIAN FELLOWSHIP

Hi everyone, I'm back! I know you have missed me! Who said (like a headache)? It seems ages since I wrote an article for the parish magazine. Just think, when I wrote the last one, if you went into a shop wearing a mask they would have thought you were going to rob the place and now we don't go in without one. It's normal! Our new normal.

Well, during lockdown I did more cooking. I can now make a mean Chicken and Chorizo risotto and a pretty good breaded cod and chips. And no, I am not inviting you all round for tea! You either look for the positives in a difficult situation or the situation will control you.

Proverbs 3:5 says "Trust in the Lord with all your heart and lean not on your own understanding." We were never supposed to understand everything,

because if we did, we would never trust God for anything. We don't know how long we are going to live but I trust God with that, however long or short it is. I don't know if I'm going to be ill; I have to trust God with that. I don't know what is going to happen tomorrow; I have to trust God with that. Trusting God with what you don't understand is a large part of your Christian walk. All I know is that He can be trusted, He is totally trustworthy. So, don't stress with what you don't understand. Learn to trust God with it because it takes the stress out of life.

Every blessing to you all.

Albert Sloman, Pastor

Tel 01288 321073 albertsloman@outlook.com

7 Rosecott Park, EX23 9QG

St James Church Floodlighting Sponsors October 2021

The entries this month are all contributors who had paid in advance then, due to Covid-19 and the lockdowns, were not able to have their entries published in the months requested.

BABB

Thinking as always at this time of our dear sister Joanne
and precious friend Sharon taken from us May 4th 1991.

We will never forget you both.

Love always

Ann, Bry, John, Beryl and all family xxxx

LEWIS AND RUTH BABB

Remembering our dear dad and mum on your wedding anniversary May 14th
with love from all your family xxxx

Also many happy memories of our Aunty Marion still missed very much. xx

SYLVIA CORNISH

Remembering with much love Sylvia Cornish who passed away on 29th May 2007.

A wonderful Mum, Nan and Great Nan, always in our thoughts.

Stewart, Jean, Sheila, Paul, Annette and all the family. xxx

REG CORNISH

Remembering our Dad and Granddad Reg Cornish
on his birthday the 15th June, and who passed away
on the 17th June 1990. (31 years ago this year 2021)

And remember him with love on Father's Day.

Always in our thoughts

Stewart, Jean, Sheila, Paul, Annette and all the family xxxx

Remembering with love, my husband **ARTHUR HARRIGAN**
who passed away 8th December 1995.

Miss you every day, Edith xx

ARTHUR JORDAN

Our dear dad on his birthday 6th January.

Always in our thoughts and hearts, loved and missed so very much by
Keith, Daughters, Sons, and Grandchildren.

KATHLEEN JORDAN

Our dear mum on her birthday 20th August. Always in our thoughts and hearts,

Loved and missed so very much

Keith, daughters, sons and grandchildren

Our dear brother **NIGEL JORDAN** on his birthday 3rd July.

Always in our thoughts and hearts.

Loved and missed so very much.

Keith, Brothers, Sisters, Nephews and Nieces

Remembering with love **MADGE SPRY**, a wonderful loving Mum and Gran
who passed away on 18th December 2000.

Often on our lips and always in our thoughts,

Lyn, Dave and family.

WILLIAM (BILL) AND ANN ELLEN TREWIN

In loving memory of William 'Bill' Trewin who passed away on 13 December 1997
and his wife Ann Ellen, who passed away on 20 January 1999.

Ian and Zeina

Church floodlighting sponsors: see information on page 3 of this newsletter

DUCKPOOL LANDSLIDE

Large chunks of cliff have tumbled onto the beach on the Kilkhampston side. The back of the beach has changed hugely and revealed amazing volcanic contortions of a bygone era. A local informant says the slides began in February 2021. On Monday 10th May a larger slide began under the highest point of the cliff. By Wednesday afternoon I witnessed the continuing rock falls - large blocks were tumbling like Barnes Wallis bombs in "Dam Busters", creating a heap some 30 metres high.

The land there belongs to the National Trust, and the Coast Path is threatened. The excessively wet winter followed by an unusually dry spring must have affected the stability of the rock. Since then the shore and the beach have changed; I have never seen such at Duckpool in over 70 years.

From R. Mike Heard.



ROYAL BRITISH LEGION
RL INVITE YOU TO
KILKHAMPTON
***Festival
of
Remembrance***
St. James Church
KILKHAMPTON
Saturday 6th November 2021
2.30pm & 7.00pm
Tickets £10
On sale from 6th September 2021
at Gilbert & Vanstone, Kilkhampston
Tel: 01288 321418



KILKHAMPTON CHRISTIAN FELLOWSHIP
12th October
FROM 7-9pm
IT'S
TABLE TENNIS TUESDAY
A FUN WAY OF KEEPING FIT!



The Bude Aqueduct Trail

The Bude Canal Trust is a small, local charity that owns and maintains the Bude Aqueduct, a five-mile long stretch of the old feeder canal that runs from Lower Tamar Lake down to the River Tamar. The canal is accessible from several points and a well-maintained path that is open to the public runs the full length of the canal. The charity's aims are to retain the historic interest of the old canal while managing what has become an important wildlife area. The trust is the major single landowner of the canal, and exists to retain and enhance the historic interest of its length and to manage it appropriately for its wildlife importance and low-key recreation potential.



Above: start of week

The Bude Canal is of considerable historic interest, featuring some of the most unusual and ingenious engineering of the canal-building era in the 19th century. The Aqueduct Branch of the system, which is the length in the ownership of the Bude Canal Trust, was the original feeder arm for the whole canal system, although it was later also used as part of the general canal network.

With fewer than 50 members, the trust is heavily dependent on a handful of volunteers, most of whom are now in their 70s. Every Wednesday an intrepid party of volunteers ventures out to cut back the brush that encroaches on the path, cut back trees that have fallen across the path, and keep the dry canal bed free of obstructions.

There is always plenty to keep us busy and the more helpers we have the better. Most of the work is clearing and burning the cut material.



Above: light clearing done

We are generally there between 10am and until we get too tired, which is usually about 4pm. If you have a few hours free on Wednesdays then join the BCT, or if you do not want to join, just come along and get some fresh air, exercise, and comradeship with like-minded volunteers. If you would like to join us on a regular basis, or just for the occasional day, call Mike Degnan on 01288 354162.

By joining the Trust you will be helping to maintain an important recreational, historical, and natural wildlife asset. The Bude Canal has a history spanning some 190 years. Although never the centre of an area of intense activity, it does have a history as rich as many other canals. This historical thread continues to the present day, despite the canal no longer operating as a working waterway. The range of its uses and the heritage engineering features within it mean that its history continues to unfold and fascinate.

(Continued on page 9)



Above: tree root removal from wall

(Continued from page 8)

For just £15 per year, or Life Membership for £180, you can be part of an organisation that is making a difference.

Although the canal aqueduct is primarily an historic item it is also important as an area that is looked after for its wildlife interest as well. The fact that it passes through two of the Devon Wildlife Trust's nature reserves (Dunsdon and Vealand) indicates the kind of value there is in the area. The reserves are based on the culm grassland and much of the wildlife associated with it may be seen along the towpath.

The tranquility of the path and the rural scenery with the wildlife and flowers make for an enjoyable walk. Several leaflets are available which describe the towpath walk and the history, as well as other nearby canal-related walks. Brochures are available free from the Holsworthy Visitor Centre or the Tamar Lake Café at Upper Tamar Lake.

Learn more about the trust on the website at www.bude-canal-trust.co.uk or search for "Bude Canal Trust" on Facebook, or send us an e-mail at enquiries@bude-canal-trust.co.uk

Steve Church, Chair

KILKHAMPTON PARISH NEWS - WHAT'S NEW

Here's a list of changes we made during lockdown:

WEBSITE

We built a new website which is www.kilkhampton.news and launched this with the new logo. But don't worry if you forget and go to www.kilkhampton.net – you will be automatically redirected! Many thanks to Adam Spry for the many years he hosted the old website, and to Adam Lee (our advertising editor) who set up the new one. Over time, we hope to expand what is offered on the website, including developing a directory of advertisers.

EMAIL ADDRESSES

Along with the website, the email addresses of our editorial team have changed – see page 2 for the full list. All official Parish news emails are now our first names plus the ending 'kilkhampton.news'.

STRUCTURE OF THE PARISH NEWS

Alterations to the structure of the parish news: you will now find the listings for all the village churches on pages 4 and 5, overflowing to page 7 when needed. This includes all church services, words from ministers and church events.

FLOODLIGHTING ENTRIES

As the person collecting the information for the floodlighting has changed, so we have changed the way you submit your notices - full details are on page 3.

OTHER CHANGES

There are also some other changes you will see – different people taking up different roles in our team, plus the ones you don't see in terms of collating, stapling and delivering the newsletter.

AND...

Finally I'm very pleased to say, the one thing that HASN'T changed is Uncle Eric's contribution – you'll find his usual poem and puzzles on page 16.

Enjoy!



KILKHAMPTON
COFFEE &
CAKES

SATURDAY 2nd Oct
10.30AM - 12.00 NOON at
METHODIST CHURCH HALL
(if the weather is fine, if not then we
will be at the Christian Fellowship)

A VERY WARM WELCOME TO ALL!

The charity this month is
 Oriol Ministries

KILK COMMUNITY LUNCH
 Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £6
 ON
Friday 29th October
At 12.30pm
 AT
KILKHAMPTON CHRISTIAN FELLOWSHIP

Limited numbers so please book
 to ensure a place
 contact 01288 321073
 transport could be arranged

Stratton Medical Centre
Patient Participation Group

The Patient Participation Group (PPG) is a group of patients/carers who are broadly representative of those registered at Stratton Medical Centre (SMC). The current members are looking to expand the membership in order to increase collaboration with and support for the healthcare team at the practice as the coronavirus pandemic eases. We meet quarterly to discuss current issues and occasionally participate in data collection for the Practice, assist in study days or volunteer at vaccination clinics. No specific skills are required apart from a desire to support our local healthcare services, the patients who access them and the team which delivers its care. If you are interested in joining the SMC PPG, please contact me on my email given below and I will respond as soon as possible. (Please note, all PPG members have to be registered as a patient or carer with Stratton Medical Practice.)

rosemary.ppg@gmail.com

COFFEE, CAKES & CRAFTS

Bradworthy Memorial Hall
The Square, Bradworthy, EX22 7SZ
Saturday, 30th October 2021
 9.30am - 1.00pm

It's been a while so please come and catch up with us over a nice hot cuppa and some scrumptious homemade cakes and bakes.

With various artisan craft stalls to browse through and our own cards and calendars to choose from, you can prepare for a super Christmas 2021 - especially if you buy the winning raffle ticket for our prize hamper!

We hope you can join us!

Free Entry
but donations gratefully accepted at the door on behalf of Holsworthy & Bideford District Cats Protection
Exhibitor fee £5 per table
please call 01288 321461 to book a place or for further information


 Registered Charity 203644 (England and Wales SC037711 (Scotland))

Offa's Dyke

Shropshire

On the Dyke just north of Clun
Where Offa's path falls steeply down
We found them
Just above the starting shadow
Of the secret valley.

There were seven bodies
Cobweb-laced and jewelled
By shining, diamond drops.
Seven corpses, crucified
On the wire beside the path.

She stooped to look, the child
And having seen the seven spears
Of wire
Barb-bloodied,
Spiked so carefully in the under jaws
Of seven satin throats,
She turned to us and drew back her lips
In disbelief.

Together, we went to look.
Four mourners
Standing side by side in silence
Behind our thoughts and gently curling breath
The shoulders of the nudging hills
Pushed closer.

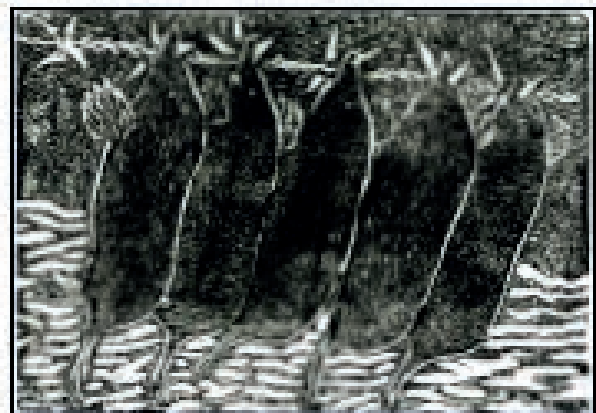
There was some ancient magic in this act
Unknown I guess, unaware,
By the setter of the scissor traps,
His only care to boast, to advertise to walkers
On the path
His art,
His skill with Death.

Magic nonetheless,
And the gathering of dark
Drawn by the symmetry of those deaths
Came stalking from the mounds and barrows,
The dykes and forts of the borderland hills
Just enough
To make us shudder in the morning sun.

Despite an anger at the senseless act,
The hanging, not the traps,
We also sensed a triumph at the scene,
A mocking gesture
From their flat, clawed feet outstretched
And pointing across the fields below,
Strewn with molehills newly thrown
Before the rising of that day.

NATURE TABLE

OCTOBER 2021



Linocut

I.M.

This blank verse was written quite a few years back, 1984 in fact. We were hiking the 200 miles from the North coast of Wales from Prestatyn to the Severn Bridge near Chepstow with our two children. The Offas Dyke Path is very beautiful around Clun and Knighton but the gibbet cast a dark spell over the day!



Kilk SPAR leads the way !!

We were slow to catch on but we now use the fantastic service offered by Adie and Michelle in their store. Do you know how many milk cartons are made and then thrown away every day in the UK? 35 Million. Worse, 44% of those, that's 16 million, are just put into domestic waste bags and either incinerated or sent to landfill. You can buy as many 1L BOTTLES as you need at £1 each, when empty wash and refill in shop when required. Not convenient? What price our planet? No plastic. No waste. No brainer. Kilk's population is roughly 1500. How much milk do we drink a day? How many plastic bottles do we chuck every day? If you care, this is one for you.



Recipe Corner

with Jay Wong

Autumn venison, red wine cabbage, chestnuts and creamy potatoes

Serves 4

Autumn is a wonderful season for something warming, with rich colours and flavours. One of my favourite months, as foraging and allotments are bursting with fresh produce. This is a classic dish that I used to cook at Woburn - a favourite of the Duke and Duchess.

INGREDIENTS

400g venison loin
1 bay leaf
2 juniper berries
Olive oil
130g butter
1 red cabbage, core removed, finely sliced and washed
1 tbsp brown sugar
Red wine
5 large potatoes, peeled and thinly sliced
200g cooked chestnuts, crushed
250ml single cream
60g soft cheese or cheddar (optional)
350ml jus or gravy
15 blackberries
Salt and freshly ground black pepper

METHOD

Start by marinating your venison for 1 hour with the bay leaf, crushed juniper berries, a little olive oil and pepper. Don't use any salt at this stage.

Heat oven to 170°C fan, GM3. Heat 50g of the butter, lightly fry the cabbage, add the brown sugar, some salt and enough red wine to just cover the amount of cabbage you have. Cook until all the liquid is gone and your cabbage looks glossy, almost a dark jam-looking nest.

Put the sliced potatoes in a pan with the cream, chestnuts, a little water, salt and pepper. Peel and slice thin. In a pot, add your cream, chestnuts, 50g butter, and cheese if wished.

Bring to the boil and reduce. Slow cook till the potatoes are soft and creamy. Cool this down and put into a baking tray lined with greaseproof paper and oven cook for about 25 minutes until set and golden.

Heat a frying pan till nice and hot, add your venison without oil or seasoning, and turn it down to half heat. needed. Pan-fry your venison, nice and hot pan, again no salt. Cook for around 3 minutes each side – you're looking for the venison to feel springy and firm. Remove from the pan and cover to let rest. Venison is best pink and rested.

Keeping the pan from the venison, glaze it down with the stock or jus, a little red wine and about 6 blackberries. Let it simmer on a high heat till you get a sauce consistency. Turn off the heat, add the remaining 30g butter and whisk till the butter melts through. It should taste rich and sweet.

To plate up, take your cooked potatoes out of the baking tray and cut them into triangles. You should see lovely layers. Put a triangle of potatoes on each plate, then put your warm cabbage as a bed for the venison. Slice your rested venison thinly at an angle, lay this on top of your cabbage and then garnish the plate with a few halved blackberries. Give your sauce a final warm and pour over. Enjoy!

About the Chef

Jay spent much of his time travelling for his food passion, beginning his cooking career in Asia before heading to Australia, where he completed his second stage of his training in modern fusion cookery. He soon realised his love for classical cookery after finding a copy of LaRousse in a second hand bookshop, a first edition. With so many questions and ingredients he had never been exposed to, he decided to head home to Brunei to save up for a European tour. Once home, he became chef to a private family at their polo club, and their family travels led to him bringing home many different ingredients and dishes. This then led to Jason working for them at The Dorchester Hotel in the UK plus launching numerous restaurants at the 7-star Empire Hotel.

Following this, he worked in the UK at Le Gavroche under Micheal Roux Jr, moving on to work for Bernard Loddo at La Racasse, The Duke and Duchess of Bedford at Woburn Abbey and finally for Phillipe Le Roux at The Villandry.

He now does home cooking lessons in Cornwall and private home caterings. He enjoys fishing and beaches, and can often be found on Sandymouth or Northcott beaches or working in our local Moore's butchers.

Kilkhampton Parish Council
Report of the regular meetings held on
6th September 2021
www.kilkhampton-pc.gov.uk

Attendance Kingsley Bryant (KB), Reg Hambley (RH), Keith Ovenden (KO), Tim Cottle (TC), Ian Heard (IH), Phil Sluggett (PS), Lee Bond (LB), Vinnie James (VJ), Shorne Tibley (ST).

Apologies: Roland Nancekivell (RN)

Chairman: Clive Vanstone (CV)

Clerk: Hannah Collett

Good evening and welcome to all by Chairman. Welcome to Ms Hayley Wray and Mr Will Morris from Bunnyhomes.

Minutes Approved by all and to be signed by Chairman at the end of the meeting.

Adopt Code of Conduct

Declaration of Interest Chairman mentioned the planning applications on this evening's agenda. Chairman declared interest in PA21/08177 and PA21/07682.

Public Speaking Session

Ms Hayley Wray and Mr Will Morris from Bunnyhomes to talk about their application. Drawings and information given out for all to view. The scheme has full planning granted, but Bunnyhomes want to replace the house types with the kind they build. Initially a rental company, they now build homes, have a Cornish developer based in Bodmin and have been working for 5-6 years already. They build family houses with attention to detail and build slightly larger than the average company. They aim to deliver 200-250 houses a year across Cornwall. They acquired the Kilkhampton site with full planning permission already in place, are planning small alterations but would like to know any concerns or issues the Parish Council may have.

The drawings showed the changes: No increase in the number of floors, garages moved further back to provide extra off-street parking, some garages have a garden room added on the back.

he facilities, play areas and footpaths are all still there in the same place and how they had been designed originally. The houses are quite a traditional design, block built, slightly larger than the average build.

The attenuation pond had been drawn incorrectly and couldn't attenuate the surface water effectively, so they have changed this to accommodate the issues.

On site, a sign has been erected and hedge trimming has begun. The planning application ends in November so that have needed to make a start to avoid this.

KB felt nice designs with the garages pushed back to enable extra parking. KB mentioned how wet Aldercombe Lane is and asked if they saw a lot of water coming off site, a huge concern for villagers.

Mr Morris stated they have to release exactly the same amount of water at the same rate, it's more about how the issues are dealt with.

KB stated the access onto Aldercome Lane is currently maintained by the residents, who are concerned about the increase in footfall past their homes on this bridle path.

VJ arrived.

Mr Morris felt the vast majority will be OK, as he has had similar issues at his own home.

Mr Morris wondered if the Welcome to Kilkhampton sign could be moved slightly further up? Chairman and RH didn't feel this would be an issue. Mr Morris was just mindful of the visibility. It was also agreed that a Cornish stone wall was preferred by all.

Mr Morris explained that the mix of affordable housing is exactly the same as the 106 agreement, binding everything together. There are 10 affordable houses, a couple of 1 bed homes and 2 and 3 bed homes. Mr Morris felt the majority of purchases tend to come within a couple of miles. ST stated he would be making sure the 106 agreement is upheld as it hadn't happened on other sites. Mr Morris assured the Parish Council that the affordable homes will be sold to the correct company. The 106 agreement has got other financial obligations to education and highways. There is a payment schedule in place at the moment, which they would like to adjust slightly in terms of payment dates and percentages. They will still be paying the full amount. ST felt they should let everyone know about the 106 agreement, for their benefit. LB mentioned it will be important to a lot of people in the village. The school is currently full.

TC asked if they know the prices they will be selling for yet? Mr Morris explained that it is a two year build. Affordable homes will be based on the 106 restrictions. TC pointed out that our last 106 agreement did not get adhered to and no local people managed to secure a home. Mr Morris stated he had spent 5-6 years on the affordable housing team and felt from their perspective, any lettings or sales go through the Councils policies and housing association and therefore adhering to the 106 agreement. Bunnyhomes prefers to deal with housing association companies because this is their job and will adhere to the regulations. The scale is banded. PS and VJ pointed out a cases previously when it hadn't worked. Mr Morris said even though we sell to a company they must follow the rules. It's quite normal for a lot of people to be in the same band.

Mr Morris said that ST can ask to be kept informed. ST stated he will be keeping in touch with the Portfolio Developer for Housing. Mr Morris is also more than happy to keep a dialogue with the Parish Council. They want to leave these processes to the professionals in their field. ST wants to make sure everyone works together.

(Continued on page 14)

(Continued from page 13)

KO asked if they would be making sure they are not sold to second home owners? Mr Morris stated this was not an option of theirs. They had used it on another site though and they hadn't had any issues. Anything they are bound with on the 106 agreement, they will adhere to. ST stated at present we can't do anything about this.

Ms Wray asked if we had a Parish Plan in place? Chairman gave overview of how we have looked into on numerous occasions and at present just can't have it set in place.

Mr Morris felt if ST had the ability to view the whole process this would be good. By all means if the Parish Council have any issues or anything at all to please contact them. RH reiterated and said this is both ways, all lines of communication to be kept open and work together for all questions or concerns. Chairman said thanks to both Mr Morris and Ms Wray for attending the meeting and to keep in contact as and when required. Not a lot more to discuss and ST to keep the dialog open. One point ST made, as Vice Chairman of Cornwall Planning, was that he felt the Neighbourhood Plan would be a very strong tool when arguing our cases.

Chairman mentioned that we had hoped it would, however in the past, every time we had come up against someone we would lose. If challenged, you then have to find someone to challenge for you. It's a horrendous amount of time for someone to look after it for us.

Planning Applications.

1. PA21/07072 Proposal Extension to agricultural shed Location Lakeside Thurdon Bude Cornwall Applicant Mr & Mrs Hurford. Chairman had said they wanted to build a shed this large previously, then had to apply for smaller one. This extension now makes it the original size requested. Not encroaching on any buildings. RH can't see we can stop it going through. RH proposed and KB seconded. All in favour.

2. PA21/08177 Proposal Outline application with all matters reserved: Construction of dwelling Location Land North Of Golden Park Kilkhampton Bude Cornwall Applicant Mrs Karen Allin. Chairman left the building.

Vice Chairman took over the meeting. Everyone had paperwork for this. Looks like Mrs Allin wants to gain access across Hillpark Lane. RH said in 2018 it was applied for previously. The original plan allowed them to come out in between. We can all see where Mrs Allin wants to come out now. RH read through the previous applications reports from Forestry, Landscaping and Access. RH said there was a chalet which was to be taken down to form the access out. Now the boundary line in beyond this chalet and they want to come out via a hedge onto a private road. The Vice Chairman felt the turning area was not large enough. RH felt we, as a Parish Council, can't determine on this application where

they want to come out, that's up to the other home owner. RH felt we should state that we agree with the previous application but not on this one where they are keeping the chalet and new access requested. IH moved and LB seconded. All in favour.

3. PA21/07682 Proposal Reserved Matters application following Outline approval PA17/06153 dated 30th August 2018 for 25no. dwellings including appearance landscaping, layout and scale Location Land East Of Rosecott Park Rosecott Park Kilkhampton Bude Applicant Mr M Vanstone. Vice Chairman felt this had already been outlined and approved. Same amount of houses. RH proposed and PS seconded. All in favour.

Chairman back in the room.

Matters

1. Car park and Toilets: £267.70 taken. TC said M V Plant had been and re done the drains. Wallgate had also fixed the issues.

2. Lamb Park Development: Chairman said we had heard nothing further. LB to mention to Mrs Bond to chase. Chairman mentioned meeting to be held this month. Letter received from Ms Bunning and Mrs Moyle regarding playground equipment. Clerk to reply accordingly. To be dealt with by Lamb Park Trust.

3. Parish Magazine: The Parish Magazine were asking if we would like begin giving our monthly report contributing again. Clerk to reply to say yes, in the same format as before and delighted they are up and running again.

4. Parking in the Village: Mr P Westlake had mentioned to KB that there was another bollard down at the Co-op. Parking in the village had been so bad that it wasn't even possible to walk on the pavement at one point, due to a vehicle parked on there. VJ asked if it was possible to put railings up on the pavement? RH said others are saying, if vehicles are parked in certain places, there are visibility problems. IH had issues with a sports car on the pavement and a hazard. Clerk to email Oliver Jones and request another meeting in the village to go round and discuss issues. ST would like to come to this meeting also. Chairman mentioned the manhole issue still an outstanding concern and clerk to chase once again. KO stated the junction on the Stibb road where it meets the A39, the road marking are so faint people are not stopping and coming straight out onto the A39. Clerk to email Oliver on this point also.

5. Other matters arising from the minutes: None

Reports

Footpaths: PS mentioned that IH and himself had looked at the obstruction at Broxwater – stiles are broken and the hedge is totally grown in. Unable to get in to sort. IH said it has been shut off for approximately 20 years. PS said path 26 is on our schedule. Runs to Tamar Lake. PS to try and email his contact to see what they say about it first. PS has

(Continued on page 15)

(Continued from page 14)

laid the groundwork with them on previous paths and will ask for their best approach.

IH mentioned Ivyleaf had issue down there, should he level it? Mr Phil Stanbury called and stated footpath defined over Ivyleaf – originally was all one farm and now someone wants it to be opened up as a footpath and requested a modification order to make sure the path ends meet the main road. Chairman felt they will success in getting this permitted. RH said it's out of our hands as to whether it gets granted or not. ST will check his emails and forward anything relevant to the Clerk. Playing Fields and Lamb Park: Meeting to be held. TC mentioned skip was there and getting rid of rubbish etc.

School: LB stated inset days today and tomorrow. Back to school Wednesday. Work also happening with the old pre-school.

Grenville Rooms: RH informed that M V Plant had completed the steps at the back and having the lighting sorted. Windows done and door lowered at back.

Months work Read through and approved by all.

Members

TC, IH and RH: nothing.

KO – Not replaced the shelter ceiling yet – have got timber already though, so all in hand. New screws in place on rocking horse as they had gone missing. KB to check the invoice with regard to the stain for the new seat.

PS – concerned on the grass verge just up from Stibb road by Penstowe sign. Really drenched. PS felt there was a water main there as well as the well. RH said this was on Oliver Jones' list of works – will mention again.

ST – had parishioners mention traffic, parking and a request for pedestrian crossing in the village. Stratton MIU are coming up for October meeting. If hear anything will update the Clerk. ST also mentioned community chest grant available. Anyone relevant to contact him asap. LB to ask Mrs Bond to contact ST directly.

VJ – Defibrillator we talked about. Had spoken to JaysAIM who had suggested we do lots of research before just purchasing from them. VJ found out that if you purchase one of the £1200 ones – these are only yours for 3 years. You don't own it outright and still have to pay to maintain. JaysAIM have one for £1500 which would be owned by the Parish and just the maintenance to be dealt with each year. No pressure was put on the Parish Council at all from them, just wanted us to have all the information to hand before making a decision. VJ feels initially we need to get one of them in place at least. Lack of places though, due to electrical connection requirement. TC asked if we can build a structure where the kiosk used to be at North Close. KO

asked if it was possible for Bunnyhomes to sort something.

VJ felt too far up and need one at the Co-op area. Chairman felt it needs to be at North Close as there are two down the other end of the village already. TC to speak to contact about possibility of getting a power supply to where the kiosk used to be.

LB – Albion doing inspection next month

KB – asked about the sign at Lambpark for "No Dogs Allowed". IH informed he had the sign and thought it had been put up. Will sort tomorrow if not done.

Chairman – mentioned Ms Natalie Haly at last meeting had emailed and requested a small sum from the Parish Council in support of the Monumental Improvement Project. Happy to pay £200 (a support for the Parish, not as a donation). All in favour. Clerk to sort with Ms Haly.

Correspondence Clerk to reply to Zoe Bernard-John regarding invitation to October meeting for the Bude Network Panel Committee. Meeting to start 7pm with 30 minute slot for talks.

Finance Read through by Chairman. Invoices to be paid: £240 PKF Littlejohn; £1019.21 Bridgmans total of all invoices for wood, posts, gate etc and toilet supplies; £225 Archies Garden Services; £194 K & J Building Service; £85.50 S Gifford; £48 Sign O Times. PS moved and TC seconded. All in favour.

Date of the next meeting: 4th October 2021, 7pm at the Grenville Rooms. Apologies given in advance by VJ. Thanks to all by Chairman and declared the meeting closed.

For any further information, please contact the parish clerk or any committee member.

A CHANCE TO GET TOGETHER

A meeting will be held in the Chapel Room on Wednesday 20th October at 2.30pm to see what interest there is in having a monthly get-together for a cup of tea and a chat, possibly sharing some of our collective craft interests.

Please contact
LORNA on 01288 321870 or
JOYCE on 01288 321292

UNCLE ERIC'S PAGE

Freedom

Freedom comes in many forms, always at a cost
During this pandemic now, it was almost lost.
Isolation, distancing, face masks came to stay
Freedom was for most of us, taken right away.

Travel was restricted, vital journeys only
Those of us who lived alone, life was very lonely
Scientists worked very hard to find a cure for all
Vaccine proved to be the way, deaths should surely fall.

Stage by stage the nation quickly were injected
Day by day, week by week, fewer were infected.
Month by month most restrictions had been lifted
Lockdown to freedom, the balance had been shifted.

The loss of loved ones, friends (and foes) fills a great list.
Around the globe mutations (quite a few) exist
We should always be aware of this, 'on our guard'
In years to come the cost of freedom will be hard.

Eric Latter

What am I?

A life-threatening infection in 13 letters

My first is in catch, which you hope to stay clear
The next is in outcome, which fills you with fear.
The third is in never and vital and live
The fourth is in thirteen and also in five
This one is in deadly and in danger too
The sixth's found in nature but never in zoo
The next's in intensive, you need lots of care
The eighth is in normal, you will soon be here.
The next's in infection, which all of us fear
The 10th is in testing, you'll hope you'll be clear.
The next is in urgent, you must act quite fast
The 12th is in outcome it's all clear at last.
My last is in vaccine, it was a close call
My whole is a killer which came to us all.

Anagrams

They are all words or phrases
pertaining to the present situation.
Where there is more than one word
in the answer, we have shown the
number of letters in each word.

1. SEAT FOILS LION (4,9)
2. FASTEN REAL QUIN (4,10)
3. A CODI SLING CAN SIT (6,10)
4. DAMP CINE
5. SEA TAN CRAZE (5,6)
6. SHEER MILE VIDEO (4,10)
7. SILVER CENT TRAITORS (6,12)
8. I COVER FINAL TIN (5,9)
9. SAFE SMACK (4,5)
10. HANG HIS DAWN (4,7)

ANSWERS

Anagrams:

1. Self isolation
2. Self quarantine
3. Social distancing
4. Pandemic
5. Astra Zeneca
6. Home deliveries
7. Travel restrictions
8. Viral infection
9. Face masks
10. Hand washing

What am I?

Covid nineteen