



# KILKHAMPTON

## Parish News

**St James the Great**

**NOVEMBER 2019**

### *In this month's issue:*

*Page 5: Report of the formal introduction of Reverend Teresa Folland to our parish*

*Page 7: News of the forthcoming Christmas Tree festival*

*Page 9: Panto news!*

*Page 10: 'Nigel's travels' for ideas on days out and about*

*Page 11: This month's nature table is a quiz!*

*Pages 14 and 15: news of events further afield (some of them very early in November so take a look now!). Plus an entertaining story*

*Also of course, all our usual features and notices, so get yourself a cuppa, put your feet up and plan your month ahead...*

*A quick reminder...*

### *Royal British Legion Festival of Remembrance*

St James Church  
Saturday 2<sup>nd</sup> November  
2.30pm and 7pm  
Tickets £10 from  
Gilbert and Vanstone

### **Christmas entertainment Friday 6<sup>th</sup> December, 2 - 5pm Grenville rooms**

A big welcome is extended to all residents in Kilkhampton parish 65 years young+ to come along to enjoy a free afternoon of seasonal entertainment, carols and light refreshment.

To book your place (numbers limited to 50), please call Helen 01288354902 by 30th November.

in colour online at [www.kilkhampton.net](http://www.kilkhampton.net)

**FREE to each Household**

## THE PARISH CHURCH OF ST JAMES THE GREAT: KILKHAMPTON

<b><i>Priest-in-Charge:</i></b>	<b>Rev. David Barnes</b> 1 Lanvean, The Haven, Clevelands Bude, EX23 8AB d.barnes645@btinternet.com OR <b>Associate Priest Rev. Richard Ward-Smith</b> Barn Farm, Kilkhampston EX23 9RH R.wardsmith@btinternet.com	01288 352254      01288 321991
<b><i>Churchwarden and Elected Safeguarding Officer:</i></b>	<b>Mr. Kevin G. McGrath</b> Frank's Folly, The Square, Kilkhampston EX23 9QQ	01288 321277
<b><i>Lay-Chair of the PCC:</i></b>	<b>Mr. Tony Davis</b> Highfield House, 1 Baileys Field West Street, Kilkhampston EX23 9QE	01288 321292
<b><i>Treasurer to the PCC:</i></b>	<b>Mr. Peter Hobbs</b> Wrasford, Kilkhampston EX23 9RL	01288 321551
<b><i>Secretary to the PCC:</i></b>	<b>Reverend Richard Ward-Smith</b>	01288 321991
<b><i>Organist</i></b>	<b>Ms. Brenda Luxton</b> West Vognacott, Chilsworthy	01409 254409
<b><i>Acting Bell Tower Captain:</i></b>	<b>Mr. Tony Davis</b> Highfield House, 1 Baileys Field West Street, Kilkhampston EX23 9QE	01288 321292
<b><i>Flower Coordinator:</i></b>	<b>Mrs. Jeanette Norman</b> Meadowside, Penstowe Road, Kilkhampston, EX23 9QT	01288 321404
<b><i>Electoral Roll Officer:</i></b>	<b>Reverend Richard Ward-Smith</b>	01288 321991

## Kilkhampston Methodist Chapel

<b><i>Minister:</i></b>	<b>Reverend Neal Street</b>	
<b><i>Church Stewards:</i></b>	<b>Mr. Reg Hambley</b> The Hill Park Centre Kilkhampston EX23 9QQ  <b>Mr. John Brooks</b> Killarney Park Youlstone EX23 9PX  <b>Fiona Cleave</b> Higher Pigsdon Farm, Launcells EX23 9LQ  <b>Mrs Debbie Dawber</b> Trepolpen, Penstowe Road, Kilkhampston EX23 9QT	01288 321340          01288 321420
<b><i>Treasurer:</i></b>	<b>Mr. M. Metherell</b> Stapleton, Whitecroft Way Kilkhampston EX23 9RE	01288 321248
<b><i>Room Bookings</i></b>	<b>Contact Reg Hambley on the above number</b>	

## EDITORIAL



Hello everyone,

Firstly, thanks to all the people who sent in articles and news items this month, I got just the right amount to fill the pages! Plus a couple of extras to use at some point in the future.

On page 10 we have a new feature sent in by Nigel Cousins. Nigel and his wife regularly go out on day trips and have kindly offered to

share some of their experiences with us, hopefully on a regular basis, but we would also love to hear from others, if you have been somewhere that you feel others might enjoy.

We've also had quite a few notices and articles about events in Bude this month, which some of you might be interested in.

I've been on my travels too, visiting Spain with my husband Mike and 2 friends - we went to the Mar Menor, which had suffered serious storms and flooding just a few weeks before our visit. It's a beautiful area, relatively unspoilt with a lagoon that is usually beautiful to swim in, and extremely flat which is handy for Mike's scooter! Our resort had been cleaned up quite quickly,

with some ongoing work, but the devastation in the town was very sad to see, streets full of mud, some promenades and beaches destroyed, and also a 'muddy sea'. The beautiful sunshine and good company still made it a holiday to remember, but tinged with sadness. But at least we avoided some of the wet weather in Kilk for that week!

I hope you enjoy this issue - bye for now!

*Jill*

**CHAIRMAN:**  
**BARRIE ROSE, 01288 321117**

**EDITOR:**  
**JILL RODGERS, 01288 321144**

## ARTICLES, NOTICES, REGULAR FEATURES

Please contact JILL RODGERS:

Parkers Court, Kilkhampton EX23 9QR tel: 01288 321144 Email: [jill@kilkhampton.net](mailto:jill@kilkhampton.net)

Cut-off date: 15<sup>th</sup> of the month for inclusion in the following month's issue.

All material for inclusion in the newsletter (other than trade advertising and church floodlighting - see information provided) should ideally be submitted electronically as a word document, with photographs in jpeg or similar format. If you do not have email, documents can be submitted on a CD or memory stick (which will be returned on request). You should receive an acknowledgement of all emails - if you don't, it may mean I haven't received it, in which case please resend to [jillrodgers1@hotmail.co.uk](mailto:jillrodgers1@hotmail.co.uk)

## TRADE ADVERTISING

Please contact TIM PRINCE: email: [advertising@kilkhampton.net](mailto:advertising@kilkhampton.net)

The Old Mission, Thurdon, Kilkhampton EX23 9RZ tel: 01288 321022

Cut-off date: 1<sup>st</sup> of the month for inclusion in the following month's issue.

Once the advert size and price has been agreed, your advert should ideally be submitted electronically as a PDF, although it may be possible to submit in other formats or hard copy by agreement. The advert should be submitted AS YOU WOULD LIKE IT TO APPEAR in terms of layout and shape, and should be in black and white. Please note that shades of grey may reduce the quality of the appearance of your advert. Our advertising editor Ian Maddock is happy to discuss the appearance and format of your proposed or existing advert (01288 321287) to ensure it is of the best quality possible within the constraints of our software.

## CHURCH FLOODLIGHTING

Please contact URSULA EDWARDS: 8 North Close, Kilkhampton EX23 9RQ

tel: 01288 321078; email: [ursulaedwards42@yahoo.com](mailto:ursulaedwards42@yahoo.com)

Cut-off date: 14<sup>th</sup> of the month for inclusion in the following month's issue.

Please submit your wording on paper (printed clearly), by email or by phone.

Cheques should be made payable to 'KILKHAMPTON PCC'. Please note that entries will no longer be copied from one year to the next, but must be submitted every year to ensure accuracy.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.



# Church Services

at

## St. James the Great Kilkhampton

### November 2019

#### **Saturday 2<sup>nd</sup> November**

**Festival of Remembrance**

**(mini-Albert Hall)**

**2.30pm and 7.00pm**

St James Church, Kilkhampton

#### **Sunday 3<sup>rd</sup> November**

**11.00 Holy Communion**

Welcomers: Rita Cann and Iris Bond

Reader: Gillian Chibbett

Reading: Isaiah 1:10-18

With Fr. Andrew Wilson

#### **Sunday 10<sup>th</sup> November**

**Remembrance Service**

**10.45 at War Memorial**

Parade and laying of wreaths

**11.00 at Methodist Chapel**

With Rev Richard W-S and Rev Teresa F

#### **Sunday 17<sup>th</sup> November**

**11.00 Holy Communion**

Welcomers: Joyce Davis and Jenny Read

Reader: Tony Davis

Reading: Malachi 4:1-2a

With Rev Richard Ward-Smith

#### **Sunday 24<sup>th</sup> November**

**11.00 Morning Worship**

Welcomers: Mike Cook and Celia Bell

Reader: Peter Hobbs

Reading: Jeremiah 23:1-6

With Richard Painter

#### **Sunday 1<sup>st</sup> December - ADVENT**

**11.00 Holy Communion**

Welcomers: Rachel Jenkins and Margaret D.

Reader: Kevin McGrath

Reading: To be arranged

With Rev Richard Ward-Smith

### **ST. JAMES HARVEST FESTIVAL**

Many thanks to everyone who helped with and supported our Harvest Festival. Also to those who kindly brought fruit, vegetables, flowers and other items to decorate the Church. Also for items brought for the auction. We are very pleased to report that the harvest supper was again a great success and provided £634.95 for Church funds. In addition, as a result of the auction, and with our thanks to Reg, we will be sending a further £322.00 to Macmillan Nurses our chosen charity for this event.

Do not forget we have our candle stand, where you can pop in to light a candle in remembrance of someone.

We also have a memorial book where you can have your loved ones name written on a beautifully decorated page.

Please contact Tony Davies on 321292 for more details.



Autumn words from Barn...

Occasionally, I say to myself, "Richard you are a bit of a worrier!"

I wonder if you are sometimes like me? First thing in the morning, just as I am waking up, all the things that must be done come racing up, just like hurdles in an athletic race. Must do this! Must do that! I am feeling shoved around willy nilly, by every little thing that has happened or might happen that day.

Well I got fed up with this - so I have started a new daily practice. In the morning while waking up and getting up, I pick out the pleasantest parts of the day ahead and I concentrate on them: I am going to enjoy a bit of breakfast with Lynne; walk the dog, even if it is raining; have a chat with friends and meet some nice folks when I go into the village. Talk to my children and grandchildren in NZ and Oz. Perhaps receive a letter from an old friend?

Yes, I am talking about all the "nice" things that could happen. It has been my experience that these always outnumber the ugly things like disappointments and frustrations, but in the past I

have so often given precedence to those and forget entirely the good that occurs in our lives. So I have simply reversed the order. I have rewound the film so to speak, see the whole new day in a different light.

If you think yourself into a good day, in some way, every day becomes a good day. But as a Vicar, I should have known that this is "old news". If Jesus had been around two thousand years ago writing for the *Kilk* magazine, He would have said exactly the same thing. In fact He did:

"Therefore I tell you do not worry about your life, what you will eat or what you will drink... you can't add a single hour to your life by worrying about it". (Check it out in Matthew's Gospel chapter 6).

But of course that doesn't mean that bad things will never happen to you. What it means is that when they do, you will know that God cares about them and that you can talk to Him about whatever happens. And so, you can get up and get on with your day. G'day!

*Rev Richard*

*The Inauguration, Licensing and Installation of  
The Reverend Teresa Lorraine Folland,  
As Priest in Charge of  
Launcells, Stratton, Poughill, Kilkhampton and Morwenstow  
By The Rt Revd Philip Mountstephen, Bishop of Truro*

The evening of Tuesday 8<sup>th</sup> October saw St James Church packed to the rafters with parishioners from the above 5 Parishes to welcome the Rev Teresa as their new Priest in charge. Among the people attending were the Choir of St Mary Magdalene, Launceston, The Poughill Musicians, Clergy from all five Parishes, the Rural Dean, The Archdeacon, Churchwardens from all Parishes and the Bishop of Truro.

It was a fascinating and joyful service, possibly, for many, the first time they had been present at an Inauguration and Licensing of a new Priest. The hymns, which were chosen by the Rev Teresa, were beautifully sung by the choir and congregation, and the sermon by the Bishop of Truro was amusing, meaningful and thought-provoking.

At the end of the service, which was attended by more than 200 people, a buffet supper was served. A big "Thank You" to everyone who provided and donated food, and to all the Ladies who worked hard setting up, serving, and then finally clearing and cleaning up at the end of the evening. A special mention must go to both Tony and Joyce Davis, without their organizational skills, planning and hard work the evening would not have been as successful as it was, we couldn't have managed without you, "Thank you".

Thanks must also go to Reg Hambley for his help, and Kilkhampton Chapel, for the use of the chapel rooms for visiting clergy and the Choir to change into their robes, and to our wonderful church bellringers and visiting bellringers from the other 4 Parishes.

Reverend Teresa will be visiting each Parish in the coming weeks and looks forward to meeting as many of you as possible.

*Gillian Chibbett*

## Church Floodlighting Sponsors November 2019

### **CHRISTOPHER BULLETT**

Who passed away on 6<sup>th</sup> October 2012.

Remembered with our love.

Jay, Robbie, Stuart, Alison and Alexander.

Remembering with love a son and brother, **ANDREW JOHN CANN**,  
who passed away on November 5<sup>th</sup> 1979

Also husband **TERRY CANN**, Father and Grampy,  
who passed away November 3<sup>rd</sup> 2004.

Miss you both very much, from Rita and families.

Rest in Peace.

### **MIKE COOK**

Happy 85th Birthday, 8<sup>th</sup> November 2019

Hope you enjoy your day.

Lots of love always

Jeanette, Mark, Helen, Simon, Shaun and Ellie xxxxxx

### **KARL MERRETT**

On what would have been our 25<sup>th</sup> wedding anniversary 5th November 1994

All my love always,

Sam xx

## Announcements

### **BABB**

**Congratulations** to my dear grandson Carl and partner Amy on the birth of their daughter  
Bonnie Marie Rosie on 28<sup>th</sup> September 2019.

Wonderful great granddaughter for Ann and Brian

1<sup>st</sup> grandchild for Anna Marie and Leon and niece for a very proud Auntie Gypsy.

Lovely addition to the family.

Love from us ALL xxx

### **KILKHAMPTON BINGO**

Due to lack of support in certain areas, the bingo had to close its doors at the end of June 2019.

Marina Davey (God Bless her) started the bingo in aid of C.H.S.W, in approx 1990.

She ran it with help from her committee members until 2006 when Barbara Strike  
took over and ran it with help from the committee members until early

January 2019 when the committee took over until 24<sup>th</sup> June 2019.

The total raised for C.H.S.W £40,555.37.

THANK YOU to all players, checkers and callers.

If it wasn't for you all there would have been no bingo.

THANK YOU ALL!

### **MERRETT**

Sam, Katy, Jack, Ann and Brian wish to thank everyone for their kind and generous  
donations following the passing of Karl on 16<sup>th</sup> July 2019.

£382.61 was donated to the Cornwall Air Ambulance and

£307.71 donated to the British Heart Foundation.

Always in our hearts.

**CHURCH FLOODLIGHTING SPONSORS:** See information on page 3 of this newsletter.

## KILK COMMUNITY LUNCH

Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £5



Limited numbers so please book  
to ensure a place  
contact 01288 321073

transport could be arranged

St James Church Kilkhampston

## Christmas Tree Festival

Sunday 8<sup>th</sup> December to

Sunday 15<sup>th</sup> December

Look out for posters for church  
opening times

All welcome!

Bring a tree and decorate OR  
make a 'designer' tree

To book a space telephone or  
message Heather Thomas

01288 321336 / 07717 405145

If anyone has a spare tree no  
longer needed, we would be  
grateful to have it from you!

### LAUNCELLS EVENTS IN NOVEMBER

**Monday 4th November** - Community Lunch at Launcells Parish Hall commencing at noon.

**Friday 8th November** - St Swithin's Church Quiz at Launcells Parish Hall, 7pm for 7.30pm.

**Sunday 10th November** - Church & Chapel Remembrance Service, Launcells Chapel, 10.45am.

**Friday 22nd November** - Launcells Christmas Bingo at Launcells Parish Hall. Eyes down at 7.30pm.

**Friday 22nd - Sunday 24th November** - St Swithin's Church Christmas Fayre commencing at 10am.

**Saturday November 30th** - Launcells Christmas Table Top Sale, Launcells Parish Hall, 11am – 2pm.

Advance Notice – Johnny Cowling will be appearing at Launcells Parish Hall on Thursday March 19<sup>th</sup>.

Any questions, please e-mail Mandy Pollard on launcells.hall@gmail.com

## KILKHAMPTON CHRISTIAN FELLOWSHIP

12<sup>th</sup> November

FROM 7-9pm

IT'S

**TABLE TENNIS TUESDAY**

**A FUN WAY OF KEEPING FIT!**

# Kilkhampton

## CHRISTIAN FELLOWSHIP

Hi to all you wonderful people of Kilkhampton. I don't know if you ever stop and think about it, but we all woke up this morning with our day planned; kids to get to school, get to work, get shopping done, or looking forward to a day out with the wife or friends. But we all have something planned, whether exciting or humdrum normal. And then we have our longer-term plans: to move house, or get a job or a different job, start a business, or perhaps get married. We take the freedom to plan all these things for granted. The freedom to live in this country or somewhere else in the world, for instance. I could go anywhere if I wanted to and yet that freedom was very dearly paid for with human lives, one of which was my dad's best friend, and another was a fuzzy-haired seven-year-old when I first knew him, but sapper Elijah Bond died from wounds sustained in Afghanistan, and now there is an empty chair at the Bond family table each Christmas so that I can enjoy my freedom.

Jesus knew what it was like to grow up in an occupied country with all its restrictions and lack of freedom. It reminded me of what He said at the Last Supper "Do this in remembrance of me" and we do remember the sacrifice that Jesus made for us to have eternal life with Him as we take Holy Communion.

We also stop on Remembrance Sunday for just a minute to remember the cost of our freedom, because if we don't remember that cost and learn from it, then the danger is that history will repeat itself. Remember the world war of 1914 to 1918, the "war to end all wars" it was called, and history repeated itself in less than twenty five years. So let's join together this year on Remembrance Sunday to remember the past and learn from it, but also to remember what Jesus taught us "to love your neighbour as ourselves" and we have the freedom to do just that.

Every Blessing to you all,

Albert Sloman, Pastor

Tel 01288 321073  
7 Rosecott Park, EX23 9QG  
albertsloman@outlook.com

Meeting times:

Sunday 6pm Worship & teaching,

Wednesday 1pm Prayer.

We would love to see you at any of these.

## 'TREE' BOOK GROUP

The book for review at the October meeting was:-  
The Curious Incident of the Dog in the Night-Time,  
by Mark Haddon

This is a murder mystery novel like no other. The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's Syndrome. He knows a great deal about maths and very little about human beings. He loves lists, patterns and the truth. He hates the colours yellow and brown and being touched. He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his world upside down.

The book is sad but skilfully avoids any sentimentality. It is beautifully written and riveting.

The next meeting is Wednesday November 20<sup>th</sup>, 2019.

The book for review at the next meeting is:- To Capture What We Cannot Keep by Beatrice Colin.

CONTACT TEL 01288 321962 (Dorothy Flaxman)



*The Way*

Friday teatime sharing, 6pm  
Bring a question, bring a  
thought, or just bring yourself  
and maybe some food to share  
— and don't forget your sense  
of humour!

Friday 1<sup>st</sup> November at Di Williams', Stratton  
Friday 8<sup>th</sup> Nov at Albert & Di's, 7 Rosecott Park  
Friday 15<sup>th</sup> November at the New Inn  
Friday 22<sup>nd</sup> Nov at Bernard & Helen's, 11 Rosecott Park  
Friday 29<sup>th</sup> Nov at Charles & Sarah's, Ostins, West St  
Friday 6<sup>th</sup> December at Di Williams', Stratton

*What's it all about? Ask Albert: 01288 321073*



# The Methodist Church Rota

<u>Dates</u>	<u>Preacher</u>	<u>Flowers</u>	<u>Coffee</u>
3 <sup>rd</sup> Nov	Mr. Paul Wreyford	Sylvia Hambley	Albert & Di Sloman
10 <sup>th</sup> Nov	REMEMBRANCE SUNDAY	Pam Metherell	Edgar Metherell & Sandra Holmes
17 <sup>th</sup> Nov	United Service at Chapel	Sue Joyner	Judith Heard & Roland Nancekivell
24 <sup>th</sup> Nov	Pastor Albert Sloman CIRCUIT SERVICE		

## Dear Friends,

I am writing this on the 5<sup>th</sup> October 2019, for publication in November 2019.

I have never had to write such a note, in the complete knowledge that I have no idea how the story of our country will be panning out by the time of publication. So, first of all, whatever has happened, be assured that the Methodist people are holding our communities before God in prayer. This is our humble privilege.

One of the challenges in church is how to live with gracious respect in a community that holds contradictory convictions. We are always mindful of the language we use. We recognise that the old adage: 'Sticks and stones may break my bones, but harsh words do not hurt me', this is so far from the truth as to be, in itself, very hurtful.

I trust that there has not been any disruption to our society. I hope and pray that we have been able to live peacefully together and

find way of reconciling our divergent views about Brexit and many other societal topics.

In November we recall the cost to so many of violent responses to world events. Yes, I know, sometimes there may be few alternatives but to confront evil. My plea is that we look for reconciliation and hope, before resorting to animosity and hostility.

May the 'God of Peace' be with you.

Neal

*Revd Neal Street*



Here is a new regular feature - Nigel and Alison Cousins (Penstowe Road) regularly go out and about and thought it might be nice to share some of their favourite places and recommendations. Of course, we would also welcome submissions from others of places to visit - you too can have your name 'in lights'! I'll let Nigel introduce himself...

Hi everyone. With these forthcoming articles, I am hoping to write about some of the places we visit in the South west of England, ones that you can travel in a day, but may be further afield in the future. Please note these are our opinions, but I want to encourage people to visit these places, to form their own views.

## NIGEL'S TRAVELS to... TOTNES

The first place I am going to talk about is Totnes in South Devon, and in particular travelling this time on the South Devon Railway from Buckfastleigh Station. There is a special offer, on the weekend of the 2nd & 3rd November, of half price travel. We travel the line probably about 3 or 4 times a year, mainly to support the railway for future generations; we are not true enthusiasts, but appreciate without these people, a lot of our heritage would be lost. For more information about the railway please look on their website [www.southdevonrailway.co.uk](http://www.southdevonrailway.co.uk)

The journey can be spectacular, especially when there has been constant heavy rain, because the route runs alongside the river Dart, and flows very quickly, forming small rapids over the river bed. It consists of around seven miles of track, through some stunning countryside.

When we arrive at Totnes station from Buckfastleigh we walk in to town alongside the river, taking around 20 minutes. You can also travel to Totnes via Plymouth, by car or bus, another route is via Dartmoor National Park, if you prefer a more scenic route. I believe the best days to visit Totnes are the market days on Friday and Saturday. One of the main reasons I enjoy visiting the town, is because you see people from a wide cross section of society. There are many independent shops selling new and used clothing, antiques and curios, book shops etc. all there for you to discover. For more information go to [www.visittotnes.co.uk](http://www.visittotnes.co.uk)

You have a very wide choice of places to eat or drink, we normally go to Anne of Cleves in Fore Street, a traditional tea room, or more recently we have used Young Devon No3 café and kitchen, also in Fore Street. They help fund projects for young people within Devon.

If we have travelled by car we very often park at Steamer Quay, this is where you can catch the river boats that travel to Dartmouth, or include it in the Round Robin tour. It is also a place you can walk by the river or sit watching the wildlife, or even the rowing club training on certain days. These are just some ideas; the best way is to walk around town and the surrounding area to discover this for yourselves.

Nigel Cousins



Tuesday 5 November 10am- 4pm	<b>Guy Fawkes scrub bash at Sandymouth.</b> Help us clear scrub in the Sandymouth Valley. We will have a big bonfire and jacket potatoes in honour of Bonfire night. Meet at Sandymouth car park (Grid Ref: SS204 100) EX23 9HW
Sunday 17 November 10am - 4pm	<b>St Gennys path clearance</b> Meet at St Gennys church and help us to clear back scrub on the coast path and mend some steps. Meet at St Gennys church EX23 0NW (SX148 972)

These events are open to everyone, with no experience or commitment necessary. If you would like to come and help, just turn up on the day. For volunteer days, all tools and tuition provided, please bring clothes that can get muddy, stout footwear and food and drink. If events change or are cancelled due to weather, we will endeavour to let everyone know. However feel free to get in touch to check beforehand! For more information call/email: **01288 331372** or [jennifer.herbert@nationaltrust.org.uk](mailto:jennifer.herbert@nationaltrust.org.uk) Jenny Herbert, Ranger-Boscastle to Morwenstow

# NATURE TABLE

## NOVEMBER 2019



**UK WILDLIFE QUIZ.** See how many you can answer without reference!

- |  |                 |
|--|-----------------|
| 1 The velvet gentleman?                            | 4 letters       |
| 2 Lather up before a close shave.                  | 6               |
| 3 Migratory bird. Nests in banks and cliff holes.  | 4 and 6         |
| 4 'Roost' near Welcombe Cross.                     | 9               |
| 5 Bird of prey. Hunts fast along hedgerows.        | 11              |
| 6 White ceremonial fur? Both names please.         | 6 and/or 5      |
| 7 Arctic/Scottish game bird. Seasonal plumage.     | 9               |
| 8 Moth caterpillar found on Ragwort                | 8               |
| 9 Introduced Cervidae. Barking mad?                | 7               |
| 10 Keeps off the rain. Large edible mushroom.      | 7               |
| 11 Rare marsh and reed bird. Baby Boomer?          | 7               |
| 12 New to Somerset. Certainly not dam busters.     | 6               |
| 13 Bright red and black moth. Common on cliffs.    | 7 and 4         |
| 14 'Chatty Bloke' amphibian.                       | 10 and 4        |
| 15 This night bird should hear well with these!    | 4-5 and 3       |
| 16 Long eared Lagomorph. Inclined to madness.      | 5 and 4         |
| 17 Ash tree with edible fruit. Old name.           | 5               |
| 18 Attacks pine cones with a twist!                | 9               |
| 19 Cute but endangered. Re-intro to Bude Marshes   | 5 and 4         |
| 20 Large Moth in time for Halloween.               | 5'1 and 4 and 5 |
| 21 Most common UK bat.                             | 11              |
| 22 Comeback on Cornish coast. Iconic here.         | 6               |
| 23 Not a grasshopper. Prefers summer sports.       | 7               |
| 24 African heron now resident.                     | 5               |
| 25 Our largest/longest reptile                     | 5 and 5         |
| 26 Doesn't use the Green Cross Code.               | 8               |
| 27 Colourful rock pool denizen with sticky fingers | 3 and 7         |
| 28 Silver eyed corvid.                             | 7               |
| 29 Nature Reserve. Just north of our border.       | 8 and 6         |
| 30 Well-bred Cuckoo-pint.                          | 5 and 3 and 6   |

Answers can be found in the advertising pages.



## Recipe Corner With Maureen Hewlett

### Beef and Mushroom Pie with Pickled Walnuts serves 6

*Courtesy of the Fordwich Arms, a Kentish pub.*

#### Ingredients

1½ tbsp plain flour  
1kg (2lbs) stewing steak, diced into 3cm (1inch) cubes  
3-4 tbsp sunflower oil  
4 carrots, diced  
2 onions, diced  
150g (5oz) chestnut mushrooms, quartered  
1½ tbsp tomato puree  
200ml (7 fl oz) ale  
100ml (3½ fl oz) red wine  
300ml (10½ fl oz) beef stock  
2 tsp Worcestershire sauce  
5 thyme sprigs, leaves picked  
1 x 390g (14oz) jar pickled black walnuts  
1 x 500g (1lb) block puff pastry  
1 egg, beaten, to glaze

#### Method

Preheat the oven to 160°C (fan 140°C, GM3) Season the flour generously then toss with the beef to coat. Heat 1 tbsp oil in a casserole dish and fry the beef in batches until brown, using more oil as needed. Add the carrots, onions and mushrooms to the pan with a little oil and cook until the veg starts to colour. Return the beef to the casserole, add the tomato puree and cook for 3 mins stirring. Drain the pickled walnuts and cut into quarters. Add the ale and red wine, stirring well to mix in all the caramelised bits on the bottom. Add the stock, Worcestershire sauce, thyme and walnuts, bring to a simmer, cover and cook in the oven for about 2 hours or until the beef is tender. The liquid should be a thick glossy sauce. Transfer the stew to a 2 litre capacity pie dish and leave to cool completely before adding the pastry lid.

Preheat to oven to 220°C (fan 180°C, GM6) Roll out the pastry to slightly larger than the pie dish. Brush the rim with a little beaten egg to help the pastry stick. Put the pastry over the dish and press onto the edge, trimming off any excess. Glaze with the beaten egg and make a steam hole, then bake for 45 mins or until the pastry is golden brown and crisp.

## Tiramísu Cake

#### Ingredients

*For the cake:*

4 large eggs  
100g (4 oz) caster sugar  
100g (4 oz) self-raising flour  
1 tbsp instant coffee granules  
1 tbsp boiling water  
butter for greasing

*For the soaking liquid:*

50ml (2 fl oz) brandy  
3 tbsp freshly prepared coffee  
3 tbsp boiling water

*For the icing:*

2 x 250g tubs full fat mascarpone cheese  
150ml (5 fl oz) double cream  
3 tbsp icing sugar, sifted  
4 tbsp grated plain chocolate (at least 50% cocoa solids)

#### Method

Preheat the oven to 180°C (160°C fan, GM4). Grease 2 x 20cm (8 inch) sandwich tins and line the bases.

Combine all the ingredients for the soaking liquid and put on one side. Place the eggs and sugar in a large bowl and whisk for about 5 mins until the mixture is pale and thick. Sift over the flour and fold in gently using a metal spoon or spatula. Dissolve the coffee in the hot water and stir into the mix.

Divide the mixture between the two sandwich tins, tilting the tins to level the surface, bake for 20-25mins or until golden and springy to the touch. Turn the tins out onto a baking rack, remove the paper, brush the soaking liquid over the cakes and leave to cool completely.

Place the mascarpone cheese into a large bowl and beat until smooth, gradually beat in the double cream and icing sugar to make a smooth and creamy icing. Place one sponge, soaked side up on a serving plate, cover with half the icing, top with half the grated chocolate then put the second cake, soaked side down on top. Cover the top with the remaining icing then top with the remaining grated chocolate.



## **Kilkhampton Parish Council**

Report of the regular meeting held on 3<sup>rd</sup> October 2019

[www.kilkhampton-pc.gov.uk](http://www.kilkhampton-pc.gov.uk)

**Attendance** Tim Cottle (TC), Clive Vanstone (CV), Ian Heard (IH), Phil Sluggett (PS), Paula Dolphin (PD).

**Apologies** Keith Ovenden (KO), Albert Sloman (AS), Roland Nancekivell (RN), Dan Vanstone (DV).

**Chair:** Vice Chairman Kingsley Bryant (KB), assisted by Chairman: Reg Hambley (RH)

**Clerk:** Hannah Collett

Good evening to all by Chairman. Chairman explained that this meeting would be chaired by the Vice Chairman Kingsley Bryant with assistance, if necessary, by Chairman (Reg Hambley)

Thanks to Chairman by Vice Chairman.

Apologies read through. Welcome to Mr and Mrs Littleworth and Councillors by Vice Chairman.

**Minutes** Approved by all

**Adopt Code of Conduct**

**Declaration of Interest** None

**Public Speaking Session** Mr and Mrs Littleworth here to discuss their letter regarding speeding vehicles through Stibb. Mrs Littleworth began by stating where their house is situated. It is on the bend and the traffic has got worse. It is very difficult to cross the road, has blind corners either side. Sometimes they have to just cross and hope for the best. Today, for instance, there was a Jack Russell dog in the road. Mr Littleworth went to see if he could catch the dog so it didn't get hurt and at that point a car came extremely fast from Sandymouth way and Mrs Littleworth had to shout out to Mr Littleworth to warn him of the oncoming car. There are so many instances happening on almost a daily basis.

Lots of people have signed a petition agree something needs to be done. Chairman mentioned he

had spoken to Mrs Littleworth and informed that we will be discussing their letter at the correspondence stage of the meeting. Thanks to Mr and Mrs Littleworth by Vice Chairman and welcome to stay for the duration of the meeting. Clerk to respond to Mr and Mrs Littleworth via email with outcome of discussion. PD took email address to reply to also.

### **Planning Applications.**

1) PA19/07122 Proposal Proposed Detached House Location Land South West Of Trenoweth Ivyleaf Hill Kilkhampton Bude Applicant Mr & Mrs Choules. Plans available for viewing. Chairman has spoken to the case officer and was informed that the site already had planning permission back in 2017 for Mr and Mrs Carr. The difference in this application is, when the previous one was approved, it was for a three storey building – now changed to 2 storey and new access entrance. There was an issue with trees – but they have moved away from them with this new application. As far as the officer is concerned there are no issues and it is also slightly smaller. Chairman felt there was nothing to object to. CV felt we couldn't change their decision as one was already passed in 2017. CV proposed and PS seconded. All in favour.

### **Matters**

1. Car park Toilets: £192.70 taken. No issues to discuss.
2. Plaque Details: Vice Chairman stated all in order. Plaque will be in place by the end of October.
3. Parish Plan: DV not here.
4. Community Review: Vice Chairman couldn't attend in the end. Chairman, CV and DV went to the meeting. Chairman stated very interesting. Bude Town Council

proposed new boundaries – including taking part of Kilkhampton (by the refuse centre and Ivyleaf, with Launcells and Widemouth etc). Everyone in attendance at the meeting was against the proposals put forward by Bude Town Council. Lots of emails have been going round with Poundstock and Marhamchurch. We have emailed Bude Town Council as their meeting is this evening – stating Kilkhampton Parish Council DOES NOT want any changes to the boundaries. Chairman read through the email we sent. PD said lots of people annoyed by this request to change the boundaries. Nicky Chopak emailed to say they would like someone to attend the Network panel meeting on 7<sup>th</sup> October for an update on the review. CV feels we have said all we can at the moment.

5. Other matters arising from the minutes: Vice Chairman mentioned that nothing further heard regarding planning application at Thurdon.

**Months work** Read through and approved by all.

**Reports** Footpaths, Playing Fields and Lambpark, School and Grenville Rooms all discussed.

**The “Sports Recognition” board in the Grenville Rooms is due to be updated. If anyone has any names and suggestions for who can be added to the board please contact Councillor Clive Vanstone or email [Kilkhamptonparish@hotmail.co.uk](mailto:Kilkhamptonparish@hotmail.co.uk)**

**Members** Chairman – mentioned Tuesday 8<sup>th</sup> we are licencing a new Vicar. Asked to use Lambpark as parking area as well as Grenville Rooms. Chairman also asking if temporary lights could be put up at the end of the car park at Lambpark to light up the area. Yes, agreed by all. Vice Chairman asked if the Parish Council had been asked to represent at this event. Chairman stated he would be there to represent. Is open to

*(Continued on page 14)*

(Continued from page 13)

all. 7pm Tuesday 8<sup>th</sup> at Church. Parish Council ties please to all attending.

**Correspondence** Mr and Mrs Littleworth letter regarding concerns on speeding vehicles at Stibb. Read through and discussed. Meeting to be held with Highways.

Housing: Letter from Julia Landsdowne from Area 7 (affordable housing officer). Email read through – introducing an area based approach and introducing herself and contact information etc. Hoping this will help foster stronger relationships with local councils. Contact information available if required. CV felt this was the first time anyone has actually written to us on this basis.

Chairman mentioned that the kiosk at the old Post Office has now been removed. North Close kiosk needs attention. To be looked at. On agenda for November.

**Finance** Read through by Vice Chairman. Invoices to be paid: £100 Archies Garden Services; £25.87 Bridgmans; £253.50 K W Sluggett; £87 S Gifford.

Date of next meeting Monday 4<sup>th</sup> November 2019, 7.30pm at The Grenville Rooms. Thanks to all and meeting closed.

For any further information, please contact the parish clerk or any committee member. *Hannah Collett*



AN EVENING WITH  
**PHILIPPA HANNA**

**SUNDAY 3 NOVEMBER**

**6PM**

**KILKHAMPTON CHRISTIAN  
FELLOWSHIP**

**TICKETS: ARK ANGEL  
BOOKSHOP, BUDE**

**ST. ANDREW'S CHURCH,  
STRATTON**

**CRAFT FAIR  
and  
Patronal Festival Gift Day**



**Saturday 30<sup>th</sup> November 2019  
10.00am – 4.00pm  
Refreshments available**

**Marie Curie Information Evening**

**Wednesday 6<sup>th</sup> November  
Falcon Hotel, Bude, 7pm**

Led by community fundraiser  
Lynda Thomas

Come and find out about the work of  
The Marie Curie organisation  
And support a great cause

For more information or to book a place  
call Lynda on 01872 260500  
[mariecurie.org.uk](http://mariecurie.org.uk)



## CAROLS OF THE STRATTON HUNDRED

### BUDE METHODIST CHURCH

Monday 2<sup>nd</sup> December, 7pm

Everyone is welcome to come and join in.

There two practices in Bude Methodist Church on Wednesdays, 20<sup>th</sup> and 27<sup>th</sup> November, both at 2.30pm.

Please let me know if you are intending coming to sing and give your voice part so that we can estimate numbers. Audrey Aylmer tel 01288 354001, email [dreymer@btinternet.com](mailto:dreymer@btinternet.com)

What am I?  
10 MUSLIN  
9 GROSRAIN  
8 CASHMERE  
7 SAILCLOTH  
6 TAFFETA  
5 MOQUETTE  
4 CRETONNE  
3 CREPE DE CHINE  
2 HARRIS TWEED  
1 SEERSUCKER  
Anagrams  
UNCLE ERIC'S PAGE  
ANSWERS TO

...and a thank you to Patrick Lavender for forwarding the story below...

#### The Courageous Wood Cutter and his Son

Twice upon a time there lived a poor woodcutter. He had made his home in the middle of the *fivest* and sold his bundles of wood *three* the villagers nearby *three* make a living. He lived with his *two* son since his dear wife had gone *three* heaven some *five* years ago. The *three* of them were very *comfivetable* and *conelevant* and showed great *fivetitude* even though they were poor. The woodcutter spoke with his Son, *Threeday* we must go *three* the market *three* sell our bundles of wood. With the money we make we shall be able *three* *affived* *three* buy food. (Indeed some milk, butter and bread provided them with everything they *nine*.)

However *two* day at the market they heard some very bad news. *Sometwo* had said that a terrible storm was *fivecast*. It was expected *three* blow down every *double* tree in the *fivest*. The Villagers were all at *Sevens* and *Eights* about the impending disaster. It was expected *three* arrive *threemorrow*. This left very little time *three* prepare *five* it. *Everytwo* was warned *three* stay out of the *fivest* during its passing.

However the wood cutter said *three* his son that they must make the best of a bad job and protect their house as best they could. They would not leave their home *three* the mercy of the storm.

*Five* warned is *five* armed said the Father. We must protect our home at any cost. Whatever can we do asked his son. Well, the Father replied, *second* we must think of a way *three* stop the house being razed *three* the ground. How can we do that queried the son, surely not *two* thing can be done against such a *fivece*. The son was filled with *fivebodding*.

Come, come now, there is no such thing as *one* said the woodcutter. We must both think of a way *three* overcome Challenge. After all, *three* heads are better than *two*. We must not *fiveget* that this small hut is all that we have and we must do everything we can *three* preserve and protect it. Perhaps we could put extra shutters on *three* the windows suggested his son. Hmm, that's not such a *twoderful* idea since the storm will almost certainly blow them *three* smithereens reasoned his Father.

No continued his Father, I think I have a better idea. We must chop down every *double* tree in the path of the wind. That way it will simply pass straight through the *fivest* and not damage our home. Every *double* tree!! exclaimed his son. By *threemorrow*!

That's not *elevenable*! (the Son I believe had done a part time English Major by post). Well have you got a better idea *five* our protection? My idea is quite logical, went on his father. *Two* and *two* make *three* remember. The son had *three* admit that he could not think of any better way *five* the moment.

So he and his Father set about the task with *fivetitude*. We must finish the task or lose all our belongings and our home *three* the storm. *Five* *nine* hours, all through the night they toiled, their work lit only by the light of the hurricane lanterns they had brought with them. Trees crashed *three* the ground *befive* them and still on they toiled *inthree* the night. At last just *befive* the light of day a clear path streamed like road through the *fivest*. *Both* of them were totally exhausted and *incapacitined* but they knew in their hearts they had *two*. The storm would have a clear passage through the *fivest* and their home would be spared.

All they could do now was *wnine*. Would their *twoderful* plan really work? They could only pray *three* God that it would.

The *gmine* storm arrived almost as if on cue. It swept all *befive* it like a mighty *Rotavnineter*. Houses were picked up like plastic models and dashed *three* the ground. The blacksmith's *threel* shed was cast aside like a cardboard box. However when the storm came *three* the *fivest* it did indeed take the *two* line of least resistance; the path the brave woodcutter and his son had *crenined*. It swept on *inthree* the valley and *mounelvenes* beyond and did not damage a *double* tile on the woodcutters house.

After it was all over, *everytwo* gathered *threegether* *three* compare notes. *Everytwo* except the wood cutter and his son had *suffived* some damage *three* their homes or property. However not *two* *double* person had been injured and *five* that, *everytwo* considered himself *fivetunate*.

The business of rebuilding the villager's homes began. There was of course plenty of wood!! The woodcutter and his son were hailed as heroes and there was also plenty of wood *five* the fires of the villagers to heat their new homes and cook their meals.

So this meant that he and his son *nine* very well every *double* day *five* many months. So always remember even in the steely face of disaster there is always a smile trying *three* get out. Help it *three*!

Brian McGarvey



# UNCLE ERIC'S PAGE

Owing to an ongoing busy domestic situation and the fact that the "Muse" has currently deserted me, I have no new poem for you this month, so I have resurrected an appropriate one from the past. I wonder how many of you remember it?

## A November event

The sky is clear, the fire is bright, the 5<sup>th</sup> is here, it's bonfire night!  
The little ones, around they stand, all with a sparkler in each hand.  
While older brothers, boldness found, chase jumping crackers all around  
Now Roman Candles pop and fizz with golden balls that spark and whizz.  
And hand-held fireworks spurt with light, with blue and green and red and white.  
A Cath'rine wheel fixed on a nail spins around with fiery trail.  
The watchful parents stand nearby to launch the rockets to the sky  
They soar above with stars galore and watching neighbours shout "encore".  
Too soon the whole display is done; each year they all have so much fun,  
The fire burns down, the embers glow, roast "tatties" in the ash below.  
"Tis children's time for bed, I fear"; "the fun is over 'till next year!"

*Eric Latter*

## Can you solve these anagrams?

They are all types of material or cloth. When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 CURES REEKS
- 2 HIRED WATERS (6,5)
- 3 HE RECCED PINE (5,2,5)
- 4 RENT ONCE
- 5 MET QUOTE
- 6 FAT FEAT
- 7 A CHILL SOT
- 8 MESH CARE
- 9 RAG OR SING
- 10 SUM NIL

## What am I?

Usually an annual event, in 2 words

My first is in blazing and beauty and bath  
The next is in outdoors, but never in hearth.  
The third is in night-time, not found in the day  
The fourth's found in friendly and also in fey.  
The next is in instant, which some of them are  
The sixth's found in railway and also in car.  
The seventh's in evening, when all is quite dark  
This one is in wasteland, not found in a park.  
The ninth is in fireworks and also in rain  
The tenth's not in never, but is in again  
This one is in shelter (you do from the heat)  
My last's in terrific, you just cannot beat  
My whole's an event when most men do compete!

*Anagram and 'What am I?' answers are on page 15*

**CUT OFF FOR THE PARISH NEWS ARTICLES FOR THE DOUBLE ISSUE FOR  
DECEMBER AND JANUARY is 15<sup>th</sup> NOVEMBER**

Please send all contributions to [jill@kilkhampton.net](mailto:jill@kilkhampton.net)