



KILKHAMPTON Parish News

St James the Great

OCTOBER 2019

This month's issue is packed full of events for you to attend, too numerous to mention, both in Kilk and further afield.

In addition, we have shared events with Launcells Parish News, so we have their events and we have shared ours - so we may see some new faces in our village.

Page 15 has a call for 'short mat bowlers' (no, I hadn't heard of it either!) - So if you fancy trying something new, here is your opportunity!

FETE NEWS!

The fete AGM will be held on Monday 20th January 2020, starting at 7pm

As usual, we will be sharing the profits from this year's fete among the village organisations who contributed to the fete, which this year means £150 towards each organisation. Representatives from the organisations concerned will be invited to attend at 7pm for the presentation and will also be very welcome to stay for the AGM itself.

Anyone wishing to get involved in the 2020 fete, please come along and join us!

ADVANCE NOTICES

The Xmas tea party for the over 65's will take place on Friday 6th December.

There will be a Christmas Tree Festival at St James Church in December

More details of both these events to follow in next month's issue.

in colour online at www.kilkhampston.net

FREE to each Household

THE PARISH CHURCH OF ST JAMES THE GREAT: KILKHAMPTON

<i>Priest-in-Charge:</i>	Rev. David Barnes 1 Lanvean, The Haven, Clevelands Bude, EX23 8AB d.barnes645@btinternet.com OR Associate Priest Rev. Richard Ward-Smith Barn Farm, Kilkhampston EX23 9RH R.wardsmith@btinternet.com	01288 352254 01288 321991
<i>Churchwarden and Elected Safeguarding Officer:</i>	Mr. Kevin G. McGrath Frank's Folly, The Square, Kilkhampston EX23 9QQ	01288 321277
<i>Lay-Chair of the PCC:</i>	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampston EX23 9QE	01288 321292
<i>Treasurer to the PCC:</i>	Mr. Peter Hobbs Wrasford, Kilkhampston EX23 9RL	01288 321551
<i>Secretary to the PCC:</i>	Reverend Richard Ward-Smith	01288 321991
<i>Organist</i>	Ms. Brenda Luxton West Vognacott, Chilsworthy	01409 254409
<i>Acting Bell Tower Captain:</i>	Mr. Tony Davis Highfield House, 1 Baileys Field West Street, Kilkhampston EX23 9QE	01288 321292
<i>Flower Coordinator:</i>	Mrs. Jeanette Norman Meadowside, Penstowe Road, Kilkhampston, EX23 9QT	01288 321404
<i>Electoral Roll Officer:</i>	Reverend Richard Ward-Smith	01288 321991

Kilkhampston Methodist Chapel

<i>Minister:</i>	Reverend Neal Street	
<i>Church Stewards:</i>	Mr. Reg Hambley The Hill Park Centre Kilkhampston EX23 9QQ Mr. John Brooks Killarney Park Youlstone EX23 9PX Fiona Cleave Higher Pigsdon Farm, Launcells EX23 9LQ Mrs Debbie Dawber Trepolpen, Penstowe Road, Kilkhampston EX23 9QT	01288 321340 01288 321420
<i>Treasurer:</i>	Mr. M. Metherell Stapleton, Whitecroft Way Kilkhampston EX23 9RE	01288 321248
<i>Room Bookings</i>	Contact Reg Hambley on the above number	

EDITORIAL



Hello everyone,

I'm writing this with the sun shining, having just bought some barbeque coals for the weekend - that was before my husband Mike told me it was going to rain! Oh well, I am still optimistic that I will get to use them before the winter.

It's a slightly strange issue this month - apart from the regular features, I haven't received a

single article, apart from the Grenville rooms AGM report. I'm hoping it's not a sign of things to come, as it will be a shame to not have a few interesting reports to read. On the plus side, there are lots of event notices, showing what a lively community we live in!

We have also shared our events with Launcells Parish News this month, which was suggested by their editor Mandy, and seems a good idea - more events for people to attend and also it means people receiving their Parish News may be interested in some of the events in Kilk.

So, a plea to everyone - why not write something for one of the coming months? It could be a report on an event that has been held, some useful information to

share, or just something that you'd like to share with others! It can be hard for our regular contributors to think of new things (although it can be enjoyable too!). I'd especially appreciate contributions to '*out of the mouths of babes...*' - what have your children or grandchildren said recently that made you laugh?

Enjoy October, and I look forward to receiving all your contributions...

Jill

CHAIRMAN:
BARRIE ROSE, 01288 321117

EDITOR:
JILL RODGERS, 01288 321144

ARTICLES, NOTICES, REGULAR FEATURES

Please contact JILL RODGERS:

Parkers Court, Kilkhampton EX23 9QR tel: 01288 321144 Email: jill@kilkhampton.net

Cut-off date: 15th of the month for inclusion in the following month's issue.

All material for inclusion in the newsletter (other than trade advertising and church floodlighting - see information provided) should ideally be submitted electronically as a word document, with photographs in jpeg or similar format. If you do not have email, documents can be submitted on a CD or memory stick (which will be returned on request). You should receive an acknowledgement of all emails - if you don't, it may mean I haven't received it, in which case please resend to jillrodgers1@hotmail.co.uk

TRADE ADVERTISING

Please contact TIM PRINCE: email: advertising@kilkhampton.net

The Old Mission, Thurdon, Kilkhampton EX23 9RZ tel: 01288 321022

Cut-off date: 1st of the month for inclusion in the following month's issue.

Once the advert size and price has been agreed, your advert should ideally be submitted electronically as a PDF, although it may be possible to submit in other formats or hard copy by agreement. The advert should be submitted AS YOU WOULD LIKE IT TO APPEAR in terms of layout and shape, and should be in black and white. Please note that shades of grey may reduce the quality of the appearance of your advert. Our advertising editor Ian Maddock is happy to discuss the appearance and format of your proposed or existing advert (01288 321287) to ensure it is of the best quality possible within the constraints of our software.

CHURCH FLOODLIGHTING

Please contact URSULA EDWARDS: 8 North Close, Kilkhampton EX23 9RQ

tel: 01288 321078; email: ursulaedwards42@yahoo.com

Cut-off date: 14th of the month for inclusion in the following month's issue.

Please submit your wording on paper (printed clearly), by email or by phone.

Cheques should be made payable to 'KILKHAMPTON PCC'. Please note that entries will no longer be copied from one year to the next, but must be submitted every year to ensure accuracy.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.



Church Services

at

St. James the Great Kilkhampton

October 2019

Sunday 6th October

11.00 Holy Communion

Welcomers: Iris Bond and Rita Cann

Reader: Peter Hobbs

Reading: Habakkuk 1:1-4; 2:1-4

With Rev Richard Ward-Smith

Sunday 13th October

11.00 Morning Worship

Welcomers: Jenny Read and Joyce Davis

Reader: Margaret Dickinson

Reading: 2 Kings 5:1-3, 7-15c

With Rev Richard Ward-Smith

Sunday 20th October

11.00 Holy Communion

Welcomers: Celia Bell and Lynne WS

Reader: Rita Cann

Reading: Gen 32: 22-31

With Rev Richard Ward-Smith

Sunday 27th October

11.00 Morning Worship

Welcomers: Rachel Jenkins and Mike Cook

Reader: Kevin McGrath

Reading: Jer 14:7-10, 19-22

With Richard Painter

Sunday 3rd November

11.00 Holy Communion

Welcomers: Rita Cann and Iris Bond

Reader: Gillian Chibbett

Reading: Isaiah 1:10-18

With Rev Richard Ward-Smith

A QUICK REMINDER...

the licensing of
Reverend Teresa Folland, who is
to be Priest in Charge of
Kilkhampton, Morwenstow,
Poughill, Launcells and Stratton
Parishes, will be held in
St. James Church,
7pm, Tuesday 8th October
Officiated by the Bishop of Truro.
All are welcome

Do not forget we have our candle stand,
where you can pop in to light a candle in
remembrance of someone.

We also have a memorial book where you
can have your loved ones name written
on a beautifully decorated page.

Please contact Tony Davies on 321292 for
more details.

FROM REV RICHARD WARD-SMITH

Isn't it strange how often little snatches of poems we learnt as children seem to stay with us all our lives:

Without the sunshine and the rain

We could not have the golden grain;

Without Thy love we'd not be fed;

We thank Thee for our daily bread.

It is October and Harvest time - nothing to me can rival October's bright blue weather. My guess is that sometime we will sing "We plough the fields and scatter the good seed on the land." We don't do it like that now, farmers are much more efficient in their methods. But harvest marks the end of a sequence in the church/country calendar. It is a time to pause before it all starts again. Time to be thankful. The swallows are waiting for a fair wind before they set off on their long journey. It has been a good summer for them.

It is a time to be thankful, to remember God's mercy and goodness. There is not so much of the urgency that there used to be these days. (Remember full store houses, pantry shelves, home-made jams). Even the animals are storing essentials. For now is the time to feel secure against the coming winter. It is good to be thankful and we must go gladly about

and enjoy the colour, the smells and the fruits of this season.

But there is something uncomfortable about harvest as well. On our TV screens we see some people who haven't got a harvest to celebrate; some who haven't had a harvest for years, because of failed rains or war. Yes of course it is right and good to be thankful, but we have to ask ourselves, how our thankfulness can find expression in making it possible for all humankind to be thankful.

I would like to think that perhaps harvest could be the time when we keep asking questions and seeking action. Harvest is the point where, far from sitting back and thinking how fortunate we are, and that we have done enough - we haven't! - not while there are all those children with stick limbs and swollen bellies stare at us hopelessly from our TV screens.

We have to prepare to sow the seeds and encourage the growth for the harvest to come.

God's promise is: "As long as the earth lasts, seed time and harvest, day and night shall never cease."

The part that we play is to see that the needs of all mankind are supplied.

Rev Richard

FLOWER FESTIVAL THANKS

Kilk Flower Ladies are pleased to announce that the total amount raised at the flower festival in August was £2057.14. An excellent contribution to church funds.

We would like to thank everyone who gave cakes and raffle prizes, helped with refreshments and on the door, or helped in any way.

The sponsors of Bude Metric Brass, and the band for playing at Songs of Praise

Rob and Ian at Bude Bakery

Mike Metherell for organising the rubbish collection and disposal

Jan White for the West Street arrangement and of course, all the arrangers who provided the amazing displays - the Flower Festival would not happen without you!

THANK YOU ALL

The theme of next year's festival will be 'Poems'. If you are interested in doing an arrangement, please contact Heather on 01288 321336.



St James Church
Kilkhampton



Craft Fayre

Saturday 9th Nov 2019

10am - 3pm

Soup/Rolls/Cake

Tea & Coffee all day

Fudge Gifts Jewellery

Cards Toys Crochet

Cakes Hamper Raffle

Pictures Pickles Decorations

Church Floodlighting Sponsors October 2019

Babb

Precious memories of my dear grandson, Lewis Samuel, tragically taken from us 1st Oct 2018. You left a space no one can ever fill. Miss you so much, we all do.
Your Nan and Bry and all the family. Love always xxxx

Reginald Banks

Remembering with all our love Reginald Banks.
1 year has gone and we miss you more each day.
A lovely Husband, Dad, Granddad and Great Granddad.
Love Sylvia and all your family.

Winnie Fanson

Thinking of you dear and your passing 8th October 2014
also remembering you and Gordy's wedding anniversary 14th September 1966.
Miss you, Ann, Bry and family, John and Beryl xxx

Vice Admiral Sir Louis Le Bailly

1915 - 2010

Always in our thought but especially in October,
Wedding anniversary October 2nd 1946. Died 3rd October 2010.
Mentor to many. Loved by all who knew him.
Pamela, Susanna, Charlotte and Belinda

Rita Cann and family, in loving memory of Rita's mum **Rose Piper**
who passed away on October 23rd 1979

CHURCH FLOODLIGHTING SPONSORS: See information on page 3 of this newsletter.

KILKHAMPTON CHRISTIAN FELLOWSHIP

8th October

FROM 7-9pm

IT'S

TABLE TENNIS TUESDAY

A FUN WAY OF KEEPING FIT!

ST. JAMES THE GREAT

Come and join us for our

Harvest Supper

Grenville Rooms

Monday 7th October 2019

after a short Church service at 6pm

Cold meat and salad

followed by

homemade sweets

cheese and biscuits

tea or coffee

Tickets £10 must be prebooked

Please ring Joyce on 321292

We are pleased that our resident

auctioneer, Mr. Reg Hambley,

will again sell off produce etc

in aid of a local charity

The Royal British Legion

(Bude branch supported by R.A.F.A.)

THE ROYAL BRITISH
LEGION

INVITE YOU
TO

KILKHAMPTON

Festival of Remembrance

(Mini Albert Hall)

St. James Church

K I L K H A M P T O N

Saturday 2nd November 2019

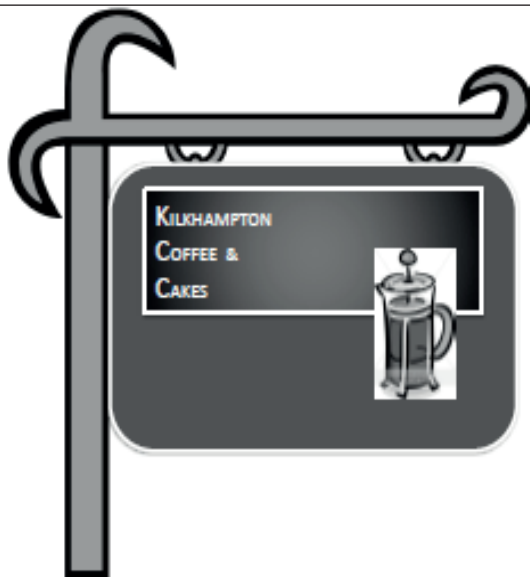
2.30pm & 7.00pm

Tickets £10

On sale from 1st August 2019

at Gilbert & Vanstone, Kilkhampton

Tel: 01288 321418



SATURDAY 5th October

**10.30AM - 12.00 NOON at
CHRISTIAN FELLOWSHIP HALL**

A VERY WARM WELCOME TO ALL!

THE CHARITY THIS MONTH IS
CHILDRENS' HOSPICE SOUTH WEST

KILK COMMUNITY LUNCH

Brought to you by Kilk Coffee & Cakes Team

2 COURSE HOT MEAL FOR £5

ON

Friday 25th October

At 12.30pm

AT

KILKHAMPTON CHRISTIAN FELLOWSHIP

Limited numbers so please book
to ensure a place
contact 01288 321073

transport could be arranged

Kilhampton

CHRISTIAN FELLOWSHIP

Hi folks, as I was pondering things the other day, as I do, it occurred to me that we live in a world of constant noise, and it was further enhanced as my wife and I, and our dog Trigger, went for a walk in Stowe woods. It was so refreshing to be able to stand and hear virtually nothing. It was so peaceful.

We have the noise of traffic, TV's, radios, phones, peoples' demands, deadlines, the totally chaotic pace of life, and when I thought about it, there was no time set aside for just peace and quiet, and when I was in Stowe woods it was as if my body and mind were saying "I really needed this".

The Bible says that there is a peace that passes understanding (John 14:27). It's a peace that does not come from being in a quiet place. It's an inner peace that is not affected by the noise of life. In fact it displays itself admirably when life is screaming everything at you; a peace that is not affected by circumstances; a peace that is strong, yet compassionate; it's a peace that others want to hug but don't know why; it's a peace that defies the logic of our noisy lives.

The only place I have found this peace is in Jesus when I remember that my life is in His hand and that I can relax as that will be the same tomorrow, if I trust Him totally. The writer of an old hymn knew of that peace when he penned these words:

*Peace, perfect peace, in this dark world of sin?
The blood of Jesus whispers peace within.*

*Peace, perfect peace, by thronging duties pressed?
To do the will of Jesus, this is rest.*

*Peace, perfect peace, with sorrows surging round?
On Jesus' bosom naught but calm is found.*

*Peace, perfect peace, with loved ones far away?
In Jesus' keeping we are safe and they.*

*Peace, perfect peace, our future all unknown?
Jesus we know, and He is on the throne.*

*Peace, perfect peace, death shadowing us and ours?
Jesus has vanquished death and all its powers.*

*It is enough; earth's struggles soon shall cease,
And Jesus call us to heaven's perfect peace.*

My prayer is that you find the peace that passes understanding, as life is so much more pleasurable when you do.

Have a great month as you are great people in a great village!

Every Blessing to you all,

A

Albert Sloman, Pastor

Tel 01288 321073

7 Rosecott Park, EX23 9QG

albertsloman@outlook.com

Meeting times:

Sunday 6pm Worship & teaching,

Wednesday 1pm

Prayer.

We would love to see you at any of these.

The Grenville Rooms

AGM

Our Annual General Meeting took place on Monday 12 August 2019. All Committee members were re-elected en-bloc, i.e. Chair – Reg Hambley, Vice Chair – Joyce Davis, Treasurer – Clive Vanstone and Secretary – Marlene Vanstone.

In his report, the Chairman thanked the whole Committee for their continued support and hard work throughout the year. Special thanks were given to our caretakers, Terry and Joan Sillifant, and also to our Treasurer and Secretary.

The Grenville Rooms continue to thrive, with bookings coming in regularly.

Following a request for a noticeboard to be placed outside the Grenville Rooms, the Committee was in agreement that this was not really necessary at the current time. Anyone wishing to have any information on bookings, cost etc., should please ring our caretakers on 01288 321697.

The rooms are booked in sessions as follows: morning session 8.30am to 1.30pm, afternoon session 1.30pm to 6.30pm, evening session 6.30pm to 11.30pm.

Hire charges are: Main Hall £15 per session, Small Room £10 per session, Both rooms £22 per session. To book the Grenville Rooms on a commercial basis, the charge is £20 per session. All crockery, pans etc. are available to hire at £10 per session.

M Vanstone (Secretary)

01288 321231

The Methodist Church Rota

<u>Dates</u>	<u>Preacher</u>	<u>Flowers</u>	<u>Coffee</u>
6 th October	Mr. Andrew Pitt	Debbie Dawber	Roger & Brenda Dunstan
13 th October	Rev. Stephen Skinner	Harvest Festival	Pam & David Sillifant
20 th October	Rev. Neal Street	Brigitte Salt	Fiona Cleave & Shirley Rowe
27 th October	Mr. Barry Bryne	Doreen Metherell	Monica Heywood & Stuart Heywood

"Yes! God is good in earth and sky." This is one of my favourite harvest hymns, but this year I am reluctant to choose it for a service. Why?

As I write, the people of the Bahamas are clearing up after a hurricane. Many have lost lives, homes, and livelihoods. We, in the UK will be soon invited to prepare for the first major storm of the autumn. We are reminded, once again, of how vulnerable God's creation is. In the Genesis story, we are told that 'God created', it was perfect, in harmony and in delicate balance.

You certainly could not say that of our world any longer! A sea full of plastic. An atmosphere warming, globally. People displaced by hunger, homelessness, war and violence of all kinds. We cannot deny that the planet is broken in many ways. Beauty and ugliness in varying amounts? The rich

are abundantly blessed, the poor are ever more marginalised. Land and livestock exploited. We even have the necessity of food banks in our own community. We are told that children's meals at school are being served earlier in the day, because children are arriving malnourished!

In this context you might like to ponder in what frame of mind you go to Harvest Festival Services? What does it mean to sing with gusto: 'All good gifts around us are sent from Heaven above, O thank the Lord, for all His love'? Sometimes I wonder, 'how can I be so complacent'? What am I going to do for the people of the planet who can't sing this with integrity? FOOD for thought next time I'm courageous enough to sing: 'Yes, God is good, in earth and sky...'

Revd Neal Street



The Way

Friday teatime sharing, 6pm

Bring a question, bring a thought, or just bring yourself and maybe some food to share — and don't forget your sense of humour!

Friday 4th October at Di William's, Stratton
 Friday 11th October, New Inn at 6pm
 Friday 18th October at Albert & Di's, 7 Rosecott Park
 Friday 25th Oct at Charles & Sarah's, Ostins, West Street
 Friday 1st November at Bernard & Helen's, 11 Rosecott Park

What's it all about? Ask Albert: 01288 321073

KILKHAMPTON METHODIST CHURCH

HARVEST CELEBRATIONS

SUNDAY, OCTOBER 13th

11 am Service led by

Rev. S. Skinner

7pm Concert by

Youthful Spirit

MONDAY, OCTOBER 14th

7pm Service of thanksgiving



**Followed by supper
and auction of produce**

Did you know... the Painted Lady butterfly is one of the most widely distributed butterflies in the world. It can be found in every continent other than South America. This year seems to have been a particularly prolific one for the painted lady and we have seen high numbers in our butterfly surveys this summer.

With the help of our volunteers we are able to enhance the habitats on land owned by the National trust which will hopefully means greater numbers of butterflies and other pollinators such as bees in the years to come.

When:	What we're up to:
Tuesday 1 October 10am- 4pm	High cliff footpath maintenance, Nr Crackington. Help us with Coast path maintenance on this dramatic part of the coast. We are revisiting High Cliff to replace rotten steps, cutting in a zigzag, and replacing a broken boardwalk. High cliff is a steep sided valley; volunteers must be physically fit and able to work on steep slopes. Not suitable for vertigo sufferers. Meet in layby near High cliff- just along from Strangles car park between Crackington Haven and Boscastle (Grid ref: SX135 952) EX23 0LQ - look out for the NT vehicle!
Thursday 3 rd October 2.00-4.30pm	Geology Rocks!- Sandymouth Guided walk led by geologist, Jane Anderson and a National Trust Ranger. Find out about the amazing geology around Sandymouth, how it was formed, and how it affects the flora and fauna of the local area. Wear suitable clothing. Meet at Sandymouth car park (NT car park, members free). £4 pay on the day, no booking required.
Sunday 20 October 10am- 4pm	Step maintenance, Pentargon, Boscastle. We will be making improvements to steps on the coast path near Boscastle. Meet at laybys near Boscastle farm shop (GR: SX 109 918) PL35 0HH

These events are open to everyone, with no experience or commitment necessary. If you would like to come and help, just turn up on the day. For volunteer days, all tools and tuition provided, please bring clothes that can get muddy, stout footwear and food and drink. If events change or are cancelled due to weather, we will endeavour to let everyone know. However feel free to get in touch to check beforehand!

For more information call/email: **01288 331372** or jennifer.herbert@nationaltrust.org.uk

Best Wishes, Jenny Herbert, Ranger, Boscastle to Morwenstow.

'TREE' BOOK GROUP

The book for review at the September meeting was: The Invisible Ones by Stef Penney.

Rose Janko has been missing for seven years. Her family has made no attempt to find her. Why?

Ray Lovell. Private Investigator, has been hired to investigate Rose's fate. However, he must first win the trust of the secretive, deceptive, dangerous Janko family, whose son Ivo became Rose's husband.

If Ray can get to the Jankos, he knows he can find the truth. If he fails, his life, and Rose's, hangs in the balance...

This is a book about love, deception, growing up and about how all our presents are haunted by our pasts. It has rounded characters, genuine emotion and provides insights into a vanishing way of life that is unknown to most of us.

The next meeting is Wednesday October 16th, 2019

The book for review at the next meeting is: The Curious Incident of the Dog in the Night-Time by Mark Haddon.

CONTACT TEL 01288 321962 (Dorothy Flaxman)

ANSWERS TO
UNCLE ERIC'S PAGE
Anagrams

- 1 MICHELANGELO
- 2 JOSHUA REYNOLDS
- 3 PABLO PICASSO
- 4 ANTHONY VAN DYCK
- 5 GRANDMA MOSES
- 6 JOHN CONSTABLE
- 7 SALVADOR DALI
- 8 PETER LELY
- 9 HENRI ROUSSEAU
- 10 CLAUDE MONET
- 11 EDUARD MANET
- 12 JAMES WHISTLER

What am I?
Art gallery


NATURE TABLE

OCTOBER 2019

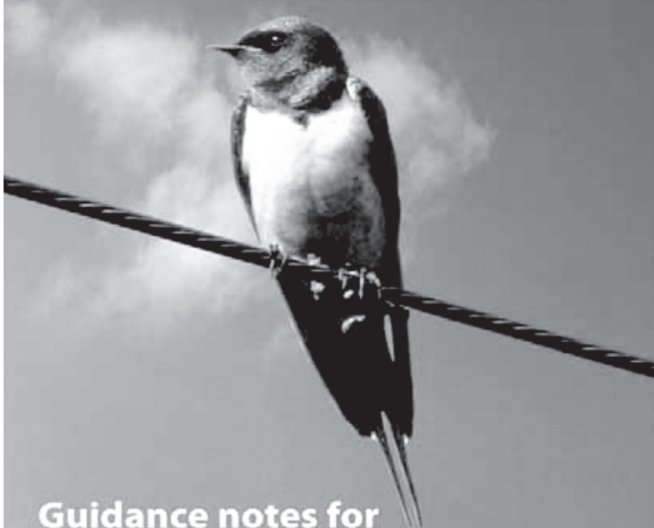


Have you noticed? I have. This is the story of our declining Natural World and unless we actively **fight** for it, try to understand it more sympathetically and be prepared to forfeit personal and financial losses, we will lose it. 30 years ago I watched at least 20 pairs of Swifts wheel and scream over this village. This year there were about four. The electric wire over our garden was a gathering place for dozens of Swallows and House Martins. The last 5 years there have been none. I can name a dozen nest sites where Martins nested year after year and have been knocked down or deserted. Swallows still exist in numbers because of open barns on farms and buildings like those at Bridgmans. ***How many new house builds in this village offer nest sites for Swifts or Martins?*** I am reproducing the intro page of a pamphlet by Cornwall Council with their blessing. If you are interested, download and read the rest of the PDF. Perhaps the Parish Council might endorse and encourage a greater interest in this sort of thing?

Public Information




Accommodating swallows, swifts and house martins



**Guidance notes for
developers, builders, surveyors,
architects & house holders**

Produced by: Cornwall Council
Endorsed by: RSPB, Cornwall Wildlife Trust, Natural England,
The British Trust For Ornithology and Swift Conservation.

Introduction



Swifts, swallows and house martins are amongst the most endearing of British breeding birds. They are not resident, escaping to warmer climes to over-winter, but substantial numbers arrive in Britain in the spring to breed.

All three species have declined in numbers over the last 20 years.

There are numerous factors attributing to this decline:

Recent climatic changes may have affected their over-wintering sites, caused their migratory routes to become more difficult and created wet and cold summers.

Changes in farming practices abroad and in the UK reduce their insect food source.

The reduction of suitable nesting sites due to loss of old farm buildings, new buildings lacking appropriate nesting sites and peoples negative attitude to birds nesting in or on their property.

Cornwall Council encourages those who are planning to undertake building works, including barn conversions, renovations, new development and property maintenance, to safeguard existing nesting sites and provide new opportunities for these birds to nest in or on the buildings.

This leaflet has been prepared in association with a variety of bodies who have a direct concern about the plight of swifts, swallows and house martins and who will be able to provide additional information.

Royal Society for the Protection of Birds (01392) 432691
www.rspb.org.uk/helpswifts

British Trust for Ornithology (01842) 750050
www.bto.org

Natural England. Truro Office 0300 0602 544
www.naturalengland.org.uk

Cornwall Wildlife Trust (01872) 273939
www.cornwallwildlifetrust.org.uk

Swift Conservation
www.swift-conservation.org.uk

Cornwall Council 0300 1234 202
www.cornwall.gov.uk

Swallows, swifts and house martins

Ian Maddock 01288321287 ismaddock@btinternet.com



Recipe Corner With Maureen Hewlett

Some recipes from the ever-reliable Mary Berry

Lasagne Express

Serves 6

Ingredients

Butter for greasing
6 large dried (no pre-cook) lasagne sheets
75g (3oz) mature cheddar cheese, grated

For the filling:

1 tbsp oil
450g (1lb) pork sausage meat
1 tbsp plain flour
1 red chilli, deseeded and finely chopped
2 fat garlic cloves, crushed
250g (9oz) chestnut mushrooms, sliced
200ml (7fl oz) full-fat crème fraîche
100g (4oz) baby spinach, roughly chopped
Salt and freshly ground black pepper

For the sauce:

500g (1lb 2oz) passata
2 tbsp sun dried tomato paste
1tsp light muscovado sugar
1 tbsp chopped thyme leaves
1 tbsp chopped sage

Method

This can be prepared up to 1 day in advance and cooked when required, this helps the pasta to soften and absorb the sauce.

You will need a shallow 2.25 litre (4 pint) ovenproof dish measuring about 30 x 20 x 6 cm (12 x 8 x 2½ in) lightly greased. Preheat oven to 200°C/180°C fan/Gas 6.

Soak the lasagne sheets in recently boiled warm water to soften.

Heat the oil in a large wok, add the sausage meat and brown over a high heat, using two wooden spoons to break the meat up. Sprinkle in the flour and cook for a minute then add the chilli, garlic and mushrooms and cook for about 5 minutes, stirring all the time. Stir in the crème fraîche and spinach, bring to the boil and allow to bubble for a couple of minutes. Season well with salt and pepper and set aside. To make the tomato sauce, mix all the ingredients together in a jug and season well with salt and pepper.

Divide the pork and spinach mix into three and spoon one-third into the base of the dish, spoon one-third of the tomato sauce over the top and then arrange the pasta sheets on top. Repeat with the rest of the mixture and sprinkle over the grated cheese.

Bake for 30-35mins until the pasta is tender and the top is golden brown and bubbling.

Pecan and Ginger Syrup Pudding with Butterscotch Sauce

Serves 16

Ingredients

250g (9oz) plain flour
1 tsp bicarbonate of soda
1 tbsp cinnamon
2 tsp ground ginger
½ tsp freshly ground nutmeg
50g (2oz) pecans, finely chopped
2 eggs, beaten
225g (8oz) light muscovado sugar
100g (4oz) golden syrup
250ml (9fl oz) milk
100g (4oz) butter, melted, plus extra for greasing.

For the sauce:

75g (3oz) butter
75g (3oz) light muscovado sugar
3 tbsp golden syrup
300ml (10fl oz) double pouring cream
25g (1oz) pecans, finely chopped plus extra to decorate.

Method

You will need a 30 x 23 cm (12 x 9 in) tray bake or roasting tin, greased and lined. Preheat oven to 180°C/160°C fan/Gas 4.

Measure all the dry ingredients apart from the sugar into a large bowl. In a separate large bowl mix the eggs, sugar, golden syrup, milk and butter together and beat until smooth and lump free. Stir the wet ingredients into the dry ones and beat hard for about a minute until smooth. Pour into the tin, spreading the batter evenly. Bake for 25-30 mins until dark in colour, springy to the touch and shrinking away from the sides of the tin.

To make the sauce, measure all the ingredients apart from the pecans into a saucepan, stir over a gentle heat until the butter has melted and the sugar has dissolved. Bring to the boil, stirring until the sauce is bubbling, remove from the heat and mix in the pecan nuts.

Cut the pudding into squares and serve warm with the hot sauce poured over and extra pecans sprinkled on top.

Kilkhampton Parish Council

Report of the regular meeting held on 5th September 2019

www.kilkhampton-pc.gov.uk

Attendance Keith Ovenden (KO), Clive Vanstone (CV), Ian Heard (IH), Phil Sluggett (PS), Dan Vanstone (DV), Kingsley Bryant (KB).

Apologies: Roland Nancekivell (RN) Tim Cottle (TC), Albert Sloman (AS).

Absent: Paula Dolphin (PD)

Chair: Reg Hambley (RH)

Clerk: Hannah Collett

Good evening to all by Chairman

Minutes Approved by all

Adopt Code of Conduct

Declaration of Interest None

Public Speaking Session

Mr and Mrs Drew here regarding their application. Mr Drew wanted to let people know that they plan on going into cattle (approximately 150 cows). Feels they have sited the building to fit in with the others and in the best place it can be. Thanks to Mr and Mrs Drew and welcome to stay for the remainder of the meeting.

Planning Applications

1) PA19/05939 Proposal Single storey extension to dwelling with linked garage, change of use for enlargement of garden and general purpose agricultural shed with new field access Location Lakeside Thurdon Bude Cornwall Applicant Mr & Mrs Hurford. Deferred from last meeting. This application was deferred from last meeting on the grounds that there were issues by planning officer from highways and that the bungalow is agriculturally tied. We were waiting for feedback from the case officer. CV proposed we agree as long as it meets the legal requirements, agricultural site and distance of agricultural buildings from other properties. KB seconded. All in favour.

2) PA19/06823 Proposal Earth lined slurry lagoon. Location Land South Of Halls Farm Stibb Road Bude Cornwall Applicant Mr Richard Drew.

3) PA19/06642 Proposal

Extension to the existing stock shed Location Land At Halls Farm Stibb Road Bude Cornwall Applicant Mr Richard Drew.

4) PA19/06639 Proposal Extension to the existing stock shed Location Land At Halls Farm Stibb Road Bude Cornwall Applicant Mr Richard Drew.

5) PA19/06615 Proposal Extension to the existing stock shed Location Land At Halls Farm Stibb Road Bude Cornwall Applicant Mr Richard Drew.

Agreed to discuss applications 2/3/4 and 5 as one decision. Chairman had spoken to planning officer on all these applications and as far as she was concerned the one building is an extension and others fit in. Location of slurry is also far enough away from any other dwellings. She will be putting in for approval. All in one complex, just being done due to change in farming. IH moved and KO seconded. All in favour.

Matters

1. Car park Toilets: £220.50 taken.
2. Plaque Details: Plaque should be there in early October. Front plinth will explain why the soldier is there and where it is when it's removed.

3. Parish Plan: Still under discussion. Awaiting responses.

4. South West Water Pressure: Chairman mentioned at last meeting we wanted to try to contact someone again regarding the issues. Clerk has emailed and had replied that they are trying to see if anything is already being sorted, but not able to get decision yet and also said they had not had any other complaints. Clerk to chase again and reiterate the situation etc.

5. Other matters arising from the minutes: None.

Reports Footpaths, Playing Fields and Lamb Park, School and

Grenville Rooms all discussed.

Big Breakfast 28th September.

The "Sports Recognition" board in the Grenville Rooms is due to be updated. If anyone has any names and suggestions for who can be added to the board please contact Councillor Clive Vanstone or email Kilkhamptonparish@hotmail.co.uk

Correspondence

Letter from Alan Whittle – re: bid to take over Parishes. Read through by Chairman. Planning attendance on 11th September – wanted the 4 parishes to come together to discuss. Chairman stated we have had no correspondence regarding this from the County. DV doesn't feel it will come as far as us. Chairman felt it may be interesting to attend the meeting to hear what is said. CV said been told that the boundary commissioners said they see a problem with certain areas that should be within Bude. They want to bring Widemouth into Bude. Informed it's just a discussion at present. Chairman can't see how Bude Town Council can take over all these Parishes. Chairman asked if anyone interested in going along on the 11th. Chairman will go. DV and CV may also attend. Other may want our support. CV felt Poundstock will be affected the most about this proposal. Chairman suggested we find out more information before we speak to other Parishes.

Finance

Read through by Chairman. Invoices to be paid: £350 Archies Garden Services, £37.92 Bridgmans, £360 PKF Littlejohn. KB moved and PS seconded and all in favour.

Date of next meeting THURSDAY 3rd October 2019. To begin at 7.30pm for the Regular Parish Meeting at LAMB PARK. KB to Chair the meeting.

Thanks to all and meeting closed.

For any further information, please contact the parish clerk or any committee member.

Hannah Collett



Messy Church St Michaels, Bude

10.30 - 12.30

Wednesday 23rd October 2019

Theme 'Harvest'

Come along and enjoy a fun session of hospitality,
crafts, celebration and lunch for parents,
grandparents and children of all ages
to enjoy together

Donations are welcome but not compulsory

COFFEE, CAKES & CRAFTS

Bradworthy Memorial Hall

The Square, Bradworthy, EX22 7SZ



Saturday, 26th October 2019

9.30am - 12.30pm



*We would like to invite you to join us
for morning refreshments.*

*Enjoy some of our delicious homemade cakes,
browse through the various artisan craft stalls,
take the opportunity to purchase your Christmas cards
and calendars and then enter our raffle
for the chance to win a delicious food hamper!*

Exhibitor fee £5 per table

please call 01288 321461 to book a place or for further info

Free Entry

*but donations gratefully accepted at the door on behalf of
Holsworthy & Bideford District Cats Protection*



Registered Charity 203644 (England and Wales SC037711 (Scotland))

Community Events at Launcells Parish Hall, Grimscott, Bude EX23 9LS

Monday October 7th - Macmillan Coffee Morning and Community Café 11am – 2pm

Monday November 4th - Community Café 12 – 2pm

Friday November 22nd - Christmas Bingo - doors open 7pm, eyes down 7.30pm

Saturday November 30th - Christmas Craft and Bric-a-Brac Table Top Sale 11am – 2pm

For further information e-mail launcells.hall@gmail.com



AN EVENING WITH PHILIPPA HANNA

SUNDAY 3 NOVEMBER

6PM

**KILKHAMPTON
CHRISTIAN
FELLOWSHIP**

**TICKETS: ARK ANGEL
BOOKSHOP, BUDE**

BOWLING ANYONE?

*Short mat bowlers wanted
Stratton Bowling Club
Season starts 24 September
Afternoon and evening sessions
Competitions
You choose what you do and when!
New bowlers welcome
Come and join us and have fun!!
For more information
Contact Daphne on 01288 350518*

CLEARANCE SALE

Many items including toys, CDs,
DVDs, books,
tools and bric-a-brac
Saturday 5th October 2019
Grenville Rooms, Kilkhampton
10am to 5pm
For further details, contact
Reg on 01288 321340
Come along and grab a bargain!



BUDE TOWN BAND

IN CONCERT WITH

JOHNNY COWLING

FRIDAY 4TH OCTOBER, 7.30PM

BRADWORTHY MEMORIAL HALL

TICKETS £10 (INCLUDES A PASTY) FROM:

Spar, Kilkhampton

Carolyn Boughton (01409 241911)

Crescent Post Office Bude

And on 01237 441071

Bude Town Band

Registered Charity Number 1065729

Ladies and Gentlemen

**FLEX and STRETCH CLASSES at
Kilkhampton Christian Fellowship Hall
on Fridays, 9.30-10.30 am**

For information tel. Margaret on 01288-321873 - or just turn up on the day!

UNCLE ERIC'S PAGE

Autumn mists

When days are warm and nights are cold the autumn mists appear,
You wake to see them all around, it is that time of year.
Before the sun has wakened up it forms upon the air,
Its ghostly wraiths swirl on the breeze, just spreading everywhere.

It shrouds the woodland trees and shrubs, just like a magic cloak.
It forms and swirls quite suddenly, just like a puff of smoke.
It hides the creatures in the fields, the deer in woodland glade.
It masks the early waking birds, it darkens all the shade.

But when the sun comes gently out it does transcend the view
It shines upon the moisture there and makes it look "like new".
The dewdrops glint upon the grass and shine upon the leaves,
They glisten on the late-cut corn and sparkle on the sheaves.

But as the sun climbs higher up, its rays become quite strong
This autumn mist does disappear, it does not linger long.
But while it does it plainly will just gladden every eye,
And when it's gone it surely is the summer's parting sigh!

Eric Latter

Can you solve these anagrams?

They are all famous artists.
When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 O CHILL MEN AGE
- 2 SOLE JURY HAD SON (6,8)
- 3 PA IS A SLOB COP (5,7)
- 4 NAVY DOCK THY NAN (7,3,4)
- 5 SOME DAMN RAGS (7,5)
- 6 CON JABS HOT LEN (4,9)
- 7 A.A. DAVID ROLLS (8,4)
- 8 LEET REPLY (5,4)
- 9 HE RUINS OUR SEA (5,8)
- 10 DEMON CUT ALE (6,5)
- 11 EMU RATED DAN (6,5)
- 12 JEWS TILE MARSH (5,8)

What am I?

A cultural place, in two words

My first is in painting, which this place does show
The next's in relaxing, for people who go.
The third is in artists, who exhibit there
This one is in giant, which some of them were.
The fifth's in Academy, 'specially the Royal
The next is in follower, also in loyal.
This one's in label (so you know whose was this),
The eighth is in Turner (you know this is his!).
The next is in Rembrandt, (the best of them all?)
My last is in Reynolds and "Strawberry girl",
My whole is a place where art hangs on a wall!

OUT OF THE MOUTHS OF BABES...

A friend from Grimscott took her son with her when she went up to Manchester to visit her sister, who lived in a huge YMCA hostel. This branch was very go-ahead for its time and had a library, visitors lounge, plus hockey, netball and tennis teams. As the sisters chatted, the boy got a bit bored and wandered off. He eventually opened a door which turned out to be the ladies changing room. There were shrieks and grabbing of towels etc as he was spotted, and Nicholas stood there in amazement, asking "Haven't you ever seen a little boy before?"

Anagram and 'What am I?' answers are on page 10

CUT OFF FOR THE NOVEMBER PARISH NEWS ARTICLES is 15th OCTOBER.

Please send all contributions to jill@kilkhampton.net