

KILKHAMPTON Parish News

St James the Great

FEBRUARY 2020

KILKHAMPTON PARISH NEWS AGM

Tuesday 11th February, 7pm

Kilkhampton Christian Fellowship Hall

Please come and join us and share your views - all welcome!

We have also had a 'change of staff' - after editing the adverts for the past few years, lan Maddock has left our team, and we'd like to say a very big thankyou for all his hard work over his time with us.

We'd also like to welcome Adam Lee, our new advertising editor. You can find his details on page 3, and also you can meet him at the AGM if you are able to attend!

And inside this issue, all our regular features plus:

- Some thank you notices (p4, 6 & 9)
- Pancakes (p6)
- Nigel's Travels (p10)
- Kilk Panto report (p15)
- Events outside the parish:
 Bude Music Society (p7),
 North Devon Hospice 'Rugby
 Ramble' (p7), Morwenstow
 Panto (p7), and 'Your Art'
 exhibition (p10).

PARISH PLAN

Kilkhampton Parish Council are considering the process of starting a Parish Plan, and are asking if any parishioners in the Parish are interested in assisting in this project. If so please email kilkhamptonparish@hotmail.co.uk

...see page 14 for more information about the council discussions leading up to this request. Please let them know your views!

In colour online at www.kilkhampton.net

FREE to each Household

THE PARISH CHURCH OF ST JAMES THE GREAT: KILKHAMPTON

Rev. Teresa Folland 01288 352599 Priest-in-Charge:

01288 321277

01288 321292

Associate Priest Rev. Richard Ward-Smith

01288 321991 Barn Farm, Kilkhampton EX23 9RH

R.wardsmith@btinternet.com

Churchwarden and Elected

Lay-Chair of the PCC:

Safeguarding Officer:

Mr. Kevin G. McGrath

Frank's Folly, The Square, Kilkhampton EX23 9QQ

Mr. Tony Davis

Highfield House, 1 Baileys Field

West Street, Kilkhampton EX23 9QE

01288 321551 Treasurer to the PCC: Mr. Peter Hobbs

Wrasford, Kilkhampton EX23 9RL

Secretary to the PCC: **Reverend Richard Ward-Smith** 01288 321991

Ms. Brenda Luxton 01409 254409 **Organist**

West Vognacott, Chilsworthy

Mr. Tony Davis Acting Bell Tower Captain: 01288 321292

Highfield House, 1 Baileys Field West Street, Kilkhampton EX23 9QE

Flower Coordinator: Mrs. Jeanette Norman 01288 321404

Meadowside, Penstowe Road, Kilkhampton, EX23 9QT

Electoral Roll Officer: Reverend Richard Ward-Smith 01288 321991

Kilkhampton Methodist Chapel

Minister: **Reverend Neal Street**

Church Stewards: Mr. Reg Hambley 01288 321340

The Hill Park Centre Kilkhampton EX23 9QQ

Mr. John Brooks Killarney Park Youlstone EX23 9PX

Fiona Cleave

Higher Pigsdon Farm, Launcells EX23 9LQ

Mrs Debbie Dawber 01288 321420

Trepolpen, Penstowe Road, Kilkhampton EX23 9QT

Mr. M. Metherell 01288 321248 Treasurer:

Stapleton, Whitecroft Way Kilkhampton EX23 9RE

Contact Reg Hambley on the above number **Room Bookings**

EDITORIAL



Hello everyone,

Happy New Year to you all! After all the big build up to Christmas, with months of advertising and shops full of Christmas goodies, it now feels a very long time ago!

Mike and I were lucky enough to spend Christmas with friends in New Zealand, followed by a couple of months touring the South Island (or Southland as the locals call it!) In a motorhome. We were pretty unlucky with the weather which was a real shame but we saw some spectacular scenery, we have both fallen in love with the albatrosses at their protected site on the Otago peninsula and we're taking advantage of their live webcam to follow the progress of their birds (we'd definitely recommend a visit if you ever visit that area), plus we added a lot to our knowledge of the history of New Zealand.

So to me the Cornish weather doesn't seem too bad, not a great deal different to our experiences on the other side of the world. But I am hoping for some summer sun!!

As always, this issue is packed with news. I received a lovely note

from Bude Music Society letting me know that the inclusion of events in our Parish News has really helped attendance at their events, so don't miss their notice if you are interested!

Also the council are revisiting the idea of developing a parish plan - see their January meeting report for more detail of why this is being looked into.

Enjoy this issue, and see you in March!

Jill

CHAIRMAN:BARRIE ROSE, 01288 321117

EDITOR:

JILL RODGERS, 01288 321144

ARTICLES, NOTICES, REGULAR FEATURES

Please contact JILL RODGERS:

Parkers Court, Kilkhampton EX23 9QR tel: 01288 321144 Email: jill@kilkhampton.net Cut-off date: 15th of the month for inclusion in the following month's issue.

All material for inclusion in the newsletter (other than trade advertising and church floodlighting - see information provided) should ideally be submitted electronically as a word document, with photographs in jpeg or similar format. If you do not have email, documents can be submitted on a CD or memory stick (which will be returned on request). You should receive an acknowledgement of all emails - if you don't, it may mean I haven't received it, in which case please resend to jillrodgers1@hotmail.co.uk

TRADE ADVERTISING

Please contact TIM PRINCE: email: advertising@kilkhampton.net The Old Mission, Thurdon, Kilkhampton EX23 9RZ tel: 01288 321022 Cut-off date: 1st of the month for inclusion in the following month's issue.

Once the advert size and price has been agreed, your advert should ideally be submitted electronically as a PDF, although it may be possible to submit in other formats or hard copy by agreement. The advert should be submitted AS YOU WOULD LIKE IT TO APPEAR in terms of layout and shape, and should be in black and white. Please note that shades of grey may reduce the quality of the appearance of your advert. Our advertising editor ADAM LEE (adam@leemail.eu) is happy to discuss the appearance and format of your proposed or existing advert to ensure it is of the best quality possible within the constraints of our software.

CHURCH FLOODLIGHTING

Please contact URSULA EDWARDS: 8 North Close, Kilkhampton EX23 9RQ

tel: 01288 321078; email: ursulaedwards42@yahoo.com

Cut-off date: 14th of the month for inclusion in the following month's issue. Please submit your wording on paper (printed clearly), by email or by phone.

Cheques should be made payable to 'KILKHAMPTON PCC'. Please note that entries will no longer be copied from one year to the next, but must be submitted every year to ensure accuracy.

The opinions expressed in this newsletter are not necessarily those of the editor. The editor cannot be held responsible for the content of any articles, notices or other submissions to this newsletter. The editor cannot guarantee inclusion of articles or notices submitted for publication, and the layout and size of all articles (unless paid for) is at the discretion of the editor.



Sunday 2nd February

11.00 Holy Communion - CANDLEMAS

Welcomers: Rita Cann and Jenny Read

Reader: Gillian Chibbett Reading: Malachi 3: 1-5 With Rev Richard Ward-Smith

...followed by Candlemas lunch in the Grenville

Rooms

Sunday 9th February 11.00 Morning Worship

Welcomers: Mike Cook and Margaret D

Reader: Rita Cann Reading: Isaiah 58:1-9a With Rev Richard Ward-Smith

Sunday 16th February 11.00 Holy Communion

Welcomers: Celia Bell and Rachel Jenkins

Reader: Peter Hobbs

Reading: Deuteronomy 30:15-20

With Rev Teresa Folland

<u>Sunday 23rd February</u> 11.00 Morning Worship

Welcomers: Rita Cann and Iris Bond

Reader: Gillian Chibbett Reading: Exodus 24:12-18 With Richard Painter

Wednesday 26th February

ASH WEDNESDAY

10.00 Holy Communion - Ashing Service

Reading: Joel 2:1-2 12-17 With Rev Richard Ward-Smith

Sunday 1st March

11.00 Holy Communion - LENT

Welcomers: Jenny Read and Joyce Davis

Reader: Kevin McGrath

Reading: Genesis2:15-17 3:1-7 With Rev Richard Ward-Smith

Church Services

St. James the Great **Kilkhampton**

February 2020

CHRISTMAS TREE FESTIVAL THANK YOU

The amount raised at the Christmas Tree Festival in December was £248.61, a good amount considering the awful weather that week!

A big Thank You to everyone who decorated trees, supplied mince pies and biscuits, or helped in any way, it is much appreciated.

Do not forget we have our candle stand, where you can pop in to light a candle in remembrance of someone.

We also have a memorial book where you can have your loved ones name written on a beautifully decorated page.

Please contact Tony Davis on 321292 for more details.

FROM REV RICHARD WARD-SMITH

A word or two from Barn

I've been thinking of my childhood lately - does that happen to you? Out of the blue you find yourself in a flashback place that you knew long ago and had quite forgotten. Miss Read was my primary school teacher and she used to take us pond dipping. You know the sort of thing, with nets and jam jars. We used to spend whole afternoons cheerfully getting wet and muddy and filling our jars with tad poles and newts and other stuff. They were glorious times. (I will be looking out for tads up at the Commons shortly, I know a place.)

I almost hate to admit this, but Miss Read used to call me "Dear Richard". I adored her, even though she had pronounced buck teeth, and spittle at the corners of her mouth and very, very thick horn-rimmed glasses. She wore thick tweed skirts and stout shoes and she taught me carpentry and lots of other stuff. None of this mattered to me. For she was the one who taught me mostly about the outdoors and to look around about me. We wrote to one another almost every year until in the last week of her life I caught up with her, small and blind and wanting to know what I had seen of nature lately.

Miss Read was keen on us all joining the "Sunbeam club". I remember the pledge that you had to make to become a member. Probably, by this time I was becoming a bit of a "yobby, gobby, just about a teenager." I formed my own club: we were "the milk drinkers union", pledged to drink as much milk a day as possible. There were six of us. It didn't last long, as our Mothers put their proverbial feet down. However, looking back on the Sunbeam pledge, which in those days I thought was rather "wet" and for "weeds". today I think has great merit.

These aren't the exact words, but as I almost remember them from so far back.

I will talk health instead of sickness.

I will carry good news instead of bad.

I will tell a cheerful tale instead of a sad one.

I will mention my blessings instead of my burdens.

I will speak of sunshine instead of clouds.

I will think of cheerful things, not the gloomy.

I will praise those who I think are doing a good job.

I will always remember to have a merry heart.

Rev Richard

Here's a quick reminder about the Candlemas Lunch, but hurry, it's only a few days away!

And of course our now regular feature of Launcells events...

February/March events in Launcells Parish Hall

Monday 3rd February - Launcells Community Café

Saturday 15th February - Opening of New Archive Room, Launcells Parish Hall

Friday 28th February - Chapel Coffee Morning Saturday 29th February - Parish Litter Pick

Thursday March 19th – Johnny Cowling returns to Launcells Parish Hall. Tickets being sold in advance.

Any enquiries please contact launcells.hall@gmail.com

ST. JAMES CHURCH CANDLEMAS LUNCH

The Grenville Rooms
SUNDAY 2nd FEBRUARY 2020
12.30 for 1pm

ROAST BEEF LUNCH HOMEMADE DESSERTS

followed by Cheese and Biscuits
Tea/Coffee

Wine available for sale

TICKETS £12.00

Available from Joyce on 01288 321292

Church Floodlighting Sponsors February 2020

TREVOR RELI

In loving memory of Trevor Bell who passed away February 5th 2004.

Always in our thoughts.

Love Celia, Ann, Kevin, Emma and Lucy

Remembering my husband **ARTHUR HARRIGAN** on our Wedding Anniversary. 5th February.

Love you always. Edith, Marie, David, Andrew and Mark

Announcements

Joyce Paddon would like to say A BIG THANK YOU to all the offers of help before and after my op. Also for all the get well wishes and cards, too numerous to mention. Thank you, I am recovering well now!

GILBERT & VANSTONE on the 35th Anniversary of the formation of their business on 16th February 1985. Always happy to support the floodlighting fund.

CHURCH FLOODLIGHTING SPONSORS: See information on page 3 of this newsletter.

PANCAKES PANCAKES PANCAKES

Shrove Tuesday –

February 25th
12 noon to 2pm
In the Chapel Room
Savoury or Sweet
Pancakes £3.00
Tea or coffee included
Proceeds to Church
Flower Fund

OVER 65'S CHRISTMAS TEA PARTY

In December an afternoon of seasonal entertainment and refreshments were provided to the over 65s. I would like to thank the following who helped make this possible:

Lynne Ward-Smith, Fiona Cleave, Catherine Cann for cooking food and helping waiting tables.

Rev Richard for great hosting skills.

Dick and Ann dingle for 'a bit of luck'.

The pupils of Kilkhampton school who sang beautifully.

Rob French 'the bakery bude' for kind donation of a Christmas cake.

Shane Moore Butchers for a donation of a chicken for the raffle.

St James church for donations to help towards running costs.

Finally a big thank you to everyone who attended the party - you are the reason we keep doing it. Wishing you all a happy healthy new year. See you all at the next one!

Helen Hoare

KILKHAMPTON CHRISTIAN FELLOWSHIP 11th February, 7-9pm TABLE TENNIS TUESDAY A FUN WAY OF KEEPING FIT!

Bude Music Society events

<u>Sunday 9th February, 3pm: Tim Carleston (Trumpet and Voice) and David Robinson(Organ) - St. Michaels Church, Bude EX23 8LQ</u> A varied and uplifting programme demonstrating the wide range of works available for the outstanding sound of the trumpet, the wonderful versatility and depth of the organ and the amazing voice of Tim Carleston. To include works by Hummel, Sousa, Bach and Dupre.

Sunday 8th March, 3pm: Barbara Degener (Cello) Paul Comeau (Piano) - Minstrells Music Centre, Canworthy Water PL15 8UB Barbara studied for her music degree in Germany and now lives and performs in the south west. Paul is a well-known composer and performer and is based in Truro. The beautiful rich sound of the cello combines with the wonderful versatility of the piano to produce both an exciting, and contrasting sublime and varied programme, and will include works by composers from Europe and the UK.

<u>Sunday 28th June, 3pm: Craig Ogden (Guitar) - St Martins United Reform Church, Killerton Rd, Bude EX23 8EL</u> We are very excited to welcome world renowned Australian classical guitarist Craig Ogden, who will be performing in our part of north Cornwall as part of his major UK tour. Get your tickets early to avoid disappointment! This is going to be a real treat!

All tickets cost £13 (£15 for Craig Ogden concert), free to children and full time students.

Tickets through the Cornish Riviera box office http://www.crbo.co.uk/ or on the door

Refreshments available at every concert

Information about our venues

These are carefully chosen to suit the instruments being used for each concert.

Minstrells is a small, purpose built concert hall with a teaching studio and refreshment area.

There is plenty of free parking in the adjacent car park, and there is excellent disabled access.

- **St. Martins United Reform Church** has excellent acoustics and comfortable seating and disabled access with disabled parking in the church grounds. Plenty of parking available for everyone else is in the Crescent car park, just 300 yards away.
- **St. Michaels Church, Budehaven** enjoys great acoustics and is home to the best church organ in Bude. Disabled access is limited. Car parking is available in the Crescent car park, 200 yards away.

MEN'S RUGBY RAMBLE

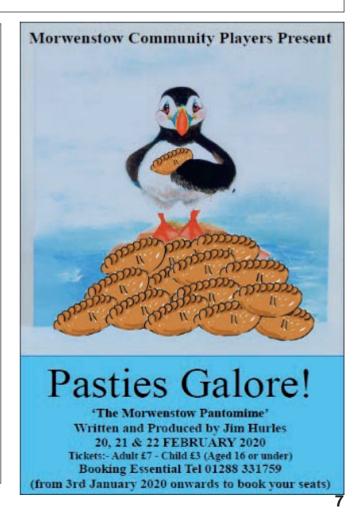
Sunday 23rd February

Get the boys onside and sign up for our BRAND NEW EVENT for 2020!

Following a delicious hot pasty, a 5 mile circular walk from Barnstaple Rugby Club to the English Rose bar for a pint courtesy of St Austell Brewery, then the Irish Shamrock bar for a pint of Guinness before you touchdown at the Rugby Club once more for a celebratory pint and a hot buffet before watching the Six Nations England v Ireland game on the big screen.

You will also receive a branded beanie to wear during the walk to show your solidarity for local men being cared for by North Devon Hospice.

Sign up today at www.northdevonhospice.org.uk



Kilkhampton CHRISTIAN FELLOWSHIP

Well, here we are in February. February is one of those funny months where there is hope of Spring but we are still in Winter – snowdrops coming, daffodils poking through, days starting to lengthen, so we have this hope of Spring but we are still in Winter. Hang on to the hope, Spring is coming!

Proverbs 14:12 says "There is a way that seems right to a man, but its end is the way to death."

Everyone wants their own way, especially if you are parents clashing with teenagers! I remember it well! When I was seventeen I thought my dad didn't know anything at all; when I was thirty I was amazed what he had learnt in the time! As human beings we all want our own way. We all think we know best. Sometimes we do and sometimes we don't. I am in my seventieth year this year and one thing I have come to realise is that I don't always know everything and it's why I remind myself of two other verses in Proverbs 3:5-6 "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."

I have learnt to trust God and His ways more than my own, as the principles that I find in scripture always work. My ideas sometimes don't, especially if I'm being selfish. Be as patient as you can with those teenagers! One of the most difficult things as a parent I had to do was to let go, as sometimes you can't shield them from their mistakes, but at all costs be there and love them anyway.

As you may have heard we have had to suspend our Sunday evening meetings for the time being but all of our other activities will continue as normal.

Albert Sloman, Pastor 7 Rosecott Park, EX23 9QG

Tel 01288 321073 albertsloman@outlook.com

'TREE' BOOK GROUP

The book for review at the January meeting was: The Morville Hours by Katherine Swift.

In 1988 Katherine Swift arrived at the Dower House at Morville to create a garden of her own. The book is the history of the many people who have lived in the same Shropshire house, tending the same soil, passing stories over generations. Spanning thousands of years, the Morville Hours takes the form of the medieval Book of Hours. It is a meditative journey through the seasons, but also a journey of self-exploration. It is a book about finding one's own place in the world and putting down roots.

The next meeting is Wednesday February 19TH, 2020. The book for review at the next meeting is: The Mermaid and Mrs Hancock by Imogen Hermes Gowar

CONTACT TEL: 01288 359590 (Dorothy Flaxman)





The Methodist Church Rota

Dates	Preacher	<u>Flowers</u>	Coffee
2nd Feb	Local Arrangement	Brigitte Salt	Albert & Di Sloman
9th Feb	Mr. Clive Smale	Fiona Cleave	Edgar Metherell & Sandra Holmes
16th Feb	Pastor Albert Sloman	Sandra Holmes	Judith Heard & Roland Nancekivell
23rd Feb	CIRCUIT SERVICE		

Lent is the period of 40 days which comes before Easter in the Christian calendar. This year it begins on February 26th - Ash Wednesday. Lent is a season of reflection and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent is marked by fasting, both from food and festivities.

Whereas Easter celebrates the resurrection of Jesus after his death on the cross, Lent recalls the events leading up to and

including Jesus' crucifixion by Rome. This is believed to have taken place in Roman occupied Jerusalem.

Many, but not all, Christian churches that observe Lent in the 21st century, using it as a time for prayer and penance. Only a small number of people today fast for the whole of Lent, although some maintain the practice on Ash Wednesday and Good Friday. It is more common these days for believers to surrender a particular vice such as favourite foods or smoking. Whatever the sacrifice it is a

reflection of Jesus' deprivation in the wilderness and a test of selfdiscipline.

My personal view is that Lent is a good time to evaluate where we are in our Spiritual journey, and to re-dedicate our lives to the Christian way of Hope and positivity.

When people ask me what I am giving up for Lent, I usually reply that "That I am giving up, giving up!' For me it's more about taking up and new challenge for God than giving up!

Lenten Blessings

Revd Neal Street





THANK YOU!

The Kilkhampton Coffee and Cakes team would like to thank everyone that came along to one of our coffee mornings and/or community lunches during 2019.

Thanks to you we raised the sum of £684 from our coffee and cakes mornings that was distributed to various local charities, and also the sum of £1,531 from the community lunches that was divided equally between St. James, the Methodist Chapel and Kilkhampton Christian Fellowship.

The coffee mornings and lunches aren't just about raising funds, it is more about the community coming together, building new relationships and enjoying being in each other's company.

Thank you for your support and we look forward to seeing you again this year.

NIGEL'S TRAVELS to ... TRELISSICK

One of my favourite National Trust places to visit is Trelissick near Truro.

Take the A39 south through Camelford and Wadebridge, join the A30 near Indian Queens, then the A39 through Truro towards Falmouth. A few miles from Truro you will see signs for Trelissick Gardens and the King Harry Ferry. Trelissick has excellent parking facilities and if you are a National Trust member the parking is free, otherwise there are parking machines in operation.

It is always popular place to walk dogs, across the fields and woodland walks (only assistance dogs are allowed in the stunning gardens). We normally walk through the field gates, to be greeted with a stunning view of the Fal estuary towards Mylor Yacht Harbour, and further in the distance Falmouth. There is a tarmac drive and footpath you can take, if you do not wish to walk on the grass, where the grazing cattle have been. We then head for the Woodland walk, down the hill, overlooking a small popular beach area. The Woodland walk is stunning throughout the year, it mainly consists of a solid gravel path, which follows the route of the River Fal, which is visible through the trees.

As you come closer to the formal gardens at Trelissick, you can hear the clanging of the chains, of the just-visible King Harry Ferry, which you can travel across to visit St. Mawes. You can then either walk back up the road to the car park, or through the wooden building to the formal gardens (there is a charge if you are not a National Trust member). Once in the gardens you can cross over a new wooden footbridge to the rest of the formal gardens.

Then to the café, there is indoor and outdoor seating where you can purchase hot and cold food and drinks. The café area is in a courtyard surrounded by stone buildings, one of which is a gallery selling paintings, glasswork, ceramics, and jewellery. One of the best National Trust second-hand bookshops is here, run by some very enthusiastic ladies who eagerly wait to see what books you have, if you donate some.

Another more leisurely way to travel to Trelissick is to park at Truro, then take the ferry from the office near Lemon Quay. Because of the tides, the ferry company operate a double decker bus which runs through to Malpas. The bus stops near the Heron Inn. It is a superb spot to sit outside overlooking the estuary when the weather allows it. The pub itself looks as though it has undergone a makeover, so perhaps we will visit it sometime. On the river trip, look out for the wild birds, the Captain will give you a commentary; it may even be worth taking a pair of binoculars.

As with any of our trips these are just some ideas, for more information please go to the following websites: www.nationaltrust.org.uk and www.falriver.co.uk

"YOUR ART" - 14th February - 5th March

An exhibition hosted by the local Look Group in the Castle, Bude. The Look Group is affiliated to Tate St Ives and was formed to encourage discussion and reflection on all aspects of art. It is a community run group that meets once a month, rather like a book group and includes talented artists and people with little knowledge of art but a desire to learn. Part of the group's remit is to reach a wider audience and promote an enthusiasm for art in the community and this exhibition is hoping to do just that.

The group has assembled a collection of eclectic art from their homes and studios and linked these pieces to some of the iconic works of art that have been discussed at meetings through the years, to engage viewers in reflection and discussion, break down some of the barriers that prevent people engaging with art, and illustrate the fun to be had at Look Group meetings.



Back row: Sue Beswetherik, Heather Stephenson Middle row: Chris Edwards, Frances Hill-Smith, Jan Harman, Jacqui Harris, Marian Fryer

Front row: Maureen Hewlett, Joan Garrett, Ursula Edwards

Photo by Sue Read

NATURE TABLE FEBRUARY 2020



The green desert

It might not be intuitively obvious why, but fertilizer use is also likely to be impacting on insects. Farmland soils have high fertility due to regular applications of nitrogen-rich pig or poultry manure, slurry and synthetic fertilizers, and in meadows this leads to the rapid growth of grasses that outcompete flowers. A single application of artificial fertilizer can destroy an ancient flower-rich meadow.

Much of South West England is bright green when seen from a passing train or from the air, and commuters might assume this "green and pleasant land" is teeming with wildlife, but they would be wrong. Much of it is a green desert, a flowerless monoculture of fast-growing rye grass.

In arable areas of Britain, the leaching of fertilizer into the field margins and hedge bottoms leads to the dominance of the vegetation by a small number of nutrient-loving plants such as hogweed, nettles, cock's foot grass and docks. These tall, fast-growing plants squeeze out hedgerow flowers, reducing botanical diversity, with inevitable knock-on effects for insects that eat plants and for pollinators [Kleijn and Snoeijing 1997].

The roadside hedge-banks of South West England are famed for their wildflowers, which might create the impression that the hedge-filled landscape is full of flowers. Yet scientists from the University of Plymouth recently discovered that the sides of the hedges that face farmed fields (which is most of them) have many fewer flowers, and attract far fewer bees than the sides that face the roads [Hanley and Wilkins 2015].

The column to the left is an extract from 'Insect Declines and Why They Matter', a work commissioned by the South West Wildlife Trusts. This small book is available online on the Devon Wildlife Trust's Website..The presentation is in a click and flip page format and is easily accessed. You don't have to be a member to read this important work by Professor Dave Goulson, FRES. Anyone living, working or managing land in any capacity should take 20 minutes to read the book. All the statements are referenced and are often directly sourced from DEFRA. The pages on the use of pesticides, which include insecticides, fungicides and of course, herbicides, should be of interest to all landowners. The growing trend for 'all kill' weed management on arable fields is evident locally. There are many alternatives to this sort of practice which more aware and enlightened landowners are adopting. We all consider ourselves 'Experts' in the field we have followed all our lives but this intransigence is gradually, no very quickly, eroding the very foundations of life on our unique world.



The beautiful and to some, iconic bird of the south west, was once common on fields around Kilkhampton. I can recall large flocks of lapwing every winter on the field to the left of the gate that now closes the lyleaf road by the sharp bend down to Bude. Early 1980's. I'm sure local people will remember the large flocks diving and wheeling across the land there. And now? When did you last see that? Does it matter? Maybe not and perhaps human beings will flourish in a landscape almost bare of living things.

Maybe they will be happier eating synthesised food, living under glass in a controlled environment, safe from the threat of climate change and free from the constant reminder that they and only they are the keepers and guardians of the natural world. Would it be preferable for human beings not to feel the weight of this responsibility? If we find it easier not to talk about these issues ot believe 'this way is the best way' perhaps we might just as well forget about the living planet and be content with realistic digital images of a forgotten past. You know the sort of thing portrayed in futuristic scince fiction where birds singing and meadows are projected on the walls of our dwellings accompanied by soothing music and outside in the real world, there's just the sighing of the wind.

But is it fair to talk in these blameful and doomladen terms when the men and women who feed us, work long hours, dawn to dusk, in all weathers and often in a high risk environment? If any of us saw our livliehoods under threat, our incomes in decline and society pointing an accusing finger at us, we would feel depressed, wronged and misunderstood. Those of us who lived here during the last outbreak of Foot and Mouth and remember the horrific sights and smell of corpses being burned and the images of the mass graves, surely cannot forget the emotional cost our local farming families felt and the enormity of their losses? So what is the future? Difficult there's no doubt of that. I lived and worked in Australia in the 60's. Sheep farming, forestry, irrigation and heavy plant. I can't imagine how they feel now. We need solutions, we need to consider every action and its consequences, we need to find better and kinder ways to live in our world. We need to talk and care for each other. We need to take our 'god given' responsibilities much more seriously but we have to have the will to do it and the belief that we need to do it.

Ian Maddock 01288321287 ismaddock@btinternet.com



Recipe Corner With Maureen Hewlett

A couple of vegetarian/vegan recipes from Jamie Oliver

Tasty Vegan Lasagne (serves 6)

Ingredients

2 red onions

2 cloves of garlic

2 carrots

2 sticks celery

2 sprigs fresh rosemary

Olive oil

1 tsp dried chilli flakes

100ml vegan Chianti wine (I used red wine)

1 x 400g tin of green lentils

2 x 400g tins quality plum tomatoes

1 kg (2lb) mixed wild mushrooms

4 heaped tbsp plain flour

800ml (1.4pints) almond milk

70g (2½ oz) vegan Cheddar cheese 300g (10-11oz) dried lasagne sheets

½ bunch fresh sage (about 15g/½ oz)

Method

Peel the onions, garlic and carrots, trim the celery, pick the rosemary leaves then finely chop everything. Scrape into a large pan with the chilli flakes and 2 tablespoons oil and cook on medium heat for 20 mins or until lightly golden. Pour in the wine and let it bubble and cook away then tip in the lentils with the juices. Scrunch in the tomatoes; add 1 tin's worth of water, then simmer over a low heat for 1 hour. Season to perfection with salt and pepper.

Meanwhile, working in batches, tear the mushrooms into a large non stick frying pan on a medium heat and dry fry for 5 minutes (this will bring out the nutty flavour), then transfer to a plate. Quickly wipe the pan, then pour in 4 tablespoons of oil and stir in the flour. Gradually whisk in the almond milk and simmer for 5 minutes to thicken, then pour into a blender. Add a third of the mushrooms and 50g (1½ oz) of cheese, salt and pepper and blitz until smooth.

Preheat oven to 180°C (160°C fan/GM4).

Spoon a layer of the tomato sauce into a 25cmx35cm baking dish. Scatter over a few mushrooms then cover with lasagne sheets and 5 tablespoons creamy sauce. Repeat these layers three more times, finishing with all the mushrooms and creamy sauce. Grate over the remaining cheese. Pick the sage leaves, toss in a little oil, then push into the top layer. Bake for 50 minutes or until golden brown and bubbling. Leave to stand for 15 minutes before serving.

Proper Baked Beans (serves 6)

It really is worth making these - they are delicious

Ingredients

1 red onion

2 cloves garlic

1 carrot

1 fresh red chilli

Olive oil

1 tsp sweet smoked paprika

1 tbsp cider vinegar

1 x 450g jar roasted peppers in brine

1 x 400g tin quality plum tomatoes

1 level tsp black treacle

4 x 400g tins of beans such as butter, cannellini

1/2 a loaf rustic bread (250g/8oz) 60g (2oz) mature Cheddar cheese 4 sprigs fresh rosemary

Method

Preheat the oven to 200°C (180°C fan/GM 6). Peel the onion and garlic, scrub the carrot, then whizz these in a food processor with the chilli until finely chopped. Tip into a large non stick, ovenproof frying pan over a medium heat with 1 tablespoon oil and the paprika, then fry for 15 minutes or until lightly caramelised, stirring regularly. Add the vinegar and leave to cook away the tip back into the food processor with the peppers (juices and all) and tomatoes and whizz until smooth. Tip back into the pan, add the treacle and bring to the boil, tip in the beans (juices and all) then simmer for 5 minutes while you slice the bread 1cm thick.

Coarsely grate the cheese and stir into the beans then season with salt and black pepper. Fan the bread over the top of the pan, patching up any gaps, the lightly push it down into the sauce and rub a little sauce over the top. Pick the rosemary leaves and toss with a little oil the sprinkle over the top. Bake for 30 minutes or until golden and gnarly (you're aiming for the perfect contrast between crisp and stodgy).

Kilkhampton Parish Council

Report of the regular meetings held on 2nd December 2019 and 6th January 2020 www.kilkhampton-pc.gov.uk

2nd December 2019

Attendance Tim Cottle (TC), Ian Heard Nancekivell (RN), Clive Vanstone (CV), Paula Dolphin (PD), Kingslev Bryant (KB),

Apologies: Dan Vanstone (DV) Chairman: Reg Hambley (RH)

Clerk: Hannah Collett

Good evening to all by Chairman.

Apologies read through. Minutes Approved by all

Adopt Code of Conduct

Declaration of Interest Chairman read through the planning applications listed on the agenda. None to be declared.

Public Speaking Session No public remain around the same. Clerk to sort. members attended the meeting

Planning Applications.

- PA19/09641 Proposal Demolition 1) of existing lean-to structures to front and rear and replacement with new single storey extensions along with window alterations to the front elevation. Location: 2 Ilcombe Cottages Penstowe Park that he had gone and spoken to the owner, Mr Main, and had a look around. Felt the changes were trivial. Chairman briefed that he had also spoken to Lorraine (planning officer) and she had also felt nothing to have any concerns with. AS moved to pass, IH seconded and all in favour.
- 2) PA19/07175 Proposal Certificate of Lawfulness for existing use as an Hilltop by all. animal sanctuary Location Kilkhampton Bude Cornwall Applicant Ms Hillary Bell Hilltop Animal Haven. Renewal of licence. CV felt it is being sold. IH felt they wanted to have schools visit etc. No objections. All in favour.

Matters

- 1. Car park Toilets: £110.50 taken. No issues to discuss.
- 2. Parish Plan: Chairman reiterated we had received a letter from Mr Wonnacott previously felt it may be out of our reach. Could possibly spend an awful lot of money on it and still get applications turned down. We need to have someone to be prepared to take on this huge task. To stay on agenda for January when DV is at meeting.

- 3. Telephone Kiosk and Bus Shelter: Tender form will be in the Parish Magazine (IH), Phil Sluggett (PS), Keith Ovenden and available for viewing should anyone (KO), Albert Sloman (AS), Roland ask. Anyone interested please contact the
 - 4. Precept: Clerk has already asked for information on any changes to council tax, should we keep the same level as last vear. Would it still be OK for the Parishioners. Chairman felt we should keep the precept as it is - provided there is no major change. KO moved to stay at £26000 and TC seconded, all in favour. PD asked if we are keeping the precept the same, or the element of council tax? Would want the Parish Council Tax to
- Meeting at Stibb: PD, Chairman, KB and CV met with Oliver Jones (Highways). Letter read through by Chairman. It is their intention for speed monitoring to be undertaken in Stibb. CV asked for email to be forwarded to Mr and Mrs Littleworth and Mr K Taylor also. Clerk to sort. PD felt that when we next attend a Network Panel Kilkhampton Bude. Chairman mentioned Meeting, we mention we would like the speed through Stibb to be looked into and would appreciate some assistance.
 - 6. Other matters arising from the minutes: AS asked about the situation with the lights for Air Ambulance. Chairman had spoken to Cornwall Air Ambulance and they have stated they don't need any additional lighting as their lights can light an entire pitch.

Months work Read through and approved

Reports Footpaths, Playing Fields and Lambpark, School and Grenville Rooms all discussed.

Members

PD – Was contacted by a resident buying a house and asked about the possible Church contribution they needed to give. PD said it's a private matter and nothing to do with us.

PS asked what happens to details and and had been forwarded to all. DV had information given, when an ex-Council member leaves the committee. PD stated the information gets destroyed.

> CV – Airship station unveiling at Marhamchurch was well represented.

KB - Parish Council Notice Board needs tending to - brought to his attention by a Parishioner. Chairman said needs to be done asap. KO to look at and sort.

Chairman mentioned that back in May when he had agreed to take on the Chairmans role, it was to be up to Christmas. Feels January would be a good time for the role to be taken over by KB. Chairman (RH) to become the Vice Chairman for a while. With all Councillors permission. KB to be Chairman from next meeting. All in favour.

Correspondence Email from Clennett regarding Stibb traffic. Read through by Chairman. He had felt increase due to tourist areas such as Sandymouth and Pentire. Increase in skip lorries also. Would like all traffic headed to Bude to remain on the A39 and not use the Stibb/Poughill route. Chairman suggested we send a copy of the letter from Oliver to Mr Clennett. Clerk to sort.

Email reply from Nicola Cull regarding HGV traffic through village. PD received email also. As this was not in at least 3 days prior to this meeting it will be discussed in January. Clerk to reply to state this and Ms Cull is more than welcome to come to the public speaking session on the 6th January.

Finance Read through by Chairman. Invoices to be paid: Merry Harriers (trees), Bridgmans (mower), S Gifford (litterpick), Morwenstow Parish (Duckpool contribution). IH moved and PS seconded. All in favour.

Thanks to all and meeting closed.

6th January 2020

Attendance Tim Cottle (TC), Ian Heard (IH), Keith Ovenden (KO), Clive Vanstone (CV), Albert Sloman (AS), Roland Nancekivell (RN), Dan Vanstone (DV), Kingsley Bryant (KB).

Absent: Paula Dolphin (PD) **Apologies:** Phil Sluggett (PS) Chairman: Reg Hambley (RH)

Clerk: Hannah Collett

Good evening to all by Chairman. Chairman mentioned that at the last meeting it had been said that KB would take the Chair from now on. Due to circumstances, RH will remain Chairman until the AGM in May.

Adopt Code of Conduct

Declaration of Interest

Chairman read through the planning applications listed on the agenda. DV

(Continued on page 14)

(Continued from page 13)

declared interest application PA19/09599.

Public Speaking Session None Planning Applications.

- PA19/09599 Proposal Change of 1) use of part of agricultural field to 20 metres by 40 metres equestrian sand school enclosed with post and rail fencing. Location The Barn Lymsworthy Farm Kilkhampton Bude. Applicant Dr Andrew Moss. DV left the room. Details read through. No issues. CV moved and TC seconded. All in favour. DV returned to the room
- 2) PA19/07175 Proposal: Certificate of Lawfulness for occupation of the dwelling known as Hilltop, Kilkhampton, in breach occupancy condition E/48/0383 for a period in excess of 10 years and occupation of dwelling and outbuildings as animal sanctuary. Location: Hilltop Kilkhampton Bude Cornwall EX23 9RZ. Applicant: Ms Hillary Bell. Discussed in detail.

Chairman reminded that this was received at the last meeting where we had no objections. The planning officer was unsure, which is why it has been sent again. Chairman has been in contact again with the planning officer and some information has been received that we weren't aware of. When this was built it was an agricultural tied bungalow. CV feels we should go along with the planners' recommendations as they have looked into it a lot and have more information. Chairman agreed with this. Councillors were reluctant to remove the agricultural tie. All in favour.

- 3) PA19/10999 Proposal Certificate of Lawfulness for existing use - namely commencement of E1/98/1667 for the erection of dwelling and garage with access Location Treventon Stibb Road Bude EX23 9HP. Applicant Mr & Mrs JH & PM Cook. Discussed. Chairman suggested we agree, but speak to the planning officer and get some more background information.
- PA20/00011 Works to trees in a conservation area - namely: Levlandii (T1) - Fell/Remove and replace with Cherry Tree and Shrubs. Western Red Cedar (T2) - Fell/Remove and replace with numerous shrubs to create a hedge. Location Primrose Cottage Kilkhampton Cornwall EX23 9QJ. Applicant Mr Richard Garrard.

Information read through by Chairman. AS moved and KO seconded. All in favour.

5) Matters

- 1. Car park Toilets: £119.80 taken. TC mentioned that the toilet rolls were 5. being stolen in the men's and disabled Close: KO left the room. We put out a removed them. TC to look into.
- lot of involvement was required from a lot of people and could take years and tens of thousands of pounds to complete. Could then still be no further forward. Other Parishes may have one person willing to sort it and give lots of their time. DV felt we minutes: Nothing. Chairman mentioned could ask guestions to the Parishioners for opinions and public consultation. CV informed that last time we had a Parish Plan, we had areas we could and couldn't develop. Now we don't have that. Chairman mentioned that the original plan we had didn't hold any weight anyway. AS asked what makes the Parish plan legally binding. DV said the public consultations. This then goes to Cornwall Council for approval and then to the Government for approval. At this point it makes it legally binding. DV informed that we can pay someone (like Walter Wonnacott) to oversee the process – but we cannot pay A39 north side by Bridgmans needs someone to put out the questionnaires, ask the necessary questions and source all the information we need. DV proposed we put a notice in the magazine and RN seconded. All in favour.

"Kilkhampton Parish Council considering the process of starting a Parish plan, and are asking if any parishioners in the Parish are interested in assisting in this project. If so please email letter read through by Chairman. DV said kilkhamptonparish@hotmail.co.uk"

- Telephone Kiosk and Shelter: Chairman mentioned that the kiosk had been removed by BT. Chairman gave thanks to the Clerk for the work put forward to Cornwall Council and reply to into querying this removal. Chairman Mr Shepherd accordingly. stated that they had noted our adoption and yet still not requested it with the relevant department. Numerous people had seen the request and nothing further had been done. BT stated it is now not possible to return the kiosk, as damage is caused in taking it away and not feasible to put back. TC felt it was a shame for the village. Chairman said everything had been stated to them regarding the installation of a defibrillator etc. Still nothing can be done.
- Traffic concerns in the village: Ms Nicola Cull had stated she couldn't attend this meeting so the Clerk emailed to say

we will hold over this issue until the February meeting and invited her to attend that one. Nothing heard back yet. To be left on February agenda.

- Tenders for Shelter at North toilets. Alan tried to secure and they still tender for the work required on the Bus Shelter at North Close. Only one applicant Parish Plan: DV reiterated that a replied. K and J Building Services. Details read through. TC proposed and KB seconded. All in favour. KO back in the room and informed he has been given the work.
 - Other matters arising from the that the Carol Service was well attended, even though such awful weather. Clerk to write letter to London Inn thanking for soup and assistance on the niaht. Approximately £74 raised from the Carol Service. To be given to the Citizens Advice Bureau All in favour.

Months work Read through and approved by all.

Reports Footpaths, Playing Fields and Lambpark, School and Grenville Rooms all discussed.

Members Drainage at Aldercombe Lane needs attention - IH to sort. Manhole at attention and also the gully cover opposite Rosecott Park also needs looking at. Clerk to email Oliver Jones.

Correspondence

Letter from the members of Rosecott Park are received regarding the hedge on the footpath at Rosecott Cottage. So high it shades out light from the street lamp and the width covers half the footpath. Full Cornwall Council has to write to them (Oliver Jones) and if they don't get a response they can cut it down and send them the invoice cost for payment. Clerk to

Finance: Read through by Vice Chairman. Invoices to be paid: Stephen Gifford, Kilkhampton Methodist Church. Kilkhampton PCC, Tim Cottle, Gilbert and Vanstone, Michael Vanstone, Bridgmans. AS moved and KO seconded. All in favour. Date of next regular meeting: Monday 2nd March 2020, 7.30pm at The Grenville Rooms.

Thanks to all and meeting closed.

For any further information, please contact the parish clerk or any committee member.

Hannah Collett



Treasure Island

The 2019 panto was a real gem. The Grenville Rooms were definitely not deserted because this panto was pure gold!



Pirates, a Squire and his daughter, the WI, a ukulele and a scarlet Macaw!

The panto started in the Admiral Benbow, where Billy Bones had died of the Black Spot. To find the treasure, Long John Silver needed the map from Billy Bones' chest. However, unbeknown to him, Mrs Hawkins had discovered the map, and decided to plan her own voyage to the Caribbean, using the Hispaniola, Squire Trelawney's ship. Mayhem ensued as everyone tried to get the treasure. W.I. members turned pirate, the Squire and his daughter, Jenny, Long John Silver and his gang of pirates, Polly, Mrs Hawkins and her son Jim, Seadog Sam and Seaweed Willy were all trying to find the chest. Ben Gunn was a key part in helping them find the treasure. All was well in the end, as Long John Silver turned away from his pirate ways. The Hawkins family had the treasure, and the panto ended with Jim and Jenny's wedding.

There were some returning actors this year, and new members joined the cast. The mix provided a lively, funny and highly watchable show. Two of the songs were for many who will remember him were Ivor Potter songs: The Women's Institute song and Let's be very neighbourly.

Behind the scenes there are an awful lot of people who made it all possible, who put in weeks of hard work to make the panto such a success, starting with the Producer and Director and including those who did the lighting and sound. The music added to the drama so the musicians were crucial to the atmosphere. There were also those who make the scenery and costumes, the make-up artists and prompter, everyone who helped with selling tickets, programmes, raffles and refreshments. All deserve a big Thank You. Together all these people supported the cast and the result once again was a panto that delivered the feel good factor performance after performance.

If you'd like to be a part of the 2020 panto just see any member of K.A.T.S. You'd be most welcome. Charities will once again benefit from the proceeds. This year's recipients are the British Heart Foundation and The Grand Appeal.

Finally, although Polly thought they weren't proper pirates, proper pirates, she definitely was a proper parrot, proper parrot!!

Jack Barrett



Happy New Year to everyone in Kilkhampton! We started the new year with our annual trip down to Strangles beach near Crackington Haven, and gave it a good spring clean. Below is our next volunteer day, so if you fancy something different for the new decade, and a bit of an adventure, then meet us at Crosstown for a trek down Tidna Valley to do some scrub clearance, and fingers crossed this time we can get the fire going!!

On a more sombre note, we have noticed some vandalism in the woods near Duckpool. One of our veteran oak trees had it's 'boules' cut off it, presumably with the intention for wood turning or as some sort of souvenir. The oak tree in question was dead, however that does not mean that this sort of behaviour is acceptable, standing deadwood is a valuable resource in woodland for all sorts of plants and creatures. After speaking to one of our neighbours, they have also experienced woodland vandalism/theft. This is not only damaging our woodlands but also poses a risk to public safety where there is public access. So please if you see any suspicious activity in woodlands nearby, then please do not approach them, but make a

Sunday 16	Tidna Valley scrub clearance, Morwenstow We'll be clearing scrub in the Tidna
February	Valley at Morwenstow to encourage more diversity of wildlife to thrive. Meet on the
10am-4pm	green next to the Bush Inn at Crosstown, Morwenstow. (SS208 152) EX23 9SR

These events are open to everyone, with no experience or commitment necessary. If you would like to come and help, just turn up on the day. Participants must be able to work near cliffs, negotiate steep hills and uneven ground. All tools and tuition provided, please bring clothes that can get muddy, stout footwear and food and drink. If events change or are cancelled due to adverse weather, we will endeavour to let everyone know. However feel free to get in touch to check beforehand!

For more information call/email: 01288 331372 or jennifer.herbert@nationaltrust.org.uk

Jenny Herbert - Ranger, Boscastle to Morwenstow

UNCLE ERIC'S PAGE

The Mountain Tarn

The water's still, the air is cool, there's silence all around, The dawn is near, small birds appear, and settle on the ground, A grey mist rises from the tarn and cloaks the waters still, It is a secret hidden place, so find it, if you will.

The sun comes quickly on the scene and clears the mist away, It bids to be a fine clear day to keep the clouds at bay. The jagged crags of nearby peaks are mirrored in the pool A gentle breeze casts ripples o'er the waters deep and cool.

Known to a few, this magic view, a peaceful place to find To bid yourself time to reflect on life's remorseless grind. With Nature's calming influence those problems are forgot Now's time to find some peace of mind, when first you find this spot!

Eric Latter

What am I?

A country sight, seldom seen nowadays.

In three words

My first is in Maytime, but never in June

The next's in revival, you dance to a tune.

The third is in maiden and children as well

The fourth's not in magic but is found in spell.

This one is in local and rural and all

The next is in dancer and also in ball.

The seventh's in garland and also in green

The eighth is in spectacle and found in scene.

This one is in mirth and in merriment

The 10th is in annual, like this event.

The next is in jolly and merry and gay

The 12th is in practice (makes perfect, you pray).

This one is in ribbon and woven and bound

The next is in joyful, as they dance around!

My last's in enjoyment, when all's said and done

My whole's a tradition that's still carried on.

Can you solve these anagrams?

They are all names of pantomimes.

When there is more than one word in the answer, the number of letters in each word is shown, e.g. (4,7).

- 1 SO SPUN BISTO (4,2,5)
- 2 ALL NICE RED
- 3 DIAL DAN
- 4 JANET THANKS BALD CAKE (4,3,3,9)
- 5 THE TABBY TEASED UNA (6,3,3,5)
- 6 ROSE GOT HOME (6,5)
- 7 HOW TO BIDE BEANS (5,2,3,4)
- 8 HID DOLL ON TIRED TIGER (6,3,6,4)
- 9 LOOSED THREAD LACKING SHERBET (10,3,3,5,5)

A village maypole

What am 1?

THREE BEARS

- 6 GOLDILOCKS AND THE
 - 8 BABES IN THE WOOD
 - 7 MOTHER GOOSE
- 6 LITTE RED RIDING HOOD
 - 5 BEAUTY AND THE BEAST

STALK

- JACK AND THE BEAN-
 - ALADDIN 3
 - 2 CINDERELLA
 - 1 PUSS IN BOOTS

<u>Anagrams</u>

<u>ANSWERS</u>

CUT OFF FOR THE MARCH PARISH NEWS ARTICLES is 15th APRIL.

Please send all contributions to jill@kilkhampton.net